

Available Programs with Facility Membership

Class	Price	Contact
Adult Tap	\$15/Drop-in Fee	Marilyn DiEnno (239) 498-2022
Cardio, Strength, and Tone (Cardio S&T) (177216)	\$52.25/Month \$10/ Drop-in Fee	Heather Simpson (239) 888-2866
Ceramics (177638)	\$15/Month *Workshop Pricing Varies	esteroceramics@yahoo.com
Group Guitar: Intermediate and Beginner	\$78/Month *Wednesday evenings at 5:30 p.m. by appointment only	Dennis Cassella (239) 785-4823
Jazzercise (177261)	\$54/Month \$38/ 4 Classes \$10/Drop-in Fee	Mary Morton mmmorton6670@gmail.com
Kickboxing (177220)	\$50/Month	Sheila Hyde (239) 273-2939
LaBlast Dance Fitness (177169)	\$15/Month \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Line Dancing	\$10 Drop-in Fee	Valerie Soares (941) 769-5008
Personal Training	*Pricing Varies. Please contact instructor	Heather Simpson (239) 888-2866
Table Tennis	\$60/hour Private Sessions *By appointment only	Purvi Naik (239) 272-8941
Tae Kwon Do (TKD) (177227)	\$75/Month	Sheila Hyde (239) 273-2939
Tai Chi (177221) Intermediate (I) Beginner (B)	\$24/Month \$14/ 2 Classes	David Davenport (239) 949-6988
Tang Soo Do (177224)	\$69/Month	Tim Murphy tmurphy754@gmail.com
Yoga (177251)	\$20/Month-M \$15/Month-W \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Zumba (177260)	\$15/Month \$10/Drop-in Fee	Tracy Cox (240) 308-9034

Open Recreation Schedule

Please see inside of Trifold for any Gym Closures

Sunday:

Pickleball: 9:00 a.m.– 12:30 p.m. (Ct. 1 & 2)
Open Gym Volleyball: 1-4:45 p.m. (Ct. 1 & 2)
USA South Volleyball: 9 a.m.-4:45 p.m. (Ct. 3)

Monday:

Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2)
Open Gym Volleyball 7-8:30 a.m. (Ct. 3)
Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2)
Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3)

*Homeschool P.E. (Reg req): 1:15-2:30 p.m. (Ct. 1 & 2;
Last session: 05/20/2024)

Open Gym Volleyball 2:30-5:30 p.m. (Ct. 1&2)
USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)

Tuesday:

Pickleball: 7 a.m.-1 p.m. (Ct. 1 & 2)
Open Gym Basketball: 1-4 p.m. (Ct. 1 & 2)
USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Family Night: 5-8:45 p.m. (Ct. 1 & 2)

Wednesday:

Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2)
Open Gym Volleyball: 7-8:30 a.m. (Ct. 3)
Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2)
Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3)
Open Gym Basketball: 1-5 p.m. (Ct. 1 & 2)
USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Pickleball: 6-8:45 p.m. (Ct. 1 & 2)

Thursday:

Pickleball: 7 a.m.-1 p.m. (Ct. 1 & 2)
*Teen Homeschool P.E. (Reg req): 1-2 p.m. (Ct. 1 & 2; *Last session: 05/02/2024*)

USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)

Friday:

Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2)
Open Gym Volleyball: 7-8:30 a.m. (Ct. 3)
Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2)
Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3)
Open Gym Basketball: 1-2 p.m. (Ct. 1 & 2)
USA South Team Practice: 4-6:45 p.m. (Ct. 3)
Family Night Basketball & Volleyball: 3-6:45 p.m. (Ct. 1 & 2)

Saturday:

Open Gym Basketball: 9 a.m.-4:45 p.m. (Ct. 1 & 2)
USA South Team Practice: 9 a.m.-4:45 p.m. (Ct. 3)

Estero Park & Recreation Center MAY 2024

Hours of Operations:

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday 9 a.m.-5 p.m.

Workout & Locker Room open during business hours-closing 15 minutes prior to building closure

Memberships:

Lifetime Facility Membership:

This membership entitles the individual to general use of the facility including: gymnasium activities, locker rooms, and game room.

\$10 Individual | \$25 Family

Workout Room Membership:

\$20– 1 month, \$80– 6 months,

\$120– 1 year



Scan our QR Code with your mobile device to be brought to our webpage.



Estero Park & Recreation Center
9200 Corkscrew Palms Blvd,
Estero, FL 33928
(239) 533-1470 | www.leeparks.org



MAY 2024



SUN	MON	TUE	WED	THU	FRI	SAT
Non-Fee Programs: <ul style="list-style-type: none"> Art League: Contact David (339) 832-0478 Chess Club: Contact Kevin, kebeal@gmail.com <i>*Starting May 2024, held 2nd and 4th Saturday of the month</i> Parkinson's Program: Contact Michelle (239) 985-7727 Parkinson's Table Tennis: Contact Purvi (239) 272-8941 Woodcarvers: Contact Warren (239) 810-3488 			1 Jazzercise: 8-9 a.m. Cardio S& T: 9:30-10:30 a.m. LaBlast: 10:45-11:45 a.m. Parkinson's: 11-Noon Yoga: Noon-1 p.m. Woodcarvers: Noon-2:30 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m.; 6:30 p.m. Kickboxing: 7:30-8:30 p.m.	2 Art League: 9 a.m.-3 p.m. Adult Tap: 9:30-11:45 a.m. Tot Time: 10-10:45 a.m. Tang Soo Do: 5-6:30 p.m. Last Day of Middle School Homeschool PE	3 Jazzercise: 8-9 a.m. Ceramics: 9 a.m.-Noon Cardio S& T: 9:30-10:30 a.m. TKD: 5 p.m. or 6 p.m.	4 Table Tennis: 11:30a.m.-2 p.m. TT Parkinson's: 2-4 p.m.
5 Line Dancing: Beginner: 10 a.m. Intermediate: Noon	6 Jazzercise: 8-9 a.m. Art League: 9 a.m.-3 p.m. Cardio S& T: 9:30-10:30 a.m. Zumba: 10:45-11:45 a.m. Parkinson's: 11-Noon Yoga: Noon-1 p.m. TKD: 5:30 p.m.; 6:30 p.m. Kickboxing: 7:30-8:30 p.m.	7 Tai Chi (I): 9-9:45 a.m. Tai Chi (B): 10-10:45 a.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Table Tennis: 6-8:30 p.m.	8 Jazzercise: 8-9 a.m. Cardio S& T: 9:30-10:30 a.m. LaBlast: 10:45-11:45 a.m. Parkinson's: 11-Noon Yoga: Noon-1 p.m. Woodcarvers: Noon-2:30 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m.; 6:30 p.m. Kickboxing: 7:30-8:30 p.m.	9 Art League: 9 a.m.-3 p.m. Tot Time: 10-10:45 a.m. Tang Soo Do: 5-6:30 p.m.	10 Jazzercise: 8-9 a.m. Ceramics: 9 a.m.-Noon Cardio S& T: 9:30-10:30 a.m. LaBlast: 10:45-11:45 a.m. TKD: 5 p.m. or 6 p.m.	11 TKD: 9-11 a.m. Table Tennis: 11:30a.m.-2 p.m. TT Parkinson's: 2-4 p.m. Chess Club: Noon-4 p.m.
Gym Closed			15 Jazzercise: 8-9 a.m. Cardio S& T: 9:30-10:30 a.m. Parkinson's: 11-Noon Woodcarvers: Noon-2:30 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m.; 6:30 p.m. Kickboxing: 7:30-8:30 p.m.	16 Art League: 9 a.m.-3 p.m. Adult Tap: 9:30-11:45 a.m. Tot Time: 10-10:45 a.m. Tang Soo Do: 5-6:30 p.m.	17 Jazzercise: 8-9 a.m. TKD: 5 p.m. or 6 p.m.	18 Table Tennis: 11:30a.m.-2 p.m. TT Parkinson's: 2-4 p.m.
Gym Closed			22 Jazzercise: 8-9 a.m. Cardio S& T: 9:30-10:30 a.m. Parkinson's: 11-Noon Woodcarvers: Noon-2:30 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m.; 6:30 p.m. Kickboxing: 7:30-8:30 p.m.	23 Art League: 9 a.m.-3 p.m. Adult Tap: 9:30-11:45 a.m. Tot Time: 10-10:45 a.m. Tang Soo Do: 5-6:30 p.m.	24 Jazzercise: 8-9 a.m. TKD: 5 p.m. or 6 p.m.	25 TKD: 9-11 a.m. Table Tennis: 11:30a.m.-2 p.m. TT Parkinson's: 2-4 p.m. Chess Club: Noon-4 p.m.
Gym Closed			29 Jazzercise: 8-9 a.m. Cardio S& T: 9:30-10:30 a.m. Parkinson's: 11-Noon Woodcarvers: Noon-2:30 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m.; 6:30 p.m. Kickboxing: 7:30-8:30 p.m.	30 Art League: 9 a.m.-3 p.m. Adult Tap: 9:30-11:45 a.m. Tot Time: 10-10:45 a.m. Tang Soo Do: 5-6:30 p.m.	31 Jazzercise: 8-9 a.m. Ceramics: 9 a.m.-Noon Cardio S& T: 9:30-10:30 a.m. TKD: 5 p.m. or 6 p.m.	
Gym Closed			26 Line Dancing: Beginner: 10 a.m. Intermediate: Noon	27 Facility Closed		
Gym Closed			28 Tai Chi (I): 9-9:45 a.m. Tai Chi (B): 10-10:45 a.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Table Tennis: 6-8:30 p.m.			

Announcements:

- May 02: Last day of Middle School Homeschool PE
- May 08: Lee Health Blood Drive 9 a.m.-Noon
- May 10: Gymnasium Closure: No Family Night
- May 11-12: Gymnasium Closure: AAU Boys Volleyball
- May 15-18: Gymnasium Closure: National High School Gymnastics Women
- May 20: Last day of Elementary Homeschool PE
- May 23-27: Gymnasium Closure: Basketball Alliance State Tournament
- May 25: Disc Golf Tournament
- May 27: Facility Closure: Memorial Day Holiday

Reminders:

- Calendar and Schedule are subject to change without notice.
- Family Night is for youth 17 and under. Ages 12 and under must have an adult present.
- Workout Room: Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the Workout Room.