



All About Me – Camper Autobiography

This page is for campers to share information about themselves to help staff support a safe and positive camp experience.

About Me

My name:

Things I really enjoy (my interests, hobbies, or favorite activities):

Things I don't enjoy or find challenging:

I usually do best with (check all that apply):

One-on-one support Small groups Larger groups Independent

When Things Feel Challenging

Sometimes I feel overwhelmed when:

When I am upset, stressed, or overwhelmed I might:

Things that help me feel better or calm down:

Staying Safe

Anything staff should know to help keep me safe:

- I may leave the area without permission
- I may become aggressive when upset
- I may hurt myself when overwhelmed
- I need reminders or supervision for safety

Additional details:

How Staff Can Support Me

The best way staff can help me is:

Things that do not work well for me:

Anything else I want staff to know: