

**FOR IMMEDIATE RELEASE**

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**Health and Wellness Expo returns to the North Fort Myers Recreation Center**

North Fort Myers, FL, Dec. 29, 2021 – Lee County Parks & Recreation is partnering with Lee Health to host the Health and Wellness Expo from 10 a.m. to noon Tuesday, Jan. 25, at the North Fort Myers Recreation Center, 2000 North Recreation Park Way, North Fort Myers.

Vendor booths from Lee County health & wellness businesses will be set up in the center. Health education and screenings will be provided by the Lee Health Outreach Team. There will be an opportunity to donate blood at the Lee Health Blood Mobile.

This free event is designed for residents and visitors to meet with local agencies to learn how to live a healthier lifestyle.

For directions and more information, visit [www.leeparks.org](http://www.leeparks.org) or call 239-533-7200.