Welcome to Veterans Park Recreation Center!

Center Hours
Monday-Thursday 7 a.m.-9 p.m. / Friday 7 a.m.-7 p.m. / Saturday & Sunday 9 a.m.-5 p.m.

All Lee County recreation centers are open to the public. The center amenities include a fully equipped gymnasium with basketball and volleyball courts, a fitness center with locker room facilities, a game room and several large multi-purpose rooms for meetings and classes. Lifetime membership rates are $10 for individuals and $25 for a family. A $5 day pass is available for visitors. Members are issued a member ID card to be presented at the main entrance to access the recreation center amenities. All members may enjoy the gymnasium and game room during available hours. Registration fees may apply to participate in some classes and programs. Children under the age of 13 must be accompanied by an adult, unless registered to participate in a supervised program or instructor-led class. Membership is valid at all Lee County recreation center locations: North Fort Myers Recreation Center, Veterans Park Recreation Center, Wa-Kee Hatchee Recreation Center and Estero Recreation Center.

Fitness Center / Weight Room
There is an additional fee to access the Weight Room. The Weight Room and Locker Rooms will remain open until 15 minutes prior to closing. Members 14-15 years old can use the Weight Room as part of a wellness program or if accompanied by an adult.

Fees Per Person
$20 - 1 month / $80 - 6 months / $120 - 1 year

Special Programs

Breakfast With The Kringle 624701
Saturday, December 15th
10 a.m.-1 p.m.
$5 per child ~ Infant-11
( Includes breakfast, crafts, and present )
$3 per adult ~ 12 yrs & older (Breakfast only)
Limited space ~ Register early

Fun Days
Have your child spend their teacher in-service days having fun with friends.

No school? No problem!
Have your child spend their teacher in-service days having fun with friends.

Monday
01/07/19
$15 per child per day ~ Ages 6-13 ~ 7:30 a.m.-6 p.m.
Please send your child with a lunch, water bottle and snacks.

Tuesday
01/08/19

Community Yard Sale
Saturday, December 1st
8 a.m. - 1 p.m.

Although pre-registration is not required for all activities and programs, it is highly encouraged. Instructors can better prepare the programs’ schedule when they know how many participants are attending. Otherwise, payment is required for the first day of class prior to participation. Thank you for your assistance!
The indoor courts will be closed December 15-19
The building will be closed December 20 - January 6
for maintenance and the holidays.
See you January 7, 2019!

All times are subject to change without notice.

Monday
Adult Basketball
&
Adult Volleyball
6:15-8:45 p.m.

Tuesday
Adult Basketball
7-11 a.m.
Teen Basketball
6:15-8:45 p.m.

Wednesday
Family Open Gym
6:15-8:45 p.m.

Thursday
Adult Basketball
7-11 a.m.
Adult Soccer
6:15-8:45 p.m.

Friday
Open Gym
6:15-6:45 p.m.

Saturday & Sunday
Family Open Gym
9 a.m.-Noon
Adult Basketball
Noon-2:30 p.m.
Teen Basketball
2:30-4:45 p.m.

GAME ROOM
Saturday & Sunday
9 a.m.-4:45 p.m.
Monday-Thursdays 6-8:45 p.m.
Friday 6-6:45 p.m.

Register for Activities Online
1. Online: www.leeparks.org
   - Click Sub Menu (cell)/Online Registration on the left side of the page
   - Sign in using your “User Name” and “Password” or
   - Create an account by selecting “Click Here” next to “Need an Account?” Follow registration instructions
   - Search - Activity. In the “Location” drop down menu select Veterans Rec Center then click on the gray “Search” button. This will load only activities and programs offered at the Veterans Park Rec Center.
   - Click the “+” next to the desired activity.
   - Click “Add to cart” at the bottom of the page and follow further instructions.
2. In person: Come into the center and register with the staff at the desk.
3. By phone using a major credit or debit card: call 239-369-1521.

All classes, times and prices are subject to change without notice.

Youth Classes

PEE WEE PICASSO 124501 Ages 3-5
12/6 to 12/13
Thursdays 10-11 a.m. $20 per month
If painting and crafting are your preschooler’s passion, then this class will help them discover their hidden talent.

PEE WEE GYM 124511 Ages 3-5
Thursdays 11 a.m.-Noon $20 per month
This class will help your toddlers learn basic coordination skills and some tumbling exercises.

DANCE & TUMBLE 124120
11/5 to 12/3
Next session: 1/14 to 2/18
Learn the basics of tumbling, dance steps and movement.

Level 1 Ages 3-4
Mondays 5:15-5:45 p.m.
$35 for five classes

Level 2 Ages 5-8
Mondays 6-6:45 p.m.
$40 for five classes

CHEERLESTICS 124180
11/5 to 12/3
Next session: 1/14 to 2/18
This is an exciting class based on preparing students for squads. It will stress the proper techniques for warm-ups, motion workshops, jumps, acrobatics and dance moves.

YOUTH ART 124622
Returning 1/10
Thursdays 4:30-5:30 p.m. Ages 6-11
$50 for four classes, 2nd child $40
Paint, draw and craft in different mediums. Instructor will supply materials. Bring your creative side and have fun learning new skills.

BASIC ARCHERY 124314
11/28 to 2/20
Next session: 2/27 to 5/22
Wednesdays 6-7:30 p.m.
Ages 6-17
$35 for twelve weeks
The class meets at the lodge by the lake. All equipment is supplied by SYAL
Mixed Martial Arts
11/27 to 12/19
Tuesdays & Wednesdays
S.E.M.B.A.C.T. Martial Arts consists of Mixed Martial Arts, Tae-Kwon-Do, Traditional and Olympic Style Sparring. The benefits of Martial Arts have been used to teach respect for oneself and toward others. Classes for both the young and old.
$35 uniform cost paid to the instructor.
For more information call Master Larry Goethie at 239-357-1430.

Little Warriors  Intermediate Warriors  Advanced Warriors
124228  124231  124237
Ages 3-6  Ages 7 & Older  Ages 7 & Older
4:15-5 p.m.  5-6 p.m.  6-7 p.m.
$55 1st child  $65 1st child  $65 1st child
$40 2nd child  $50 2nd child  $50 2nd child
$27.50 3rd or more  $32.50 3rd or more  $32.50 3rd or more

Home School Mixed Martial Arts 124442
11/28 to 12/19
Wednesdays
S.E.M.B.A.C.T. Martial Arts consists of Mixed Martial Arts, Tae-Kwon-Do, Traditional and Olympic Style Sparring. The benefits of Martial Arts have been used to teach respect for oneself and toward others.
$35 uniform cost paid to the instructor.
For more information call Master Larry Goethie at 239-357-1430.

J Ross School of Arts
Returning 1/9 to 1/30
Wednesdays  Ages 6-16
I love DANCE
Danceography 124130
4-5 p.m.  $45
Teaches choreography, urban ballet, interpretive jazz and theatrical dance. Includes learning how to create dance skits. A dance recital for parents will showcase what the students have learned.

Tumbling 124130
5-6 p.m.  $55
Build physical endurance & fitness, coordination, self-esteem and promote healthy living while learning tumbling moves.

Register for BOTH programs per person for $70 ~ $10 discount for 2nd child.

Home School Arts & Crafts 124419
12/4 to 12/11
Tuesdays 10-11 a.m.  $25/month  Ages 6-14
Come join other homeschoolers for arts & crafts.
All materials will be supplied

Home School PE 124402
12/4 to 12/11
Tuesdays 11 a.m.-Noon  $20/month  Ages 6-14
This is your opportunity for your homeschooled child to get out, get active, and make new friends.
Physical games and lots of activities played both in and outdoors.

Youth Indoor Soccer
Ages: 3-10  
Season Dates: 10/6 to 12/9
3-4 years old ~ Saturdays  9:30-11:30 a.m.
5-6 years old ~ Saturdays  11:30 a.m.-1:30 p.m.
7-8 years old ~ Saturdays  1:30-4:30 p.m.
9-10 years old ~ Sundays  12:30-3:30 p.m.
Registration Closed

Exercise Classes

Free Insanity Fitness 124263
Sundays 12/2 & 12/16 Noon-1 p.m.
All ages welcome
All muscle workout with intense cardio.
Have fun while getting back in shape! Two Sundays each month.

Yoga 124251
12/4 to 12/13
Ages 18 & older  Tuesdays & Thursdays  5:15-6:15 p.m.
$30 for four classes or drop-in for $10 per class
This yoga class is perfect for beginners as well as those with some experience.
Wear comfortable workout attire & sandals to kick off.
PELE FITNESS BOOTCAMP 124208
12/1 to 12/31
Mondays & Wednesdays 6-7 p.m. Saturdays 9-10 a.m.
Open to Men & Women - Ages 15 and older
All fitness levels welcome - class will meet out on the central lawn.
Wear comfortable clothing, tennis shoes and bring a water bottle.
Affordable packages available
$30 / six classes - $40 / eight classes - $50 / 12 classes
Teens ONLY $30 / 12 classes
Membership is not required to participate.

PELE FITNESS BODY SCULPTING 124210
12/4 to 12/28
Tuesdays & Fridays 9:30-10:30 a.m.
Open to Men & Women - Ages 12 and older
All fitness levels welcome - class will meet out on the central lawn.
Wear comfortable clothing, tennis shoes and bring a water bottle.
Membership is not required to participate.

PERSONAL TRAINING
12/1 to 12/13
Veterans Park Rec Center has a Personal Trainer to help you achieve your goals by creating a fun workout with you in mind.
Call 239-218-1491 to schedule with Jerri $45 per session
Facility membership and a Weight Room pass are required to participate.

Abstract art is an art that does not attempt to represent external reality, but seeks to achieve its effect using shapes, forms, colors, and textures.

COMING IN 2019
Pilates
Art
Sit & Be Fit

WE ARE CURRENTLY LOOKING FOR INDEPENDENT CONTRACTORS FOR SUCH ACTIVITIES AS VOLLEYBALL & CERAMICS.

Teach a skill and earn some extra $$$

I Want to Volunteer
Teen Opportunities Also Available
<table>
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**Notes:**
- All activities, times and programs are subject to change without notice and at the discretion of the center.
- Children under 13 must be accompanied by an adult at all times in the facility unless part of a program.
- Indoor Courts Closed
- Building Closed for the Holiday
- Building Closed for Annual Maintenance
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- Building Closed Annual Maintenance
- Indoor Courts Closed
- Annual Maintenance
- Building Closed Annual Maintenance
List of Classes with Times, Ages and Prices - 2018

All classes, times and prices are subject to change without notice

**ZUMBA CLASSES**
Ages 13 & older
Gold
Tuesdays & Thursdays 7:45-8:45 p.m.
Drop-in for $5 a class

**DANCE & TUMBLE Levels I & II**
Ages 3-8
Mondays Level I
3-4 year olds 5:15-5:45 p.m. $35 for five classes
Mondays Level II
5-8 year olds 6-6:45 p.m. $40 for five classes

**CHEERNASTICS**
Ages 8-15
Mondays 7-7:45 p.m. $40 for five classes

**ARCHERY**
Ages 6-17
Wednesdays 6-7:30 p.m. $35 for twelve classes

**Pee Wee Picasso**
Ages 3-5
Thursdays 10-11 a.m. $20 per month

**Pee Wee Gym**
Ages 3-5
Thursdays 11 a.m.-Noon $20 per month

**Mixed Martial Arts**
Ages 3 & older
Tuesdays & Wednesdays

**Little Warriors**
3-6 year olds 4:15-5 p.m. $55

**Intermediate Warriors**
7 & older 5-6 p.m. $65

**Advanced Warriors**
7 & older 6-7 p.m. $65

See staff for multi-family discount

**Home School Mixed Martial Arts**
Ages 3-18

**Little Warriors**
3-6 year olds 1:30-2:15 p.m.

**Intermediate Warriors**
Ages 7-18 2:15-3:15 p.m.

**Yoga**
Ages 18 & older
Tuesdays & Thursdays 5:15-6:15 p.m.
$55 for eight classes, $30 for four classes or drop-in for $10 per class

**Pele Fitness**

**Personal Training Bootcamp**
For Men and Women Ages 15 & older
Mondays & Wednesdays 6-7 p.m.
Saturdays 9-10 a.m.
Six classes for $30
Eight classes for $40 (2 x week)
12 classes for $50 (3 x week)
Teens ONLY 12 classes for $30 (3 x week)

**Body Sculpting**
For Men and Women Ages 12 & older
Tuesday & Friday 9:30-10:30 a.m.
$25 per month

Happy Holidays
see you next year!

**J Ross School of Arts**
Ages 6-16
Returning 1/9/19
Wednesdays 4-5 p.m. $45

**Danceography**
5-6 p.m. $55

**Tumbling**
Register for BOTH programs for $70/month
Second child save $10 off original price

**Youth Art**
Ages 6-11 Returning 1/10/19
Thursdays 4:30-5:30 p.m. $50 per month
2nd child $40

**Youth Indoor Soccer**
Ages 3-10
Registration Closed
Season Dates: 10/6-12/9
Saturdays
Ages 3-4 ~ 9:30-11:30 a.m.
Ages 5-6 ~ 11:30 a.m.-1:30 p.m.
Ages 7-8 ~ 1:30-4:30 p.m.
Sundays
Ages 9-10 ~ 12:30-3:30 p.m.

**Free Insanity Fitness Class**
All ages
Two Sundays each month 12/2 & 12/16
Noon - 1 p.m.

**Home School Arts & Crafts**
Ages 6-14
Tuesdays 10-11 a.m. $25 per month

**Home School PE**
Ages 6-14
Tuesdays 11 a.m.-Noon $20 per month

**Abstract Art Workshop**
Ages 6+
12/11 Demo - Stop in & Check it out
4-6 p.m.
Next class 1/15 $35

“Lee County Parks & Recreation...The Natural Place To Play”
www.leeparks.org
Veterans Community Yard Sale

Saturday, December 1
8 am - 1 pm

Come shop 'til you drop!

Rec Center Parking Lot
Breakfast With The Kringles

Come join us for a continental style breakfast, holiday crafts and a special visit with "Mr. and Mrs. Kringle"

Saturday, December 15th
10 a.m.-1 p.m.

Space is limited ~ Register early.

$5 per child ~ Infant-11 (Includes breakfast, crafts, and present.)
$3 per adult ~ 12 yrs & older (Breakfast only)