# **Available Programs With Facility Membership**

Class	Price	Days
<b>Ballet &amp; Tap Combo - Coastal Dance Co.</b> (Ages 2-6) 9-9:45 a.m. (Ages 5-12) 6:15-7 p.m.	\$65/4 Classes	Mon
Hip Hop & Jazz Combo - Coastal Dance Co. (Ages 5-12) 7-7:45 p.m.	\$65/4 Classes	Mon
Tae Kwon Do - Justin Barrett 6-7 p.m.	\$90/ Month	Tue/ Thurs
LaBlast Dance Fitness See Calendar for times  LaBlast Line Dance Fitness - Tracy Cox 5:30-6:30 p.m.	\$39/Month Morning OR Evening w/ Sat \$49/Month Morning AND Evening w/ Sat \$10 Drop-In	Mon/ Wed/Sat Thurs
Zumba - Tracy Cox 9-10 a.m.	\$39/Month Morning OR Evening w/ Sat \$49/Month Morning AND Evening w/ Sat \$10 Drop-In	Tue/ Thurs
Gentle Yoga - Tracy Cox 5:30-6:30 p.m. 10-11 a.m.	\$39/Month Morning OR Evening w/ Sat \$49/Month Morning AND Evening w/ Sat \$10 Drop-In	Mon Tue/ Thurs
Personal Training - Brad Barry	Pricing Varies Please contact instructor: (239)810-8782	By Appt.
Rec Sports Prep Class - Brad Barry	\$25/Session \$160/8 Sessions	Wed or By Appt.
Tai Chi Noon-1 p.m.	\$36/4 Classes	Tue
FM Baton Twirlers 5:45-6:45 p.m.	\$10 per Class	Fri

# **Open Recreation Schedule**

### **Sunday:**

(R) Youth Basketball (17 & under): 9-11 a.m. (S) Open Volleyball: 9-11 a.m. Table Tennis: 9 a.m.-4:45 p.m. (R/S) Open Basketball: 11:15 a.m.-1:15 p.m. (R/S) Pickleball: 1:30-4:45 p.m.

# Monday:

Table Tennis: 8 a.m.-1 p.m. (R/S) Special Olympics Basketball: 6:15-8:45 p.m.

# Tuesday:

Table Tennis: 1:30-5:30 p.m. (R/S) Pickleball: 6:30-8:30 p.m.

#### Wednesday:

Table Tennis: 8 a.m.-4:30 p.m. (R/S) Open Basketball: 6:45-8:45 p.m.

### Thursday:

Table Tennis: 1:30-5:30 p.m. (R) Badminton: 6:45-8:45 p.m. (S) Open Volleyball: 6:45-8:45 p.m.

### Friday:

Table Tennis: 8 a.m.-6:30 p.m.

### **Saturday:**

(R/S) Pickleball: 10:30 a.m.-1:30 p.m. Table Tennis: 9 a.m.-4:45p.m. (S) Open Basketball: 1:45-4:45 p.m. (R) Badminton: 1:45-4:45 p.m.

Schedule is subject to change without notice.

(R) = Recreation Center Gymnasium (S) = School Gymnasium

Due to mechanical issue, the gymnasium will not be available weekday mornings. These programs are included with your Rec Center membership at no additional cost: Basketball, Pickleball, Table Tennis, Badminton & Volleyball.

# Wa-Ke Hatchee **Recreation Center** APRIL 2025

# **Hours of Operations:**

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday 9 a.m.-5 p.m.

Workout & Locker Room open during business hours - closing 30 minutes prior to building closure

# **Memberships:**

# **Lifetime Facility Membership:**

Membership entitles the individual to general use of the facility including: gymnasium, locker rooms and game room.

# \$10 Individual | \$25 Family **Weight Room Membership:**

\$20-1 month, \$80-6 months, \$120-1 year

Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the weight room.



Scan our QR Code with your mobile device to be brought to our webpage.

CAPRA



# APRIL 2025

### Announcements:

- Easter Egg Hunt on April 5th from 9:30 a.m-12:30 p.m.
  \$5 per child!
- Calusa Blueway Speaker: Adam Knight on April 1st.
- April 18th & 21st Fun Days are still open for registration!

#### Reminders:

- Calendar and Schedule are subject to change without notice
- Morning Gym Closure: April 5th for Easter Event.
- No LaBlast class on April 5th & 26th.
- Gym Closure: April 12th & 13th for AAU Volleyball.
- Gym Closure: April 26th for FUJI BJJ Event

SUN	MON	TUE	WED	THU	FRI	SAT
		1 CLUB REC LaBlast: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson's: 11 a.m1 p.m. Tai Chi: Noon-1 p.m. Tae Kwon Do: 6-7 p.m.	2 CLUB REC Euchre: 11 a.m2 p.m. LaBlast: 5:30-6:30 p.m. Mahjong: 6-8:45 p.m. Rec Sports Prep Class: 5-6 p.m.	3 CLUB REC Mahjong: 10 a.m1 p.m. Zumba: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson's: 11 a.mNoon LaBlast Line Dance: 5:30- 6:30 p.m. Tae Kwon Do: 6-7 p.m.	4 CLUB REC Bridge: 11 a.m 2 p.m. Baton Twirling: 5:45-6:45 p.m.	5 Scrabble Club: 9:30 a.m1:30 p.m. Mahjong: Noon- 3:30 p.m. MORNING GYM CLOSURE
						LaBlast Canceled
6	7 CLUB REC Ballet/Tap Combo (2-6): 9-9:45 a.m. LaBlast: 5:30-6:30 p.m. Hip Hop/Jazz Combo (5-12): 6:15-7 p.m. Gentle Yoga: 6:30-7:30 p.m. Hip Hop/Jazz Combo (5-12): 7-	8 CLUB REC LaBlast: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson's: 11 a.mNoon Tai Chi: Noon-1 p.m. Tae Kwon Do: 6-7 p.m.	9 CLUB REC Euchre: 11 a.m2 p.m. LaBlast: 5:30-6:30 p.m. Mahjong: 6-8:45 p.m. Rec Sports Prep Class: 5-6 p.m.	10 CLUB REC Mahjong: 10 a.m1 p.m. Zumba: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson's: 11 a.mNoon LaBlast Line Dance: 5:30- 6:30 p.m. Tae Kwon Do: 6-7 p.m.	11 CLUB REC Bridge: 11 a.m 2 p.m. Baton Twirling: 5:45-6:45 p.m.	12 LaBlast: 9:15- 10:15 a.m. Mahjong: Noon- 3:30 p.m.
10		45 04445 550	40 01115 550	•	10	
GYM CLO- SURE	14 CLUB REC Ballet/Tap Combo (2-6): 9-9:45 a.m. LaBlast: 5:30-6:30 p.m. Hip Hop/Jazz Combo (5-12): 6:15-7 p.m. Gentle Yoga: 6:30-7:30 p.m. Hip Hop/Jazz Combo (5-12): 7-7:45 p.m.	15 CLUB REC LaBlast: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson's: 11 a.mNoon Tai Chi: Noon-1 p.m. Tae Kwon Do: 6-7 p.m.	16 CLUB REC Euchre: 11 a.m2 p.m. LaBlast: 5:30-6:30 p.m. Mahjong: 6-8:45 p.m. Rec Sports Prep Class: 5-6 p.m.	17 CLUB REC Mahjong: 10 a.m1 p.m. Zumba: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson's: 11 a.mNoon LaBlast Line Dance: 5:30-6:30 p.m. Tae Kwon Do: 6-7 p.m.	18 FUN DAY Bridge: 11 a.m 2 p.m. Baton Twirling: 5:45-6:45 p.m.	19 LaBlast: 9:15- 10:15 a.m. Mahjong: Noon- 3:30 p.m.
20	21 FUN DAY LaBlast: 5:30-6:30 p.m. Gentle Yoga: 6:30-7:30 p.m.	22 CLUB REC LaBlast: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson's: 11 a.mNoon Tai Chi: Noon-1 p.m. Tae Kwon Do: 6-7 p.m.	23 CLUB REC Euchre: 11 a.m2 p.m. LaBlast: 5:30-6:30 p.m. Mahjong: 6-8:45 p.m. Rec Sports Prep Class: 5-6 p.m.	24 CLUB REC Mahjong: 10 a.m1 p.m. Zumba: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson's: 11 a.mNoon LaBlast Line Dance: 5:30- 6:30 p.m. Tae Kwon Do: 6-7 p.m.	25 CLUB REC Bridge: 11 a.m 2 p.m. Baton Twirling: 5:45-6:45 p.m.	26 Mahjong: Noon- 3:30 p.m. Book Club: 10-11 a.m. GYM CLOSURE LaBlast Canceled
27	28 CLUB REC Ballet/Tap Combo (2-6): 9-9:45 a.m. LaBlast: 5:30-6:30 p.m. Hip Hop/Jazz Combo (5-12): 6:15-7 p.m. Gentle Yoga: 6:30-7:30 p.m. Hip Hop/Jazz Combo (5-12): 7-7:45 p.m.	29 CLUB REC Zumba: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson's: 11 a.m1 p.m. Tai Chi: Noon-1 p.m. Tae Kwon Do: 6-7 p.m.	30 CLUB REC Euchre: 11 a.m2 p.m. LaBlast: 5:30-6:30 p.m. Mahjong: 6-8:45 p.m. Rec Sports Prep Class: 5-6 p.m.			
Game Room, Gymnasium and Free Programs included with your membership!					1	

Teen Room are closed
Monday-Friday, from 2-6 p.m.

Free Programs included with your membership!

Lee Health Parkinson's Program & Support Group, Mahjong, Euchre, Bridge, Book Club, and Scrabble Club