

Lee County Parks & Recreation

program guide

2020 Spring/Summer



LEE COUNTY
Parks & Recreation

THE NATURAL PLACE TO LEARN AND PLAY

general information



Director of Parks & Recreation
Jesse Lavender

message from the director

This spring/summer season is the perfect time to visit our parks and try something new with Parks & Recreation. No matter what your New Year's resolutions may be, there are places to go and things to do with Lee County Parks & Recreation that can help you improve your lifestyle and make 2020 a healthy and happy year!

If you're looking to get in shape, consider taking one of our exercise classes or playing a sport during our open gym times at any of our four large recreation centers. If your goal is to spend more time in mindfulness, try going for a walk in one of our many beautiful and serene natural areas. If you want to try new things, check out the Great Calusa Blueway and explore an area you've never been before!

This program guide includes information about upcoming programs at our recreation centers and parks. For additional details and programming updates, we encourage you to visit our website. Please take some time to browse through this brochure and find something fun to do at our many beautiful parks and recreation facilities!

we are here for you

We commit to build upon the collaborative relationship we have maintained over the years between Lee County government and the community we serve. We work to do that better each and every day as we move forward with new projects, programs and activities. We strive to maintain open communication through publications like this, online through our website and social media, and in person at our parks. We want to know what's most important to you, so reach out to us whenever and wherever you see us!

ADDRESS

Administration Office
Terry Park
3410 Palm Beach Blvd.
Fort Myers, FL 33916

CONTACT

leeparks@leegov.com
www.leeparks.org
(239) 533-7275
  leeparksandrecreation



Parks & Recreation News

Something is always happening in your parks, on your beaches and at your recreation centers. Follow us on social media and check our website for updates.

volunteer with us

www.leeparks.org/volunteers | (239) 707-0876 | VolunteerServices@leegov.com

Volunteering with Lee County Parks & Recreation is rewarding and fun with many different volunteer opportunities!

Corporate/Group Service Projects | Environmental Education | Special Events | Sporting Events | Land Stewardship
Office Assistance | Mentoring | Tutoring | Sports and Coaching | Gardening
Teaching | Park Beautification | Special Projects



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ada accommodations

Lee County Parks & Recreation strives to ensure that all individuals are provided with leisure and recreational opportunities that allow individuals to perform at their highest level of ability. We welcome people with disabilities into all of our recreation programs and services through inclusion and voluntary specialized programs. We will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination of programs, services and activities for individuals with disabilities.

Parks & Recreation will make modifications in policies, practices and procedures, and provide appropriate aids and services leading to effective communication when necessary to avoid discrimination against people with disabilities; unless the modification or request would cause a fundamental alteration to the nature of the program, or impose a financial or administrative burden. Requests for auxiliary aids or service for effective communication, or a modification of policies and procedures to participate in a Lee County Parks & Recreation program, service or activity should be made to the ADA Coordinator as soon as possible but no later than 48 hours before the scheduled program or event. Accommodation requests can be made by contacting Terri Farrell, tfarrell@leegov.com or (239) 533-7515 for more information.

administrative notes

ACCURACY AND ADVERTISING STATEMENT

Lee County Parks & Recreation makes a sincere effort to ensure the information and prices presented in the Program Guide are accurate, but certain circumstances may arise to change the programs, events or prices listed. Lee County Parks & Recreation reserves the right to cancel or change any programs or fees. Acceptance of advertising or articles does not constitute an endorsement of the product or services advertised. Lee County Parks & Recreation reserves the right to reject any ad for any reason and assumes no financial responsibility for any errors in advertising.

CANCELLATION POLICIES

Refunds will be issued for cancellations made 72 hours in advance of the start of the program. A \$10 processing fee applies per transaction canceled. No refunds will be made for dismissals from a program based on a behavior management circumstance. Refunds will be issued for a facility rental cancellation made 72 hours in advance of the reservation. A \$10 fee applies for each facility reservation canceled. Cancellation requests are not accepted via email. You must call the location or (239) 533-7275 Monday-Friday, 9 a.m.-4 p.m.



summer camp

general information

Summer Camp may be limited capacity at different locations and may require a \$10 lifetime membership to participate. Camp is available per week, per child with varying fees depending on the camp.

Weeks of Camp

Camp runs Monday-Friday from 7:30 a.m.-6 p.m. The hours and weeks for specialty camps may vary from standard camps.

Week 1 June 15-19, 2020

Week 2 June 22-26, 2020

Week 3 June 29-July 3, 2020

Week 4 July 6-10, 2020

Week 5 July 13-17, 2020

Week 6 July 20-24, 2020

Week 7 July 27-31, 2020

Registration opens February 24, 2020 at 7 a.m.

Registration can be done online at www.leeparks.org or by phone. A \$10 lifetime membership may need to be purchased in-person prior to registration. Call the camp directly or call the Parks & Recreation main line (239) 533-7275.

Cancellations

A non-refundable \$10 processing fee, per transaction will be applied to cancellations received 14 days or more prior to the beginning of the session.

Any cancellation made less than 14 days prior to the session of camp starting will be refunded only 50% of the session fee.

Any cancellations made on or after the session has started will not be entitled to a refund.



traditional camp

Boca Grande Community Center
Estero Recreation Center
Matlacha Community Center
North Fort Myers Recreation Center,
Olga Community Center
Veterans Park Recreation Center
Wa-Ke Hatchee Recreation Center
June 15-July 31, 2020 (All seven weeks)
– \$75 per child (Completed Kindergarten-5th Grade)

These camps offer a full day of excitement. They are the kind of camps you remember when you went to day camp. Day camp activities include arts and crafts, sports, organized games, quiet play, educational speakers, water activities, outdoor activities and field trips.

Safety is our number one concern, so our staff-to-camper ratio is 1-to-15 or less. Some of our camp locations have numerous outdoor activities, while others have a combination of both indoor/outdoor activities. As a part of Lee County Parks & Recreation's commitment to fitness and environment, all camps will have outdoor activities each day. Camp fees include field trip costs.

middle school camp

Estero Recreation Center
North Fort Myers Recreation Center,
Veterans Park Recreation Center
Wa-Ke Hatchee Recreation Center
June 15-July 31, 2020 (All seven weeks)
– \$75 per child (6th-8th Grade)

This is not your typical camp! Middle schoolers will participate in “non-traditional” activities geared towards their interest. Each camp offers a variety of weekly themes in order to provide focus on a particular topic. Activities will be tied to the theme and will include indoor and outdoor activities, games, adventures, swimming, field trips and much more.

specialty camps

SLOUGH SECRETS CAMP

Six Mile Cypress Slough Preserve
June 15-19, 2020 (Week 1)
8 a.m.-4:30 p.m. – \$75 per child (ages 8-9)
Campers experience boardwalk explorations, scavenger hunts, and other activities to find out how animals and plants work together to make the Slough such a special place.

ART IN NATURE CAMP

Six Mile Cypress Slough Preserve
June 29-July 3, 2020 (Week 3)
8 a.m.-4:30 p.m. – \$75 per child (ages 10-15)
Campers will learn awareness techniques to build a connection between art and nature. We introduce art skills such as sketching, painting, photography, creative writing, and more.

SUMMER NATURALISTS CAMP

Six Mile Cypress Slough Preserve
July 13-17, 2020 (Week 5)
8 a.m.-4:30 p.m. – \$75 per child (ages 10-12)
Campers learn nature awareness techniques to notice wildlife, identify animal signs and understand how their presence can influence animals' behavior.

WILDERNESS EXPLORERS CAMP

Six Mile Cypress Slough Preserve

July 27-31, 2020 (Week 7)

8 a.m.-4:30 p.m. – \$75 per child

(ages 13-16)

Campers challenge themselves in the areas of tracking, animal study, awareness and primitive skills. Examples of skills include fiber twining, shelter building and fire by friction.

ECO-DETECTIVES CAMP

Manatee Park

June 22-26, 2020 and July 6-10, 2020

(Weeks 2 and 4)

9 a.m.-4 p.m. – \$75 per child

(ages 8-12)

Campers will spend the week learning about the many ecosystems represented in Manatee Park. They will go on outdoor adventures including kayak trips and field trips. There will be speakers and activities that educate and inspire your camper to care for the world around them!

ECO-TOURING CAMP

Manatee Park

July 20-24, 2020 (Week 6)

9 a.m.-4 p.m. – \$100 per child

(ages 12-15)

Campers will travel via county vans to various parks, preserves and refuges located within Lee County. This camp will incorporate the natural beauty of our local upland, wetland and coastal dune ecosystems as outdoor classrooms.

LAKES PARK EXPLORATION CAMP

Lakes Park

June 15-July 31, 2020 (All seven weeks)

8 a.m.-6 p.m. – \$75 per child (ages 8-13)

Exploration camp is for those with an outdoor spirit and a willingness to learn about the local habitat that encompasses Lakes Park. This camp is an ALL-OUTDOOR camp which means we have no air-conditioned shelter on site.

JR. LIFEGUARD CAMP

Lehigh Community Pool & Pine Island

Community Pool: July 13-24, 2020

10 a.m.-4 p.m. – \$100 per child

North Fort Myers Community Pool &

San Carlos Community Pool:

June 22-July 3, 2020

10 a.m.-4 p.m. – \$100 per child

The Junior Lifeguard Program explores what it takes to be a lifeguard. The camp covers water safety, rescues, CPR/first aid, role of a lifeguard, physical fitness training, stroke development and other aquatic related topics. Many of the skills developed help put the Junior Lifeguard in a favorable position for future lifeguard employment. Students must have the ability to swim 50 yards without resting, recover a 10-pound weight from six feet of water, and tread water for one minute without hands.

SPECIAL NEEDS CAMP

Karl Drews Special Needs Center

June 15-July 31, 2020 (All seven weeks) –

\$75 per child

These camps are designed for participants with special physical and/or developmental delays. All potential special needs camp participants are required to complete an assessment by the department's Special Needs staff in order to register. Call (239) 267-2181 to set up an interview. A copy of the participant's IEP and behavior plan will be needed before the interview takes place. Campers with varying disabilities have the opportunity to register in the Special Needs summer camp programs upon completion of the assessment. Working with the inclusion team, campers are ensured to have a successful and enjoyable summer camp.

camp locations

Karl Drews Special Needs Center

18412 Lee Rd., Fort Myers, FL 33967

Boca Grande Community Center

131 First Street West, Boca Grande, FL 33921

Estero Recreation Center

9200 Corkscrew Palms Blvd., Estero, FL 33928

Lakes Park

7330 Gladiolus Dr., Fort Myers, FL 33908

Manatee Park

10901 Palm Beach Blvd., Fort Myers, FL 33905

Matlacha Community Center

4577 NW Pine Island Rd., Fort Myers, FL 33993

North Fort Myers Recreation Center

2000 North Recreation Park Way, North Fort Myers, FL 33903

Olga Community Center

2325 South Olga Dr., Fort Myers, FL 33905

Six Mile Cypress Slough Preserve

7791 Penzance Blvd., Fort Myers, FL 33966

Veterans Park Recreation Center

55 Homestead Rd., Lehigh Acres, FL 33936

Wa-Ke Hatchee Recreation Center

16760 Bass Rd., Fort Myers, FL 33908

Lehigh Acres Community Pool

1400 West 5th St., Lehigh Acres, FL 33972

North Fort Myers Community Pool

5170 Orange Grove Blvd., Fort Myers, FL 33903

Pine Island Community Pool

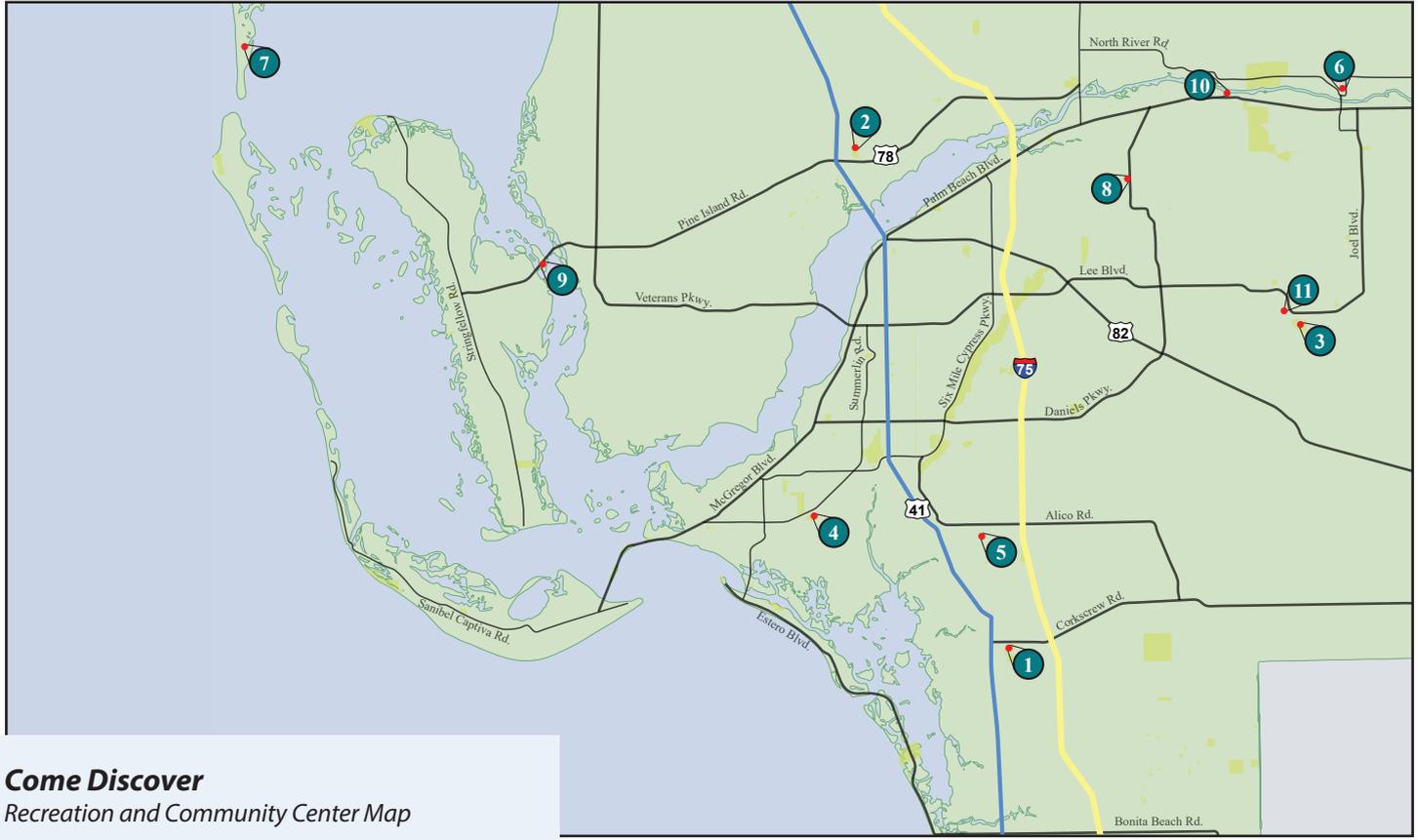
5675 Sesame Dr., Bokeelia, FL 33922

San Carlos Community Pool

8208 Sanibel Blvd., Fort Myers, FL 33967



recreation and community centers



Come Discover

Recreation and Community Center Map

1. ESTERO RECREATION CENTER (239) 533-1470

9200 Corkscrew Palms Blvd., Estero, FL 33928 | Indoor Gymnasium, Workout Room, Game Room

2. NORTH FORT MYERS RECREATION CENTER

(239) 533-7200 | 2000 North Recreation Park Way, North Fort Myers, FL 33903 | Indoor Gymnasium, Workout Room, Game Room

3. VETERANS PARK RECREATION CENTER (239) 369-1521

55 Homestead Road South, Lehigh Acres, FL 33936 | Indoor Gymnasium, Workout Room, Game Room

4. WA-KE HATCHEE RECREATION CENTER (239) 432-2154

16760 Bass Road, Fort Myers, FL 33908 | Indoor Gymnasium, Workout Room, Game Room

5. KARL J. DREWS COMMUNITY CENTER (239) 267-2181

18412 Lee Road, Fort Myers, FL 33967

6. ALVA COMMUNITY CENTER (239) 728-2882

21471 North River Road, Alva, FL 33920

7. BOCA GRANDE COMMUNITY CENTER (941) 964-2564

131 First Street West, Boca Grande, FL 33921

8. BUCKINGHAM COMMUNITY CENTER (239) 369-1521

4940 Buckingham Road, Fort Myers, FL 33905

9. MATLACHA COMMUNITY CENTER (239) 283-4110

4577 Pine Island Road NW, Matlacha, FL 33993

10. OLGA COMMUNITY CENTER (239) 694-2291

2325 South Olga Drive, Fort Myers, FL 33905

11. LEHIGH ACRES SENIOR CITIZEN CENTER (239) 369-5355

219 Plaza Drive, Lehigh Acres, FL 33936



KNOW BEFORE YOU GO

Membership, registration and cost for programs may vary. Check online for the most accurate information.
www.leeparks.org

Lifetime Membership

A \$10 individual or \$25 family lifetime membership is available for our four recreation centers. This membership is required for participation in programs that take place in any of the four recreation centers.

Weight Room Membership

Each of the four recreation centers has a small weight room available for an additional fee.

One Month	\$20
Six Months	\$80
One Year	\$120

Senior Center Membership

Six Month Membership	\$24
Annual Membership	\$30



estero recreation center programs

9200 Corkscrew Palms Blvd., Fort Myers, FL 33928 | (239) 533-1470 | www.leeparks.org/estero

FITNESS CLASSES

JAZZERCISE – LO DANCE MIXX

Monday, Wednesday & Friday at 8 a.m.
\$28/month for one day per week, \$40/month for three or \$10/drop in

Torch fat, sculpt lean muscle and crush calories with this high intensity workout that mixes dance-based cardio with strength training. Fresh pulse-pounding music and body-blasting moves bring the intensity to transform your body, boost your mood and ignite your energy!

PARKINSON'S EXERCISE CLASS

Monday & Wednesday at 11 a.m. – Free
Aside from working with your doctor on an ongoing plan primarily involving medications, one of the most important things you can do is exercise. There is evidence that exercise may hold specific benefits for people with Parkinson's in staying active and relatively limber, and improving balance and motor coordination. Please contact Michelle Martin (239) 985-7727 before coming to class.

PULL NO PUNCHES

Friday at 11 a.m. – \$40/session
Now offering circuit styled boxing classes to help those battling Parkinson's. Our class will focus on gait, balance, coordination, strength and flexibility. This one hour class is designed to challenge your body, mind and spirit in a positive environment. Research substantiates that intense exercise can delay and even reverse the symptoms of Parkinson's. Please contact Heather Simpson (239) 888-2866 before coming to class.

PERSONAL TRAINING

Monday - Friday by appointment
\$65/session

Individualized fitness training programs provided by Heather Simpson, from basic equipment routines to personalized sessions to meet fitness goals. Please reach out to our personal trainer Heather to schedule your appointment (239) 888-2866

CARDIO, STRENGTH & TONE

Monday, Wednesday & Friday at 9:30 a.m.
\$39/month or \$5/drop in

This class uses 30 minutes of standing aerobic exercises to promote good heart health followed by 30 minutes of resistance and flexibility training to help improve muscular strength and flexibility. Sneakers are required. This class can be modified to meet most people's needs.

CAPOEIRA

Tuesday at 6:30 p.m.
\$10/4 class session, \$15/6 class session, or \$20/8 class session

Capoeira is an Afro-Brazilian martial art that combines music, dancing, and the Brazilian culture in a low impact sport that strengthens the body, mind, and spirit.

KICKBOXING

Monday & Wednesday at 7:30 p.m.
Friday at 6 p.m. – \$60/month

Kickboxing refers to the martial arts sport of kicking and punching. Kickboxing is often practiced for self-defense, general fitness or as a full contact sport.

YOGA

Gentle Flow Yoga Tuesday & Thursday at 9:30 a.m.

Restorative Yoga Sunday at 10:45 a.m. – \$36/month for one class per week, \$64/month for two, or \$10/drop in

Make a mind/body connection in this class designed to build strength, increase flexibility, and include the benefits of meditation as you move through a series of meaningful yoga poses. Restorative class is a fully supported, meditative practice that uses props like blocks, straps, bolsters, and blankets to encourage opening the body, quieting the mind, and moving into deeper sense of relaxation.

TAI CHI

Intermediate, Tuesday at 9 a.m.
Beginners, Tuesday at 10 a.m. – \$24/month

Tai Chi is a great class that includes multiple health benefits including lower blood pressure, reduced depression and anxiety, improved balance, coordination and more.

TAE KWON DO

Monday, Wednesday & Friday at 4:30 or 6:30 p.m. – \$75/month (\$14 discount for each additional family member)

This class is for ages six and up. Adults will have special emphasis placed on exercise, stretching, and self-defense. Children will have fun while they learn self-control through the martial arts discipline.

TAE KWON DO-HAPKIDO

Monday at 5:30 p.m. – \$25/month

Hapkido contains both long and close-range fighting techniques, utilizing jumping kicks and percussive hand strikes at longer ranges and pressure point strikes, joint locks or

throws at closer fighting distances. Must be enrolled in Tae Kwon Do to participate in this program.

TANG SOO DO

Tuesday & Thursday, Ages 5-7 at 4:30 p.m., and 8+ at 5:15 p.m. – \$69/month for one family member, \$110/month for two, or \$128/month for three

Tang Soo Do will help build and increase confidence, moral character, discipline, self-awareness, self-respect and focus. All students will immediately start growing in mind, body, and character.

DANCE CLASSES

ADULT TAP DANCING

Intermediate/Advanced Tap: Tuesday at 4 or 5:30 p.m.

Beginners Tap: Thursday at 9:30 or 10:30 a.m. – \$48/month or \$15/drop in

It's fun! It's healthy! Builds strong bones, great exercise, and helps with balance and rhythm. Please call Marilyn DiEnno (239) 498-2022 before registering and coming to class.

TUMBLING & DANCEOGRAPHY

Thursday at 3:45 p.m. – \$55/month

This class teaches choreography, urban ballet, theatrical dance and jazz style dance. Dances are combined with tumbling to build physical endurance, fitness, coordination skills and self-esteem which will promote healthy living.

BALLROOM DANCING

Thursday at 6 p.m.

\$40/month or \$12/drop in

Ballroom dancing with an instructor connected with the USA Dance Chapter 6049. Every two months there will be a new style of dance introduced such as American Waltz, Rumba, Fox Trot, Tango, Cha-Cha, and East Coast Swing.

LINE DANCING

Sunday at noon

\$32/month or \$10/drop in

Intermediate / Advanced, Newline Progressive Line Dance Class. Must have a strong knowledge of dance terms.

OTHER CLASSES

TABLE TENNIS

Tuesday at 6:45 p.m. & Saturday at 12:30 p.m. – \$40/month for one day per week, \$80/month for two, or \$13/drop in

Improve your table tennis/ping pong game faster! The goal of the class is to teach basics of table tennis. Techniques to be taught include basic strokes, serve and return serve, tactics, footwork and equipment.

CERAMICS CLASS

Tuesday, Wednesday at 4:45 p.m., and Friday at 9 a.m. – \$10/month

Welcome! Glazing and clay building beginners & pros. Create personal projects or gifts. Experienced painter's advice available. Good time to meet new people and share techniques for painting. Paint and kiln firing are included. Greenware is a separate price.

BRIDGE CLUB

Tuesday at 9:30 a.m. – Free

Come out and socialize, join in on the fun! This club is for members ages 18 and up.

CHESS CLUB

Scholastic Players: Saturday at 10 a.m.

Adult Players: Saturday at Noon – Free

All players and skill levels welcome! USCF members & non-members, casual play & USCF rated events, standard and rapid play.

ESTERO ART LEAGUE

Monday & Thursday at 9 a.m.

Art classes include wire wrapped jewelry, abstract and mixed media painting, oils, acrylics and draw-to-paint watercolors.

BONITA-ESTERO WOODCARVERS CLUB

Wednesday at 12:30 p.m. – Free

Wood carving is a form of working wood by means of a cutting tool resulting in a wooden figure or sculpture. Free instruction is provided. This club is ages 18 and up.

YOUTH IMPROV

Thursday at 6 p.m. – \$75/month

Learn the art of Improv, play interactive games, act in scenes based on your imagination, learn storytelling, explore emotions, and have fun in this safe and energetic classroom environment.

AFTER SCHOOL ACTIVITIES

CLUB REC

Weekdays after school – \$100/semester

The school day is done; time to join Club Rec. This program provides children an outlet to burn off the stress of the school day through organized games, activities, clubs, sports, crafts and homework time.

FUN DAYS & SPRING BREAK CAMP

Teacher In-Service Days (Feb. 10, Feb. 17, Mar. 13, Apr. 10, Apr. 13) – \$15/day

Spring Break (Mar. 16-20) – \$75/week

Come spend your days off having fun with friends. Day may include games, swimming, crafts, music or field trip. Call the center for the day's itinerary. Price does not include field trip cost (when applicable). Hours are from 7:30 a.m. to 6 p.m. Please bring a bagged lunch, snacks and a water bottle.

SPECIAL EVENTS

YARD SALE

Feb. 8 from 7:30 a.m.-12:30 p.m. – \$5/spot

This is strictly a garage sale. This means no food, produce or business merchandise can be sold. This is a rain or shine event, there is no makeup date scheduled. Vendor set up begins at 5:30 a.m. and spaces go on sale Jan. 8, 2020

ESTERO EGGSTRAVAGANZA

Apr. 11 – \$5 per child

Come on out to a morning of Easter fun. Meet the Easter Bunny, try to find a prize egg, and create an art project. The event is outside, weather permitting. All participants must be preregistered, and accompanied by an adult. Registration space is limited. Please bring a basket to collect your eggs.



north fort myers recreation center programs

2000 North Recreation Park Way, North Fort Myers, FL 33903 | (239) 533-7200 | www.leeparks.org/nfm

FITNESS CLASSES

GENTLE YOGA

Monday, Wednesday & Friday at 10 a.m. (Oct.-Apr.) – \$3/class

Enhance flexibility, balance, breathing, posture and strength, while reducing stress and anxiety in this class that focuses on self-control through posture, breathing and meditation. Sessions are relaxing and you can challenge yourself at your own pace.

HAPPINESS 101

Saturday at 9:30 a.m. (Jan.-May) - Free

Try a gentle survey of Eastern disciplines for wellness and longevity. Breathwork from Yoga, warm-up exercises from Tai Chi, a 'Feel the Chi' warm-up, 18 Step Yang Short Form, and a 30 minute guided meditation to finish. You will feel centered, re-charged and ready to deal with life and equanimity. Wear comfortable clothes and bring a yoga mat or blanket. Namaste!

JAZZERCISE – LO DANCE MIXX

Monday, Wednesday & Friday at 9 a.m. \$15/class, \$30/6 classes, or \$45/month

Torch fat, sculpt lean muscle and crush calories with this high intensity workout that mixes dance-based cardio with strength training. Fresh pulse-pounding music and body-blasting moves bring the intensity to transform your body, boost your mood and ignite your energy!

KARATE

Tuesday & Thursday at 6 p.m. – \$59/month

Build confidence and self-control. Develop flexibility, strength and agility. Improve coordination and balance.

MEDITATION

Friday at 9 a.m. (Aug.-May) – Free

This ancient practice helps individuals train the mind and induce a mode of consciousness, to engage the mind for the benefit of health and well-being.

STRENGTH TRAINING

Monday, Wednesday & Friday at 9 a.m. (Oct.-Apr.) – \$2/class

Dramatically improve strength, power and mobility, while focusing on every major muscle group. Add definition, increase bone density and decrease body fat by increasing lean muscle. Music and laughter are included for a fun time.

TAI CHI

Tuesday at 9 a.m. and 10 a.m. (Oct.-May) – Free

Wednesdays at 11:15 a.m. - Advanced (Oct.-May) – Free

Friday at 10 a.m. (Sept.-May) – Free

Tai Chi develops energy (chi) and not only exercises the muscles, but will strengthen all parts of the body. By practicing Tai Chi, you will gain more coordination, balance and confidence in moving. Tai Chi is useful for both preventative medicine as well as restoring health after injury or illness.

TOTAL BODY CONDITIONING

Monday & Wednesday at 5 p.m. (Sept.-May) – \$5/class

Come sweat off the daily grind with this whole body workout program that will increase strength and flexibility. Invite your friends and family! Please bring your hand weights or resistance bands and mats to class.

ZUMBA

Tuesday & Wednesday at 5:30 p.m. – \$5/class

Are you ready to party yourself into shape? Forget the workout, just lose yourself in the music and find yourself in shape at the original dance-fitness party. Zumba® classes feature exotic rhythms set to high-energy Latin and international beats.

DANCE CLASSES

HAWAIIAN DANCE

Tuesday at 11 a.m. – Free

This exceptionally fun dance class is open for everyone to enjoy! Hula is a traditional art of movement through smooth bodily gestures and vocals.

LINE DANCE

Beginner: Tuesday at 1:30 p.m. (Dec.-Mar.) Thursday at 10 a.m. – Free

Come join us in learning new dances! No partner is needed.

SENIOR CLASSES

SENIOR CARD SOCIALS

Bridge – Free

Tuesday & Friday at 9 a.m.

Euchre – Free

Tuesday & Friday at Noon

Hand & Foot – Free

Monday & Wednesday at 11:30 a.m.

Friday at 2:30 p.m.

Double Pinochle – Free

Thursday at 12:30 p.m.

CLUBS & GROUPS

ART SOCIAL

Thursday at 9 a.m. – Free

Bring your own canvas and art supplies. Join us for great social engagement!

CERAMICS

Monday & Friday at 9 a.m. – \$2/class

Bring your own greenware to work with. Paints and glazes are provided.

CROCHET

Monday at 10 a.m. (Oct.-Apr.) – Free

Join this beginner/continuing crochet class to learn how to read patterns, learn new stitches and fine tune skills. Bring your own materials.

MAHJONG

Monday at 11:30 a.m. (Aug.-May) – Free

Mahjong is a tile-based game that originated in China during the Qing dynasty. It is commonly played by four players.

RUMMIKUB

Thursday at 12:30 p.m. – Free

Rummikub is a tile-based game for two or four players, combining the elements of the card game Rummy and Mahjong.

OTHER CLASSES

CPR INSTRUCTION

Certification - First Saturday of each month at 10 a.m. – \$75 per certification

Friends & Family (non-certified) - First Saturday of each month at 2:30 p.m. –\$25

There are two CPR instruction classes available. One certification class (the American Heart Association), and one “friends and family” AED/CPR non certification class.

AFTER SCHOOL

ACTIVITIES

CLUB REC

Weekdays after school – \$100/semester

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FUN DAYS & SPRING BREAK CAMP

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Mar. 13, Apr. 10, Apr. 13) – \$15/day

Spring Break (Mar. 16-20) – \$75/week

Come spend your days off having fun with friends. Day may include games, swimming, crafts, music or field trip. Call the center for the day's itinerary. Price does not include field trip cost (when applicable). Hours are from 7:30 a.m. to 6 p.m. Please bring a bagged lunch, snacks and a water bottle.

SPECIAL EVENTS

SENIOR PANCAKE BREAKFAST

Feb. 19 at 9:30 a.m. – \$3/person

Join us for a morning of fellowship and food! Enjoy pancakes, sausage, juice and coffee!

SENIOR PROM

Mar. 11 at 5 p.m. – \$12/person or \$20/couple

Come dance the night away to your favorite tunes! Ticket price includes dinner and entertainment. Please register and pay in advance to assist with catering orders.

EASTER EGG HUNT

Apr. 4 at 9:00 a.m. – \$3/person

Come enjoy our annual Easter Egg Hunt in NFM Community Park! There will be refreshments, goodie baskets and prizes, pictures with Easter Bunny and LOTS of eggs!

SENIOR ICE CREAM SOCIAL

Apr. 15 at 12 p.m. – \$3/person

Ice cream, toppings, raffles and more! Bring a friend and join us for an afternoon of fun and laughter.



veterans park recreation center programs

55 Homestead Rd. S., Lehigh Acres, FL 33936 | (239) 369-1521 | www.leeparks.org/veterans

FITNESS CLASSES

INSANITY FITNESS

2 Sundays a month at Noon – Free

All muscle workout with intense cardio. No equipment needed. Any age welcome to come have fun while getting back in shape!

TOTAL BODY CONDITIONING

Tuesday & Thursday at 5:15 p.m. – Free

This class will increase strength and flexibility working all of the major muscle groups in a fun upbeat way. The last half of the class will focus on stretch and flexibility increasing your range of motion and releasing those tight muscles that may be causing lower back and leg discomfort. Wear comfortable clothes and athletic shoes. Mats and weights are in limited supply, please bring your own if possible.

YOGA

Tuesday & Thursday at 6:30 p.m. – \$55 for 8 classes, \$30 for 4 classes or \$10 drop-in

Do you want to increase your flexibility, range of motion and find some physical relief while in a relaxing and calming atmosphere? This yoga class is perfect for beginners as well as those with experience. Wear comfortable workout attire and bring a yoga mat, towel, small blanket and plenty of water.

PELE FITNESS – BODY SCULPTING

Tuesday & Friday at 9:30 a.m. – \$25/month

Full body cardiovascular & resistance training workout. All fitness levels welcome. Men & women ages 12 & older – class will meet out on the central lawn. Wear comfortable clothing, tennis shoes and bring a water bottle.

PERSONAL TRAINING

\$45 per 1 hour session Ages 14 & older+

Jerri Anderson has over 26 years of teaching and training experience specializing in land and water fitness. She will create a fun workout with you in mind. Call Jerri at (239) 218-1491 to schedule an appointment.

DANCERIZE/FLEXIBILITY

Wednesdays at 6:35 p.m. – \$35/month or \$10 drop-in

This is a FUNtastic way to help get in your daily exercise recommendation. This dance class teaches different types of dance routines and flexibility that can improve your physical health while having FUN. You will get a chance to meet and network with new people. Come and join the FUN - every Wednesday from 6:35 - 7:35 pm.

ART CLASSES

FLOW ART WORKSHOP

Wednesday at 5:30 p.m. – \$35 or \$10 drop-in

Go with the Flow and unleash your creativity with Flow art. Participants are encouraged to bring an old paint shirt to wear. Come out and have some fun creating beautiful artwork for friends and family. Instructor Melanie Lemaster will help you create using different techniques. Open to ages 14 & older. Call or pick up material list for class.

CLUBS & GROUPS

PHOTOGRAPHY PLUS CLUB

Third Saturday of the month from 1-4 p.m. – Free

Are you looking to take your photography skills to the next level? Meet other experienced photographers and practice new lighting, staging and subject in practice sessions. Must have own camera. This is for intermediate to advanced skilled photographers, ages 16 & older.

YOUTH CLASSES

PEE WEE PICASSO

Thursday at 10 a.m. – \$20/month

Ages 3-5. If painting and crafting are your preschooler's passion, then this class will help them discover their hidden talents.

PEE WEE GYM

Thursday at 11 a.m. – \$20/month

Ages 3-5. This class will help your toddlers learn basic coordination skills and some tumbling exercises.

DANCE & TUMBLE

Monday Level 1 at 5:15 p.m. Ages 3-4 – \$35 for 5 classes.

Level 2 at 6 p.m. Ages 5-7 – \$40 for 5 classes

Learn the basics of tumbling, dance steps and movement.

CHEERNASTICS

Monday at 7 p.m. – \$40 for 5 classes

Ages 8-15. This is an exciting class based on preparing students for squads. Focuses on proper warm-ups, motion workshops, jumps, acrobatics and dance moves.

YOUTH ART

**Thursday at 4:30 p.m. – \$50 for 4 classes
\$10 discount for 2nd child**

Ages 6-11. Paint, draw and craft in different mediums. Instructor will supply materials. Bring your creative side and have fun learning new skills.

BASIC ARCHERY

Wednesday at 6 p.m. – \$25 for 8 classes

Ages 6-17. Basic Archery is modeled after the National Archery in the Schools Program (NASP). This class will cover everything needed to start shooting a bow. Basic Archery will help to improve your child's attention, behavior and focus. The Genesis bow and all equipment will be supplied by the Sheriff's Youth Activities League. Classes held at the "Lodge" in the park.

MIXED MARTIAL ARTS

Tuesday & Wednesday

**Little Warriors, Ages 3-6, 4:15 p.m. – \$55,
Intermediate Warriors, Ages 7+ 5 p.m. – \$65
Advanced Warriors, Ages 7+ 6 p.m. – \$65**
S.E.M.B.A.C.T. Martial Arts consists of Mixed Martial Arts, Tai-Kwon-Do, Traditional and Olympic Style Sparring. The benefits of Martial Arts have been used to teach respect for oneself and toward others. This respect can be keynote in the development of a child's discipline and character. Self-respect and parental respect are natural outgrowths of the Martial Arts training. This self-confidence can be carried over to all aspects of life. Uniform cost is \$35 payable to the instructor

DANCEOGRAPHY

Wednesday at 4 p.m. – \$45/month

Ages 6-16. Teaches choreography, urban ballet, jazz and theatrical dance. Includes learning how to create dance skits. A dance recital for parents will showcase what the students have learned.

TUMBLING

Wednesday at 5 p.m. – \$55/month

Ages 6-16. Build physical endurance and fitness, coordination, self-esteem and promote healthy living while learning tumbling moves.

YOUTH INDOOR SOCCER

Saturday Ages 5-12, 9:30 a.m. – \$80/session

Intro-to-Soccer program for children 5-12 years of age. This high-energy program uses a variety of creative games and drills to teach basic soccer skills such as dribbling, passing and shooting. While inspiring children to experience the joy of soccer and being active. Games will be held after each practice.

FOOTBALL FUNDAMENTALS

Saturday Ages 5-16, 9 a.m. – Free

Football Fundamentals program for children 5-16 years of age. Football drills, plays, training tactics and coaching advice. Program meets on the field by the bandstand! Preregistration is required.

HOME SCHOOL CLASSES

HOME SCHOOL ARTS & CRAFTS

Tuesday at 10 a.m. – \$25/month

This is a perfect opportunity to encourage your child's creativity. Come join other homeschoolers for arts & crafts. All materials will be supplied.

HOME SCHOOL PE

Tuesday at 11 a.m. – \$20/month or \$5 drop-in

This is your opportunity for your homeschooled child to get out, get active and make new friends. This program is geared for children ages 6-14. Physical games and lots of activities played inside and outdoors. Bring a water bottle, wear comfortable clothing and tennis shoes.

AFTER SCHOOL ACTIVITIES

CLUB REC

Weekdays after school – \$100/semester

The school day is done; time to join Club Rec. This program provides children an outlet to burn off the stress of the school day through organized games, activities, clubs, sports, crafts and homework time.

FUN DAYS & SPRING BREAK CAMP

**Teacher In-Service Days (Feb. 10, Feb. 17,
Mar. 13, Apr. 10, Apr. 13) – \$15/day
Spring Break (Mar. 16-20) – \$75/week**

Come spend your days off having fun with friends. Day may include games, swimming, crafts, music or field trip. Call the center for the day's itinerary. Price does not include field trip cost (when applicable). Hours are from 7:30 a.m. to 6 p.m. Please bring a bagged lunch, snacks and a water bottle.

SPECIAL EVENTS

YARD SALE

Mar. 28 at 8 a.m. - \$5/space (3 space maximum)

Register for your space now! This is a great way to sell your stuff. Clean out your closets, garages and homes; turn your trash into another's treasure. Space is limited.

EASTER EVENT – COLORED COCONUT HUNT

Apr. 11 at 10 a.m. – Ages 0-11 - \$5

If a rabbit can lay eggs, then we most certainly can lay coconuts. Colored coconuts and eggs are hidden in designated areas of the park. Bring your Easter basket and join the hunt. There will be games, face painting, and visit from the Easter Bunny. Bring your camera for that once in a life time photo. Prizes will be given for different colored coconuts. You must pre-register, there are limited spaces!



wa-ke hatchee recreation center programs

16760 Bass Road, Fort Myers, FL 33908 | (239) 432-2154 | www.leeparks.org/wake

FITNESS CLASSES

BASIC/FLOW YOGA (ALL LEVELS)

Tuesday & Thursday at 10 a.m. (Oct- Mar.) – \$60/month or \$12/class

Basic/Flow yoga class is a progressive class starting in October. You will learn basic Asanas (postures), alignment & breathing techniques. Asanas will progressively be added. Flow yoga - each posture flows into the next. Each class ends with meditation.

GENTLE YOGA

Tuesday at 6:30 p.m & Wednesday at 10 a.m. – \$60/month or \$10/class

The Tuesday evening class is the combination of pranayama, stretching, balancing asanas, relaxation and guided meditation. The Wednesday Morning class is the combination of pranayama, asanas for strength, flexibility, balance improvement and relaxation.

JAZZERCISE – LO DANCE MIXX

Monday, Wednesday & Friday at 9 a.m. Saturday at 9:30 a.m. – \$42/month or \$10/class

Torch fat, sculpt lean muscle and crush calories with this high intensity workout that mixes dance-based cardio with strength training. Fresh pulse-pounding music and body-blasting moves bring the intensity to transform your body, boost your mood and ignite your energy!

JAZZERCISE - STRENGTH 45

Tuesday & Thursday at 9 a.m. – \$40/month or \$10/class

Forge the right, lean body you are looking for while the pulse-pounding playlist distracts you from the burn. Fire up the muscles-all of them in this 45-minute hard-core muscle sculpting strength workout.

LINE DANCING

Wednesday at 11a.m. – \$5 per class

Come on down and enjoy a night of fun line dancing! Dances include country line dancing, Cha Cha, Rumba, Salsa and much more!

SANCHIN-RYU

Thursday at 6 p.m. (Children ages 4-12), 7 p.m. (Family class), 8 p.m. (Adults) \$30/8-week session

Sanchin-Ryu students study in a non-competitive environment, studying Sanchin-Ryu's practical movements and no-nonsense approach in self-defense. Special uniforms are not required.

BEGINNER TAI CHI

Monday & Thursday at 1 p.m. – \$28/4-week session

Learn to experience meditation in motion. Gentle, slow rhythmic movements that will aid balance, help maintain flexibility, help lower blood pressure and improve respiration. Classes will include Yang Style Tai Chi, Chi Gong, and gentle exercise to enhance flowing movement through your body along with the rooted balance characteristics of Tai Chi.

INT/ADV TAI CHI

Monday at 11 a.m. & Wednesday at 1 p.m. \$28/4-week session

Learn to experience meditation in motion. Gentle, slow rhythmic movements that will aid balance, help maintain flexibility, help lower blood pressure and improve respiration. Classes will include Yang Style Tai Chi, Chi Gong, and gentle exercise to enhance flowing movement through your body along with the rooted balance characteristics of Tai Chi.

YOGA (ALL LEVELS)

Monday & Wednesday at 6:30 p.m. – \$45/month or \$10/class, Add Saturday at 10:30 a.m. – \$15 more per month

In Yoga, the forgotten linking of postures is taught to move from one posture right into the next. There is a cardiovascular component as well as strength, flexibility, and freeing of the mind.

ZUMBA

Tuesday & Thursday at 9 a.m. Saturday at 9:30 a.m. \$40/month or \$6/class

Zumba combines high energy, motivating Latin and International music with unique dance moves that create a dynamic, exciting, and effective workout.

ZUMBA GOLD

Tuesday & Thursday at 10 a.m. (Jan. only) \$35/month or \$6/class

The easy-to-follow program that lets you move to the beat at your own speed. It is a community-oriented dance-fitness class that feels fresh and exhilarating! Zumba Gold provides modified, low-impact moves and easy-to-follow pacing for a healthy lifestyle!

CLUBS & GROUPS

FAMILY GAME NIGHT

Monday at 6:30 p.m. – Free

Come join us at Wa-ke Hatchee for Family Game Night.

MIDDLE SCHOOL NIGHT

Check with center for schedule – Free

Open gymnasium, game room time, a special guest & pizza! See the monthly facility calendar online or at the front desk for the next day and time this is offered.

PICKLEBALL CLINIC (OUTSIDE COURTS)

Check with center for schedule – Free

New to pickleball? Have questions about the sport? Come to the Intro to Pickleball, led by pickleball volunteers on a monthly basis, to answer questions you may have about the fundamentals of the sport and how it is organized at Wa-Ke Hatchee Rec Center.

SENIOR MAH-JONGG

**Wednesday at 6 p.m. and Saturday at Noon
Free**

All games follow the National Mah-Jongg League Rules. Tiles and cards are available. All are welcome and no reservations or partners needed!

SENIOR BRIDGE

Friday at 12:30 p.m. – Free

Social Bridge - 6 rounds of 4 hands with Chicago style scoring. All are welcome; no reservations or partners needed!

EUCHRE

Wednesdays at 11a.m. – Free

Euchre is a trick-taking card game most commonly played with four people in two partnerships with a deck of 24, 28, or sometimes 32, standard playing cards.

AFTER SCHOOL

ACTIVITIES

CLUB REC

Weekdays after school – \$100/semester

The school day is done; time to join Club Rec. This program provides children an outlet to burn off the stress of the school day through organized games, activities, clubs, sports, crafts and homework time.

FUN DAYS & SPRING BREAK CAMP

Teacher In-Service Days (Feb. 10, Feb. 17,

Mar. 13, Apr. 10, Apr. 13) – \$15/day

Spring Break (Mar. 16-20) – \$75/week

Come spend your days off having fun with friends. Day may include games, swimming, crafts, music or field trip. Call the center for the day's itinerary. Price does not include field trip cost (when applicable). Hours are from 7:30 a.m. to 6 p.m. Please bring a bagged lunch, snacks and a water bottle.

SPECIAL EVENTS

EASTER EGG HUNT

April 11, 2020 – \$5/child

Join us for an EGG-ceptional event at Wa-Ke Hatchee! Children ages 0-12, their families, and friends are welcome to enjoy a morning of hunting for eggs and visiting with the Wa-Ke Hatchee Easter Bunny! Bring a camera; refreshments will be provided. Egg hunt starts at 10:35 a.m. – right after the bunny's arrival. Participation is \$5 (cash only) per child; adults can attend for free.



community center programs

www.leeparks.org/centers

BOCA GRANDE COMMUNITY CENTER

131 First Street W., Boca Grande, FL 33921 | (941) 964-2564

19TH ANNUAL BOCA GRANDE 5K RUN & FUN WALK

Feb. 23, 2020 at 7:30 a.m.

Join us for an island run through historic Boca Grande. Start your run at the Boca Grande Community Center, pass beautiful views of Charlotte Harbor and the famous Gasparilla Inn, go along scenic Gilchrist Avenue and finish on Banyan Street. For more information go to www.runbocagrande.com

BIKE PARADE AND WOMAN'S CLUB FAIR

Mar. 28, 2020 at 10:30 a.m. – Free

Decorate your bike, scooter, wagon, golf cart or yourself and join the annual Bike Path Parade. Awards are given in four categories: Business/Commercial, Non-Profit Organizations, Group Entry and Children. Registration forms can be obtained at the Boca Grande Community Center. The theme for the Woman's Club Fair is the same theme for the Bike Path Parade.

BOCA GRANDE EGG HUNTS

April 11 at 10 a.m. – Free

Bring your camera for pictures with the Easter Bunny. There will be three separate egg hunts, starting with the 4-and-under age group. The 5-7 age group will go next and the 8-11 age group will finish the event. We encourage everyone to arrive by 9:50am. Please drop off one bag of Individually wrapped soft candy per child by Friday, April 10th. Please do not bring hard candy.

YOUTH FISHING TOURNAMENT

April 25 from 9 a.m.-11 a.m. – Free

Grab your fishing pole and tackle box and come join the family fun at our youth fishing tournaments. The tournament is for boys and girls ages 15 and under. Bait will be provided (no lures allowed). All children must be supervised by a parent or guardian for this event. This is a catch-and-release tournament. Registration is not necessary; just be at the pier ready to fish by 9 a.m. Refreshments are not provided so please bring what you need to drink and eat.

FRIENDS OF BOCA GRANDE SPECIAL EVENTS

Events located on the green at the Boca Grande Community Center. For tickets and info call the Friends office at (941) 964-0827 or visit www.friendsofbocagrande.org. Listed prices are for general admission.

Boca Grande Live! – \$45

- "The Kruger Brothers" Feb. 6, 2020 at 7 p.m.
- "Brentano Quartet" Mar. 1, 2020 at 7 p.m.

Bolshoi Ballet – \$15

- "Swan Lake" Mar. 23, 2020 at 5 p.m.
- "Jewels" May. 4, 2020 at 5 p.m.

National Theatre Live Simulcast – \$15

- "All About Eve" Feb. 24, 2020 at 5 p.m.
- "The Audience" Apr. 13, 2020 at 5 p.m.

Great Art on Screen – \$15

- "The Prado Museum" Feb. 7, 2020 at 5 p.m.

Great Adventures & Explorations – \$35

- "Jonathan Baillie: Exploration & The Future of National Geographic" Feb. 26, 2020 at 4:30 p.m.
- "Tom Cross: Backcountry Hiking" Mar. 25, 2020 at 4:30 p.m.

American Presidents & Politics – \$35

- "Josiah Bunting: Ulysses S. Grant" Feb. 12, 2020 at 3:30 p.m.
- "Fredrik Logevall: John F. Kennedy" Mar. 18, 2020 at 4:30 p.m.
- "Matthew Algeo: Grover Cleveland" Apr. 15, 2020 at 4:30 p.m.

History & Heritage – \$35

- "Elaine Weiss: The Woman's Hour" Mar. 30, 2020 at 4:30 p.m.

Coconut Cabaret – \$35

- "Cece Teneal: Motown" Apr. 16, 2020 at 8 p.m.

American Revolution Symposium – \$45

- "Rick Atkinson: The British are Coming" Apr. 22, 2020 at 10 a.m.
- "Patrick Griffin: People and Cultures on the Move" Apr. 22, 2020 at 2 p.m.

- "Christopher P. Magra: Something Fishy in New England" Apr. 23, 2020 at 10 a.m.
- "Andrew O'Shaughnessy: The First Salute" Apr. 23, 2020 at 2 p.m.
- "Tom Brokaw: Armchair Chat" Apr. 23, 2020 at 7 p.m.
- "Michael A. Blaakman: A Revolution for Empire" Apr. 24, 2020 at 10 a.m.
- "Edward Countryman: Getting to know George Washington" Apr. 24, 2020 at 2 p.m.

KARL J. DREWS

COMMUNITY CENTER

18412 Lee Road, Fort Myers, FL 33967 | (239) 267-2181

CLUB REC

Weekdays after school – \$100/semester

The school day is done; time to join Club Rec. This program provides children an outlet to burn off the stress of the school day through organized games, activities, clubs, sports, crafts and homework time.

FUN DAYS & SPRING BREAK CAMP

Teacher In-Service Days (Feb. 10, Feb. 17, Mar. 13, Apr. 10, Apr. 13) – \$15/day

Spring Break (Mar. 16-20) – \$75/week

Come spend your days off having fun with friends. Day may include games, swimming, crafts, music or field trip. Call the center for the day's itinerary. Price does not include field trip cost (when applicable). Hours are from 7:30 a.m. to 6 p.m. Please bring a bagged lunch, snacks and a water bottle.

VARIETY CLUB

Weekdays at 10 a.m.

This program was developed for those adults with intellectual and/or developmental disabilities who are living independently. Activities will vary, but will include art and music helping to develop motor skills and social skills.

SOCIAL CLUB

Friday at 6:30 p.m.

This program provides individuals with intellectual and/or developmental disabilities the opportunity to hang out with their friends or even make new friends through organized activities and a special outing on the first and third Friday of each month.

LEHIGH ACRES

SENIOR CENTER

219 Plaza Dr., Lehigh Acres, FL 33936 | (239) 369-5355

Membership is \$24 for six months, or \$30 for a year. All classes listed below are included in the membership fee with no extra charge.

CHAIR YOGA

Monday & Tuesday at 1 p.m.

Wednesday at 10:30 a.m.

Friday at 11:45

Chair Yoga class is perfect for seniors that may be concerned about balance. Wear comfortable clothing.

DANCERCISE

Monday at 9:15 a.m.

Prepare to get your blood pumping. Dance and exercise all in one. Wear comfortable clothing, tennis shoes and bring a water bottle.

LINE DANCING

Wednesday at 11:30 a.m. (Intermediate) and Friday at 9:30 a.m. (Beginners)

Let's have fun moving to country music. Whether you are a beginner needing to learn the steps or a seasoned dancer, come join our family.

TAI CHI

Monday, Wednesday and Friday at 8:15 a.m.

This class will cover warm ups and a set exercise designed for spinal health and joint rotation. We use Qigong and Simplified Yang 24. Meditation will be taught as well.

WALKERS

Monday-Friday at 8 a.m.

Enjoy walking with other seniors around the facility. We walk inside when weather dictates.

ZUMBA

Wednesday at 9:15 a.m.

Join us as we move to the sounds of Latin music. You will get a great workout with friends.

community center programs

www.leeparks.org/centers

OLGA

COMMUNITY CENTER

2325 South Olga Drive, Fort Myers, FL 33905 | (239) 728-2882

ZUMBINI

Thursday at 10:30 a.m. – \$40/month

Zumbini is designed to stimulate learning, inspire dance and movement, and strengthen the bond between parent and child.

YOGA-HATHA

Wednesday at 9:30 a.m. – Free

The 75 minute classes are well rounded, slow paced and health oriented. They are appropriate for different experience levels including beginners. Bring a yoga mat and stretch band or strap. Optional props are an eye mask and a blanket.

ZUMBA

Tuesday & Thursday at 6:30 p.m. – \$40/month

Zumba combines high energy, motivating Latin and international music with unique dance moves that create a dynamic, exciting and effective work-out. Exercise should never be boring... and with Zumba, it's not!

CLUB REC

Weekdays after school – \$100/semester

The school day is done; time to join Club Rec. This program provides children an outlet to burn off the stress of the school day through organized games, activities, clubs, sports, crafts and homework time.

FUN DAYS & SPRING BREAK CAMP

Teacher In-Service Days (Feb. 10, Feb. 17, Mar. 13, Apr. 10, Apr. 13) – \$15/day

Spring Break (Mar. 16-20) – \$75/week

Come spend your days off having fun with friends. Day may include games, swimming, crafts, music or field trip. Call the center for the day's itinerary. Price does not include field trip cost (when applicable). Hours are from 7:30 a.m. to 6 p.m. Please bring a bagged lunch, snacks and a water bottle.

MATLACHA

COMMUNITY CENTER

4577 Pine Island Road N.W., Matlacha, FL 33993
(239) 283-4110

CLUB REC

Weekdays after school – \$100/semester

The school day is done; time to join Club Rec. This program provides children an outlet to burn off the stress of the school day through organized games, activities, clubs, sports, crafts and homework time.

FUN DAYS & SPRING BREAK CAMP

Teacher In-Service Days (Feb. 10, Feb. 17, Mar. 13, Apr. 10, Apr. 13) – \$15/day

Spring Break (Mar. 16-20) – \$75/week

Come spend your days off having fun with friends. Day may include games, swimming, crafts, music or field trip. Call the center for the day's itinerary. Price does not include field trip cost (when applicable). Hours are from 7:30 a.m. to 6 p.m. Please bring a bagged lunch, snacks and a water bottle.

HOMESCHOOL GROUP

Thursday at 10 a.m.-12 p.m. – Free

Join us for an afternoon of fun games and crafts. Please wear closed toe shoes

QUILTERS

Tuesday at 10 a.m.-2 p.m. – \$30/year

Senior quilters group meets every Tuesday. Share fun and friendship as we work. Brown bag it and stay for lunch!

OPEN REC PICKLEBALL

Monday & Wednesday at 10 a.m., Friday at 12:30p.m. – Free

Matlacha Community Center now has an indoor pickleball court available. No black soled shoes and you must supply your own racquet and balls.

YOGA

Friday 10:30a.m-noon – \$15

This class combines fitness moves with traditional yoga postures linked together in a flowing format. No previous yoga experience necessary. Wear comfortable clothes and bring a mat.

BAPTISTE YOGA

Friday 9:30 a.m.-10:15 a.m. – \$10

Using the Journey into Power sequence, practitioners familiar with the core poses (asanas) of classical yoga and Sun Salutation sequences will explore a powerful practice without limitations, bringing them to and beyond their edge. Experience the self-discovery and rejuvenation of Baptiste Power Yoga in a fast-paced 45 minute format.



KNOW BEFORE YOU GO

Community centers are smaller, localized community venues for programs and events. The community centers do not have a membership fee, with the exception of the Lehigh Acres Senior Center.

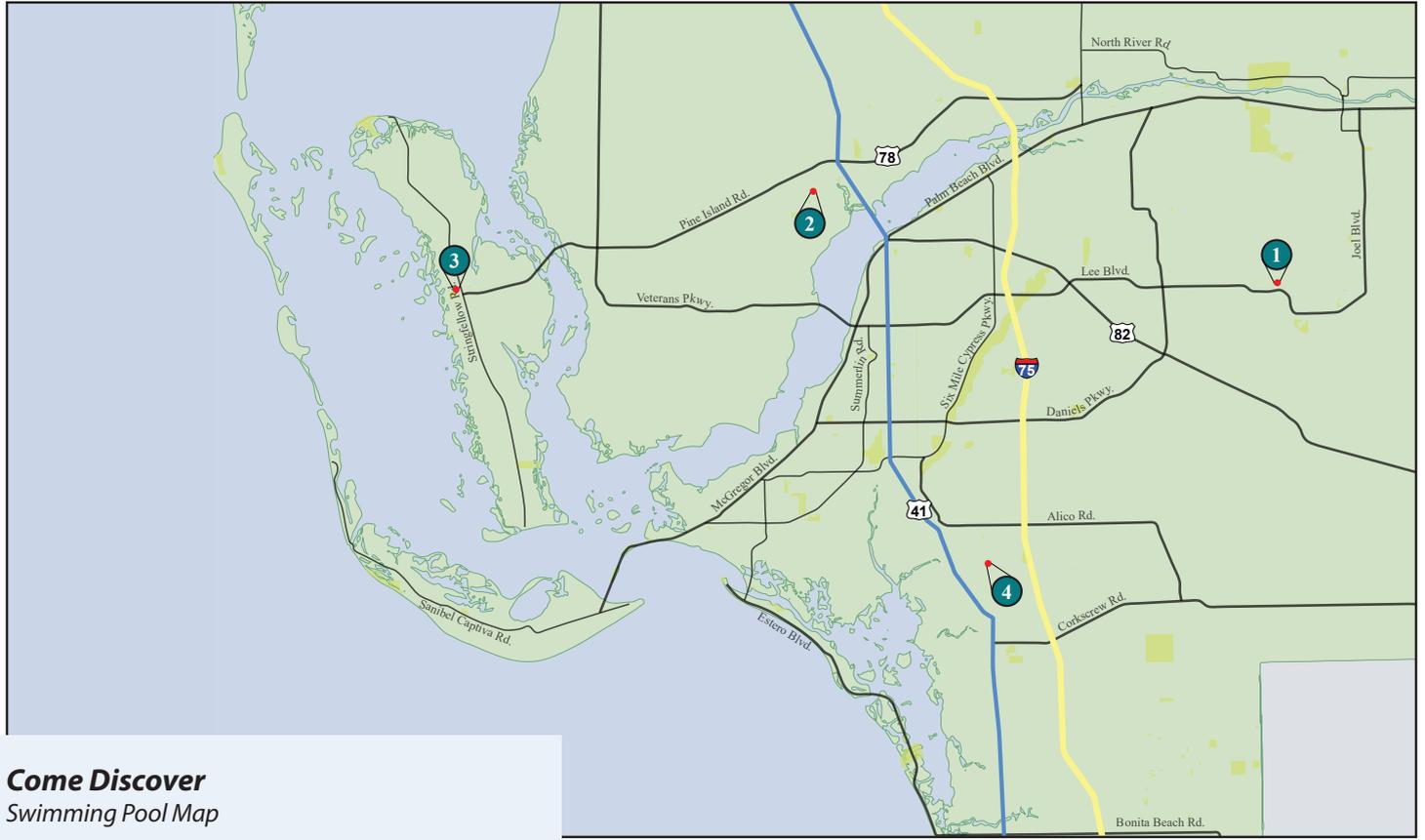
Rentals

Many of the community centers can be rented for private events. Contact each center for rates and scheduling.

Senior Center Membership

Six Month Membership	\$24
Annual Membership	\$30

swimming pools



Come Discover
Swimming Pool Map

1. LEHIGH ACRES COMMUNITY POOL (239) 369-8277
1400 West 5th Street, Lehigh Acres, FL 33972

2. NORTH FORT MYERS COMMUNITY POOL (239) 652-4520
5170 Orange Grove Blvd., North Fort Myers, FL 33903

3. PINE ISLAND COMMUNITY POOL (239) 283-2220
5675 Sesame Drive, Bokeelia, FL 33922

4. SAN CARLOS COMMUNITY POOL (239) 267-6002
8208 Sanibel Blvd., Fort Myers, FL 33967





swimming pool programs

Community Pools are open year-round and offer programs for all ages | www.leeparks.org/pools

FREE WATER EXERCISE CLASSES

AQUA AEROBICS

Lehigh Acres Community Pool

Tuesday-Friday at 10:30 a.m.

North Fort Myers Community Pool

Tuesday-Friday at 10:30 a.m.

Pine Island Community Pool

Monday & Wednesday at 10:30 a.m.

San Carlos Community Pool

Tuesday-Friday at 10:30 a.m.

This is a cardiovascular workout followed by a series of toning and stretching exercises.

Appropriate for all ages, swimmers and non-swimmers of any fitness level.

DEEP WATER AEROBICS

Pine Island Community Pool

Tuesday & Thursday at 10:30 a.m.

This workout tones and strengthens with less stress on the joints. Class size may be limited by available equipment.

WATER WALKING

San Carlos Community Pool

Wednesday & Friday at 11:30 a.m.

30 minutes of water walking is equal to 90 minutes on land, a great cardiovascular workout! Appropriate for all ages, swimmers and non-swimmers of any fitness level.

BALANCE AND FLEXIBILITY CLASS

Lehigh Acres Community Pool

Tuesday & Thursday at 11:30 a.m.

North Fort Myers Community Pool

Tuesday & Thursday at 11:30 a.m.

San Carlos Community Pool

Tuesday & Thursday at 11:30 a.m.

Slow and gentle guided water exercises, which may alleviate symptoms of arthritis and promote independence and self-esteem.

SWIMMING LESSONS

YOUTH SWIMMING LESSONS

www.leeparks.org/pools for schedule

LEARN TO SWIM: ADULTS

www.leeparks.org/pools for schedule

8 classes, 45 minutes each

This class is for the adult who has never had swimming lessons or those who want to feel more confident in the water.

1-ON-1 LESSONS

Call any community pool to schedule

30 minutes - \$20

Learn basic swim skills/techniques tailored to individual needs.

ADAPTED SWIM

Call San Carlos Community Pool to schedule

Ages 4-12. Developed for parents/caregivers and children with special needs. Provides time to learn water adjustment skills, range of motion and basic swim with the child.

Instructors are certified in water safety instruction.

OTHER PROGRAMS

OPEN SWIM

Open swim with lifeguards on duty. The pool may close due to our lightning policy or if the temperature is under 60 degrees including wind chill.

SWIM AND STAY FIT

Up to two lanes available at community pools for serious lap swimmers.

COMPETITIVE SWIMMING

Year-round youth swim teams can be found by going to www.usaswimming.org or www.usms.org.

KNOW BEFORE YOU GO

Daily Admission Rates

Kids Day Pass (under 18)	\$2
Adults Day Pass (18+)	\$3

Pool Pass Options

Six Month Individual Pass	\$55
One Year Individual Pass	\$75
Six Month Family Pass	\$70
One Year Family Pass	\$100

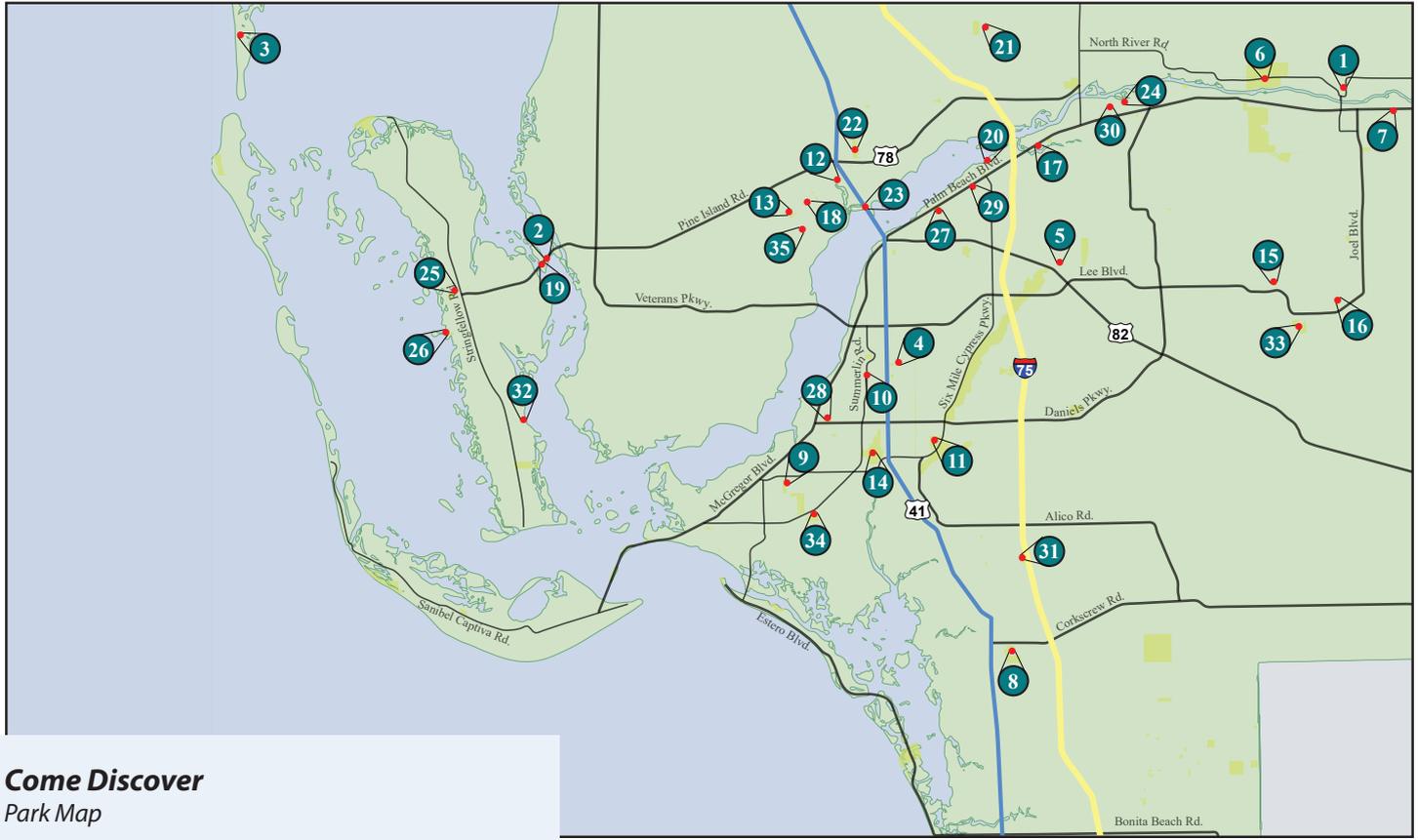
Senior Pool Pass Options

Senior Day Pass	\$2
Six Month Pass	\$24
One Year Pass	\$40

Pool Closures and Weather

Pools will close when it is less than 60° outside including wind chill. When lightning is detected all patrons must exit the pool until given the "all clear" by pool staff. No refunds will be issued for closures.

parks, preserves and beaches



Come Discover
Park Map

parks

1. ALVA PARK (239) 728-2882

21471 North River Road, Alva, FL 33920 | Baseball, Basketball, Fitness Station, Picnic Area, Playground, Pavilion, Tennis

2. BAT HOUSE PARK (239) 357-5443

4445 Pine Island Road, Matlacha, FL 33993 | Fishing, Picnic Area

3. BOCA GRANDE PARK (941) 964-2564

131 First Street W., Boca Grande, FL 33921 | Basketball, Picnic Area, Playground, Tennis, Volleyball

4. BROOKS PARK (239) 281-4630

50 South Road, Fort Myers, FL 33907 | Baseball, Football, Pickleball, Picnic Area, Tennis

5. BUCKINGHAM PARK (239) 229-0536

9800 Buckingham Road, Fort Myers, FL 33905 | Baseball, Dog-Friendly, Fishing, Football, Hiking, Picnic Area, Playground, Soccer

6. CALOOSAHATCHEE REGIONAL PARK (239) 694-0398

19130 North River Road, Alva, FL 33920 | Mountain Bike Trail, Campground, Fishing, Hiking, Equestrian Trail, Paddle Craft, Picnic Area, Pavilions, Walk/Jog Path

7. CHARLESTON PARK (239) 694-0398

2541 Charleston Park Drive, Alva, FL 33920 | Basketball, Picnic Area, Playground

8. ESTERO PARK (239) 533-1470

9200 Corkscrew Palms Blvd., Estero, FL 33928 | Basketball, Bocce, Disc Golf, Dog-Friendly, Fishing, Football, Horseshoes, Pickleball, Picnic Area, Playground, Pavilions, Soccer, Volleyball

9. HARLEM HEIGHTS PARK (239) 281-4630

7340 Concourse Drive, Fort Myers, FL 33908 | Baseball, Basketball, Picnic Area, Playground

10. HUNTER PARK (239) 281-4630

1526 Oak Drive, Fort Myers, FL 33906 | Basketball, Bicycle Path, Picnic Area, Playground

11. JOHN YARBROUGH LINEAR PARK (239) 771-1078

Six Mile Cypress to Crystal Drive | Bicycle Path, Dog-Friendly, Fishing, Picnic Area

12. JUDD PARK (239) 357-5443

1297 Parkview Ct., North Fort Myers, FL 33903 | Baseball, Dog-Friendly, Paddle Craft, Picnic Area, Playground, Tennis

13. KURT DONALDSON PARK (239) 357-5443

180 Hunter Blvd., Cape Coral, FL 33909 | Baseball, Basketball, Picnic Area, Playground, Tennis

14. LAKES PARK (239) 533-7575

7330 Gladiolus Drive, Fort Myers, FL 33908 | Bicycle Path, Fishing, Fitness Station, Paddle Craft, Picnic Area, Playground, Pavilions, Splash Pad, Volleyball, Walk/Jog Path

15. LEHIGH ACRES PARK (239) 369-1521

1400 W. 5th Street, Lehigh Acres, FL 33972 | Baseball, Fitness Station, Football, Picnic Area, Playground, Tennis

16. LEHIGH ACRES TRAILHEAD PARK (239) 369-1521

213 David Ave., Lehigh Acres, FL 33936 | Bicycle Path, Fitness Station, Picnic Area, Walk/Jog Path

17. MANATEE PARK (239) 690-5030

10901 Palm Beach Blvd., Fort Myers, FL 33905 | Fishing, Hiking, Paddle Craft, Picnic Area, Playground, Manatee Viewing Area

18. MARY MOODY PARK (239) 357-5443

910 Coconut Drive, North Fort Myers, FL 33903 | Picnic Area, Playground

19. MATLACHA PARK (239) 283-4110

4577 Pine Island Road NW, Matlacha, FL 33993 | Basketball, Boat Ramp, Fishing, Fitness Station, Paddle Craft, Pickleball, Picnic Area, Playground, Walk/Jog Path

20. MIRAMAR PARK (239) 533-7200

200 Avocado Ct., Fort Myers, FL 33905 | Picnic Area

21. NALLE GRADE PARK (239) 533-7200

8350 Nalle Grade Road, North Fort Myers, FL 33990 | Archery, Hiking, Picnic Areas

22. NORTH FORT MYERS PARK

(239) 533-7200 | 2000 N Recreation Park Way, North Fort Myers, FL 33903 | Baseball, Basketball, Disc Golf, Football, Pickleball, Picnic Area, Playground, Shuffleboard, Soccer, Walk/Jog Path

23. NORTH SHORE PARK (239) 357-5443

13001 N. Cleveland Ave., North Fort Myers, FL 33903 | Fishing, Paddle Craft, Picnic Area

24. OLGA PARK (239) 728-2882

2325 South Olga Drive, Fort Myers, FL 33905 | Basketball, Picnic Area, Playground, Shuffleboard, Tennis

25. PHILLIPS PARK (239) 282-5651

5675 Sesame Drive, Bokeelia, FL 33922 | Baseball, Pickleball, Picnic Area, Playground, Tennis

26. PINWOOD TRAILS PARK (239) 283-4110

5901 Pine Island Road N.W., Bokeelia, FL 33922 | Hiking

27. ROYAL PALM PARK (239) 533-7200

300 Royal Palm Park Road, Fort Myers, FL 33905 | Fishing, Picnic Area

28. RUTENBERG PARK (239) 281-4630

6500 South Pointe Blvd., Fort Myers, FL 33919 | Baseball, Basketball, Football, Racquetball, Picnic Area, Playground, Soccer, Tennis

29. SCHANDLER HALL PARK (239) 533-7200

419 Royal Palm Park Road, Fort Myers, FL 33905 | Basketball, Fitness Station, Football, Pickleball, Picnic Area, Playground, Soccer, Tennis, Volleyball, Walk/Jog Path

30. SHORES NATURE TRAIL PARK (239) 690-5030

13114 Fifth Street, Fort Myers, FL 33905 | Picnic Area, Playground, Walk/Jog Path

31. THREE OAKS PARK (239) 826-4426

18251 Three Oaks Pkwy., Fort Myers, FL 33967 | Baseball, Basketball, Football, Racquetball, Picnic Area, Playground, Soccer, Tennis, Volleyball

32. TROPICAL POINT PARK (239) 282-5651

Tropical Point Drive, Street James City, FL 33956 | Paddlecraft Launch, Picnic Area

33. VETERANS PARK (239) 369-1521

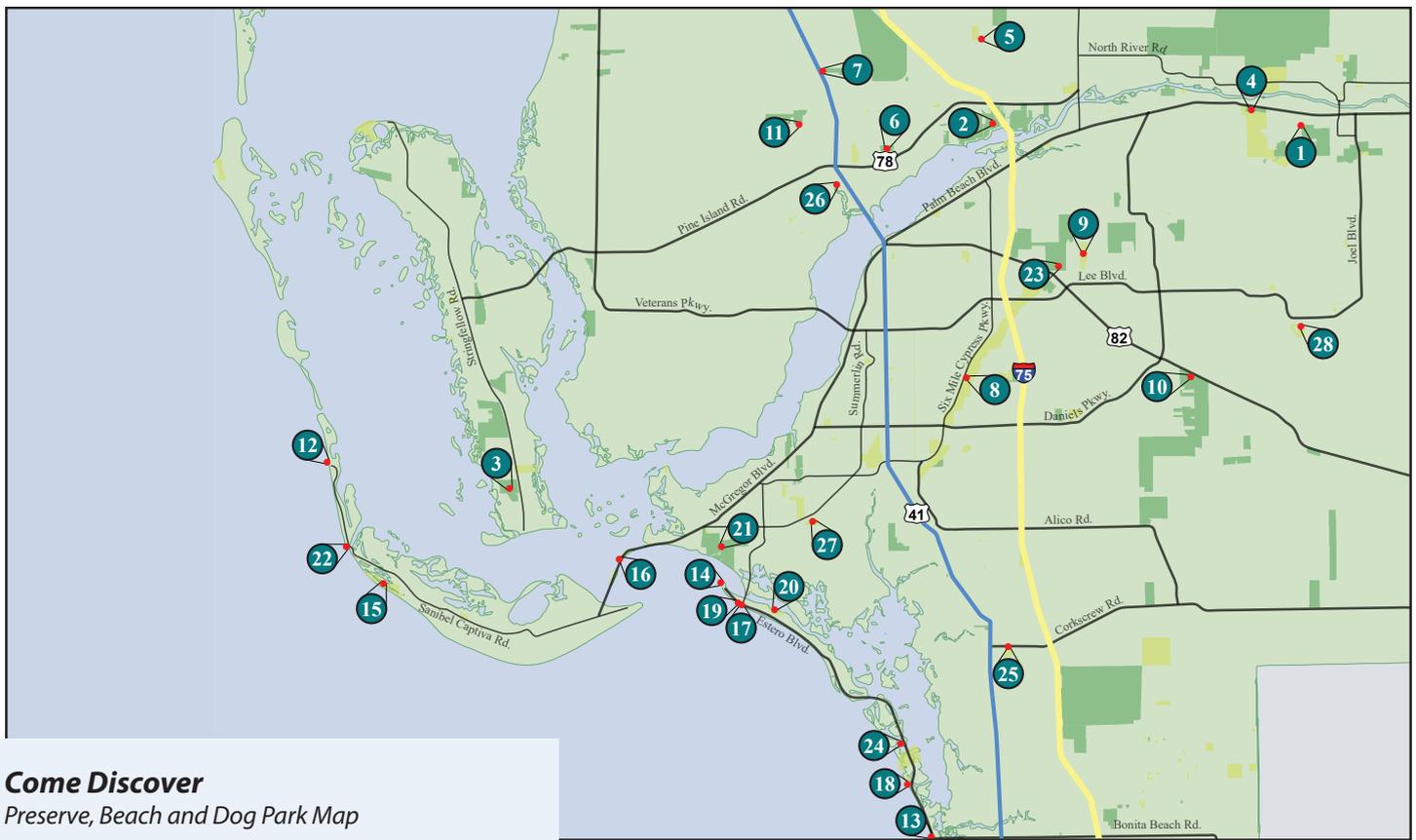
55 Homestead Road S., Lehigh Acres, FL 33936 | Baseball, Basketball, Dog-Friendly, Fishing, Football, Racquetball, Picnic Area, Playground, Pavilions, Skate Park, Soccer, Splash Pad, Tennis, Walk/Jog Path, Cricket Field

34. WA-KE HATCHEE PARK (239) 432-2154

16760 Bass Road, Fort Myers, FL 33908 | Basketball, Dog-Friendly, Football, Pickleball, Picnic Area, Playground, Soccer, Tennis, Volleyball, Walk/Jog Path

35. WATERWAY PARK (239) 357-5443

5820 Poetry Lane, North Fort Myers, FL 33903 | Basketball, Picnic Area, Playground, Shuffleboard, Tennis



Come Discover

Preserve, Beach and Dog Park Map

preserves

1. ALVA SCRUB PRESERVE (239) 707-2206

2891 Goggin Rd., Alva, FL 33920 | Hiking, Equestrian Trails
Primitive Bicycle Path

2. CALOOSAHATCHEE CREEKS PRESERVE (239) 707-0862

17100 McDowell Drive & 10130 Bayshore Road, North Fort Myers, FL 33917 | Hiking, Boardwalk, Primitive Bicycle Path, Dog-Friendly, Fishing, Paddlecraft Launch, Restrooms

3. GALT PRESERVE (239) 822-7942

3661 Stringfellow Road, St. James City, FL 33956 | Hiking, Boardwalk, Dog-Friendly, Fishing, Picnic Area, Pavilion, Restrooms

4. HICKEY CREEK MITIGATION PARK (239) 694-0398

17980 Palm Beach Blvd., Alva, FL 33920 | Hiking, Fishing, Paddlecraft Landing, Picnic Area, Pavilion, Amphitheater, Restroom

5. POP ASH CREEK PRESERVE (239) 707-0862

9451 Nalle Grade Rd., North Fort Myers, FL 33917 | Hiking, Equestrian Trails, Fishing

6. POWELL CREEK PRESERVE (239) 560-2152

15601 Hart Road, North Fort Myers, FL 33917 | Hiking, Primitive Bicycle Path

7. PRAIRIE PINES PRESERVE (239) 560-2152

18400 N Tamiami Trl., North Fort Myers, FL 33903 | Hiking, Equestrian Trails, Dog-Friendly, Picnic Area, Restrooms

8. SIX MILE CYPRESS SLOUGH PRESERVE (239) 533-7550

7751 Penzance Blvd., Fort Myers, FL 33966 | Boardwalk, Pavilion, Picnic Area, Restrooms, Amphitheater, Interpretive Center

9. SIX MILE CYPRESS PRESERVE NORTH (239) 220-9914

11400 Lockett Road Ext., Fort Myers, FL 33905 | Hiking, Equestrian Trails

10. WILD TURKEY STRAND PRESERVE (239) 707-3325

11901 Rod & Gun Club Road, Fort Myers, FL 33913 | Hiking, Restrooms, Picnic Area, Pavilion

11. YELLOW FEVER CREEK PRESERVE (239) 707-8251

2801 Del Prado Blvd., Cape Coral, FL 33909 | Hiking, Fishing

ADDITIONAL PRESERVES

For more information about Lee County's Conservation 20/20 preserves, including additional locations and recreation opportunities, visit www.conservation2020.org.

beaches

12. ALISON HAGERUP BEACH PARK (239) 472-2472

14790 Captiva Drive, Captiva, FL 33924 | Beach Access, Picnic Area

13. BONITA BEACH PARK (239) 949-4615

27954 Hickory Blvd., Bonita Springs, FL 34134 | Paddlecraft Launch, Picnic Area, Playground

14. BOWDITCH POINT BEACH PARK (239) 432-2154

50 Estero Blvd., Fort Myers Beach, FL 33931 | Paddlecraft Launch, Picnic Area

15. BOWMAN'S BEACH PARK (239) 472-6397

1700 Bowman's Beach Road, Sanibel, FL 33957 | Fishing, Hiking, Paddlecraft Launch, Picnic Area

16. CAUSEWAY ISLANDS (239) 432-2154

19931 Sanibel Causeway Road | Dog-Friendly, Fishing, Beach Access, Paddlecraft Launch, Pavilion, Picnic Area, Restrooms

17. CRESCENT BEACH FAMILY PARK (239) 432-2154

1100 Estero Blvd., Fort Myers Beach, FL 33931 | Picnic Area

18. LITTLE HICKORY ISLAND BEACH PARK (239) 949-4615

26082 Hickory Blvd., Bonita Springs, FL 34134 | Beach Access, Paddlecraft Launch, Picnic Area

19. LYNN HALL MEMORIAL BEACH PARK (239) 432-2154

950 Estero Blvd., Fort Myers Beach, FL 33931 | Fishing, Beach Access, Picnic Area

20. MATANZAS PASS PRESERVE (239) 432-2154

199 Bay Road, Fort Myers Beach, FL 33931 | Hiking, Paddlecraft Landing, Fishing, Geocaching, Picnic Area

21. SAN CARLOS BAY - BUNCHE BEACH PRESERVE

(239) 432-2154 | 18201 John Morris Road, Fort Myers, FL 33908
Beach Access, Paddlecraft Launch, Fishing, Picnic Area

22. TURNER BEACH (239) 472-6397

17200 Captiva Drive, Sanibel, FL 33957 | Beach Access, Paddlecraft Launch, Restrooms

BEACH ACCESSES www.leeparks.org/beaches

Beach accesses are available on Estero Island and Bonita Beach. These accesses may have limited parking, so consider taking the trolley from the LeeTran Beach Park & Ride. Learn more at www.rideleetrans.com.

dog parks

Designated areas for off-leash play with other dogs

23. BARKINGHAM DOG PARK (239) 340-6027

9800 Buckingham Road, Fort Myers, FL 33905

24. DOG BEACH DOG PARK (239) 949-4615

8800 Estero Blvd., Fort Myers Beach, FL 33931

25. K-9 CORRAL DOG PARK (239) 533-1470

9200 Corkscrew Palms Blvd., Estero, FL 33928

26. POOCH PARK DOG PARK (239) 357-5443

1297 Parkview Court, North Fort Myers, FL 33903

27. WOOF-A-HATCHEE DOG PARK (239) 432-2154

16760 Bass Road, Fort Myers, FL 33908

28. PAWS 4 DUTY DOG PARK (239) 369-1521

55 Homestead Road S., Lehigh Acres, FL 33936

ON-LEASH DOG WALKING

Find Dog-Friendly Parks Online

Our website allows you to search for different parks and features. Click on "Dog Parks" to see a full list of our dog-friendly parks and to learn more about taking your dog with you to visit our parks! www.leeparks.org/dogs

New Parks Ordinance

As of April 2018, on-leash dog walking has been expanded to be allowed in many more parks than previously permitted. This was done by means of the new county ordinance 18-12. Check out the park features listed by each park location to see if it is dog-friendly or go to www.leeparks.org/dogs for a complete list of new dog-friendly parks!

Do Your Duty

Please remember to attend to the doo! Uncollected pet waste can degrade the water quality in Lee County. To learn more, please visit www.DoYourDuty.org.



parks and preserves programs

Programs and events at our various parks and preserves | www.leeparks.org/parks

BOWDITCH POINT PARK

50 Estero Blvd., Fort Myers, FL | (239) 229-1610

BARRIER ISLAND WALK & RAMBLE

Fridays at 9 a.m. (Nov.-Apr.) – Free

Learn the importance of barrier islands and their unique ecosystem and how they protect the mainland.

EXPLORING THE FIVE NATURAL COMMUNITIES

Tuesdays at 9:30a.m. (Jan.-Mar.) – Free

Tour the five natural plant communities of Bowditch Point Park.

CALOOSA HATCHEE

REGIONAL PARK

19130 North River Road, Alva, FL 33920 | (239) 694-0398

HOMESCHOOL & PRESCHOOL GROUP

\$15/student

Students meet once a month to participate in wet walks, hiking, kayaking, fishing and more!

GUIDED WALKS

Feb. 18, Mar. 17 and April 21, 2020 at 9 a.m. – Free

A guided nature walk that teaches you about the plants and wildlife found within the park.

SPECIAL EVENTS

Fire-Side Family & Fun – Feb. 15 and Mar. 21, 2020

HICKEY CREEK

MITIGATION PARK

17980 Palm Beach Blvd., Alva, FL 33920 | (239) 694-0398

GUIDED NATURE WALK

First Tuesday of the month at 9 a.m. (Oct.-May) – Free

These guided nature walks take you through the various ecosystems found along the trails in the park.

LAKES REGIONAL PARK

7330 Gladiolus Drive, Fort Myers, FL 33908 | (239) 533-7575

LAKES PARK WALKING TOUR WITH BIRD PATROL

First Saturday of the month at 8 a.m. – Free

Meet at Shelter A-7 for a walking guided bird tour.

BOTANIC GARDEN TOURS

Second Saturday of the Month (Nov.-Apr.) at 9 a.m. – Free

Tours led by a Master Naturalist. Meet at the Community Garden sign.

FRAGRANCE GARDEN PLANT SALE

Last Wednesday of the month at 9 a.m. (Oct.-May)

STORY TIME IN THE GARDEN

Third Wednesday of the month at 10 a.m. (Oct.-Apr.) – Free

Meet in the Children's Garden, each story is appropriate for infants to third graders. Story Walk is also available as a self-guided tour along story posts in the Children's Garden during park hours.

TRAIN VILLAGE RIDES AND TRAIN MUSEUM

Weekdays from 10 a.m.-2 p.m., Weekends from 10 a.m.-4p.m.

Come out for a miniature train ride through the Lakes Park Train Village. It's fun for the whole family. Check the website for schedule.

FARMERS MARKET

Wednesdays from 9 a.m.-1 p.m. (Oct.-Apr.)

Come for fresh produce, food and vendors! Visit www.buylocallee.com to learn more.

EGGS & EARS 5K FUN WALK

Saturday April 11, 2020

Presented by The Rotary Club of Fort Myers-Sunrise to benefit The Lakes Park Foundation visit www.fmsunriserotary.com to learn more.

AN EVENING UNDER THE STARS

Thursday Mar. 5, 2020 from 5:30-8:30 p.m.

Please join the Lakes Park Enrichment Foundation at Amavida Living for their 2nd Annual Spring Fundraiser - An Evening Under The Stars. Featuring live entertainment, dinner and dancing. Contact info@lakespark.org for more details.

MANATEE PARK

10901 SR 80, Fort Myers, FL 33905 | (239) 690-5030

ALL ABOUT MANATEES

Twice daily at 11 a.m. and 2 p.m. (Dec.-Mar.) – Free

Come join us for a program about the biological characteristics and habitat of the Florida manatee. All ages will enjoy discovering where manatees live, what they eat and the challenges they face.

GUIDED NATURE WALK

Sundays at 9 a.m. (Dec.-Mar.) – Free

This guided nature walk is a tour of Manatee Park and the different ecological regions.

SIX MILE CYPRESS SLOUGH PRESERVE

7751 Penzance Blvd. Fort Myers, FL 33966 | (239) 533-7556

ABSTRACT ART

Third Saturday of the month at 10 a.m. (Apr. & May) – \$35/session

Gain confidence with abstract painting and learn more about your personal style. Be guided through the creative process by artist Heather Caldwell. All art materials provided. Find information at www.heatheryish.com or on other social media @heatheryish.

ALL ABOUT ALLIGATORS

First Saturday of the month at 11:15 a.m. (Nov.-Apr.) – Free

Learn about one of our favorite Florida reptiles from Volunteer Naturalists. Meet in the Interpretive Center. Ages 6+.

BIRD WALK

Third Saturday of the month at 8 a.m. (Oct.-Apr.) – Free

Join a Bird Patrol volunteer to search for resident and migratory birds from the Slough's boardwalk. Limit 8 participants ages 10+.

FULL MOON WALK

Feb. 8, Mar. 10 and Apr. 8 at sunset – \$7/person

Experience the Slough in the light of the full moon on this guided sensory walk. Limited to the first 30 participants to register (ages 6+).

GATHERING OF FRIENDS

Fourth Wednesday of the month (Jan.-Apr.) at 7 p.m. – Free

Join the Friends of Six Mile Cypress Slough Preserve for a presentation related to the Slough. RSVP to the Friends by calling (239) 533-7557.

FREE GUIDED WALK

Daily at 9:30 a.m. & 1:30 p.m. (Jan.-Mar.); Daily at 9:30 a.m. (Apr.); Every Wednesday and fourth Saturday of the month at 9:30 a.m. (May-Oct.) – Free

Guided boardwalk tours led by Volunteer Naturalists. Tours last 90 minutes and cover $\frac{3}{4}$ of a mile. Arrive early to register at the boardwalk entrance. Walks are limited to 10 people per guide.

SKULL ID 101

1st and 3rd Friday of the month at 1:30 p.m. (Jan.-Mar.) – Free

Discover how much you can learn about an animal just by looking at its skull! Meet a Volunteer Naturalist at the boardwalk's Amphitheater.

WET WALKS

August-October on select Saturdays.

The wet walks are sponsored by the Friends of Six Mile Cypress Slough Preserve, who handle the registration for this program. For dates and times visit <https://www.sloughpreserve.org/>. Reservations must be made by emailing Charles O'Connor at rcoc77@embarqmail.com.

YOGA

Tuesday at 9 a.m. (Nov.-Apr.) – \$8/class

Relax and restore in the sanctuary of the Slough. Beginner to intermediate level traditional Yoga classes.

FAMILY YOGA

Select Wednesdays at 10 a.m. (Jan.-May) – \$12/adult-child combo. Parenting partners are always free! \$5/additional sibling.

Join us for Family Yoga with My Little Light Yoga! Enjoy songs, movement and partner play in an active, family-friendly yoga class. Bring a mat or thick towel, a reusable water bottle, and your sense of fun. Suitable for crawlers to age 5.

CONNECTING WITH NATURE CAMP

Saturday, April 25th 8am-12:00pm- \$10 /person

Finally, camp for adults! Join us for a half day of nature exploration and crafts. Participants will get an insight into our summer camps by experiencing many of the same activities. Campers will learn nature awareness techniques to foster a deeper connection with nature. Limit 10 participants ages 18+

CONSERVATION 20/20

PRESERVES

www.conservation2020.org

GUIDED WALKS

Free guided nature walks and special themed walks are hosted at various Conservation 20/20 preserves throughout the year. This schedule updates seasonally and is available online at www.conservation2020.org.

KNOW BEFORE YOU GO

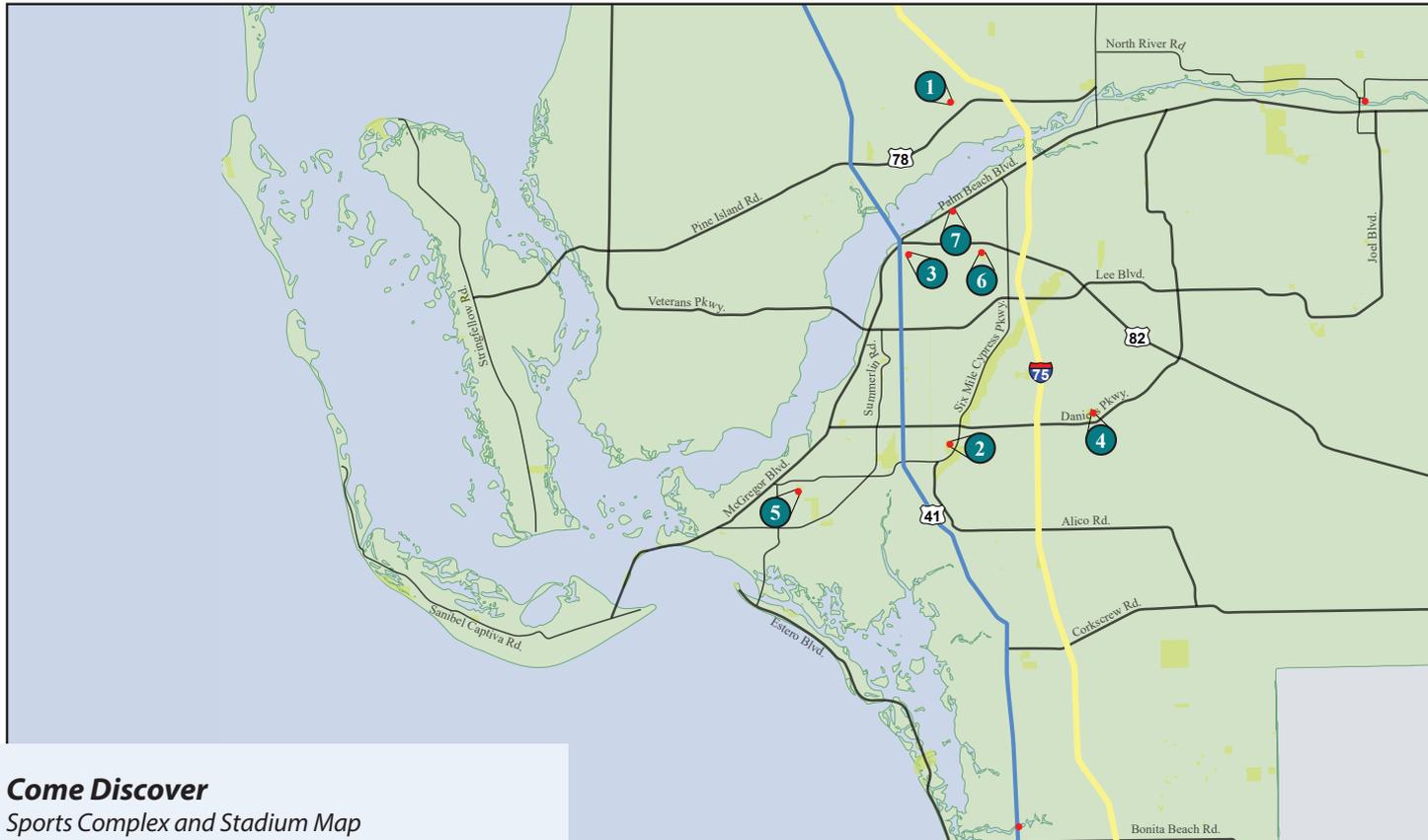
Some parks may have limited parking or parking fees. Park hours are dawn to dusk unless otherwise noted.

Parking Fees

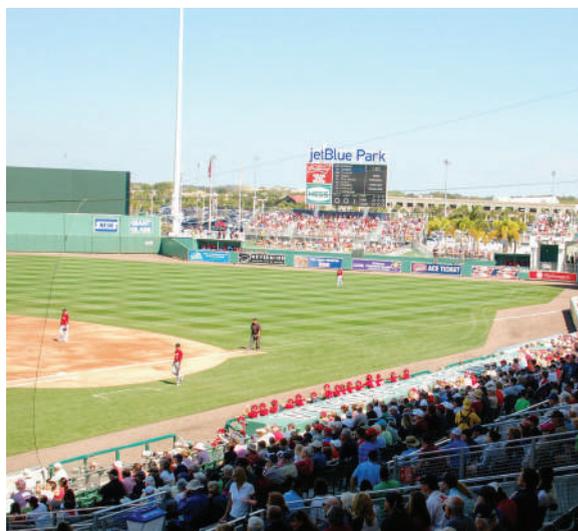
Beach Parking	\$2/hour
Regional Parks	\$1/hour or \$5/day
Yearly Parking Pass	\$60

Parking fees may vary and are waived for vehicles with a disabled Veteran tag or vehicles with special disability modifications. Parking passes can be purchased online at www.leeparks.org or at any of the four recreation centers.

sports complexes and stadiums



Come Discover
Sports Complex and Stadium Map



1. BAYSHORE SOCCER COMPLEX (239) 533-7200
17050 Williams Road, North Fort Myers, FL 33917

2. CENTURYLINK SPORTS COMPLEX (239) 533-7695
14100 Six Mile Cypress Parkway, Fort Myers, FL 33912

3. CITY OF PALMS PARK (239) 344-5208
2201 Edison Ave., Fort Myers, FL 33901

4. JETBLUE PARK (239) 533-7222
11500 Fenway South Drive, Fort Myers, FL 33913

5. KELLY ROAD SOCCER COMPLEX (239) 281-4630
10750 Kelly Road, Fort Myers, FL 33908

6. PLAYER DEVELOPMENT COMPLEX (239) 344-5225
4301 Edison Ave., Fort Myers, FL 33916

7. TERRY PARK SPORTS COMPLEX (239) 533-7468
3410 Palm Beach Blvd., Fort Myers, FL 33916



sports and athletics programs

Professional and community sports | www.leeparks.org/athletics

MAJOR LEAGUE

Lee County Parks & Recreation hosts two Major League Baseball teams at its facilities for spring training. The Boston Red Sox play at jetBlue Park in Fort Myers. The Minnesota Twins' spring "playground" is at CenturyLink Sports Complex in south Fort Myers. Both teams are competing in state-of-the-art facilities managed by Parks & Recreation staff. For tickets and information visit www.RedSox.com or www.twinsbaseball.com.

During summertime, CenturyLink Sports Complex is home to the Fort Myers Mighty Mussels, a Florida State League Team affiliated with the Minnesota Twins. Parks & Recreation also maintains the Player Development Complex on Edison Avenue, Terry Park Sports Complex on Palm Beach Boulevard and City of Palms Park in downtown Fort Myers—all of which host a variety of smaller nationwide tournaments.

COMMUNITY LEAGUES

YOUTH LEAGUES

Visit www.leeparks.org/sports to learn about the different community leagues that play in Lee County Parks. We have partnerships with many local leagues for baseball, softball, football, soccer, rugby, and other sports.

LEE COUNTY COMMUNITY TENNIS ASSOCIATION (LCCTA)

LCCTA is a not-for-profit organization which offers youth and adult lessons/tournaments at the tennis courts of many Lee County parks. Partnering with Special Olympics and our after school programs, LCCTA offers tennis programs for all ages and abilities. Find out more at www.leecountytennis.com

**Wheelchair Tennis at Rutenberg Park
Thursdays - Beginners at 9:30 a.m. and
Advanced at 11:30 a.m.**

SENIOR GAMES

Senior Games is an annual collection of events in partnership with the Florida Sports Foundation. Competitions include archery, bag toss, billiards, bowling, horseshoes, pickleball, swimming, tennis, table tennis and a 5k run. Check www.leeparks.org/athletics or call (239) 839-7062 for more information and schedule of events.

SPECIAL OLYMPICS

Special Olympics partners with Lee County Parks & Recreation to provide year-round sports training and competition to children and adults eight years of age and older with intellectual and developmental disabilities. Learn more about Special Olympics at www.leeparks.org.

OPEN RECREATION

INDOOR SPORTS

Pickleball, Basketball, Volleyball and more
Our four recreation centers offer a variety of indoor recreational activities. Check each recreation center web page for a schedule.

OUTDOOR SPORTS

Disc Golf, Basketball, Baseball/Softball, Football, Volleyball, Soccer, Tennis, Racquetball and more

There are a number of parks that have outdoor courts and fields available for public use. Go to www.leeparks.org to search for parks by which amenities they offer.

DISC GOLF

Estero Park and North Fort Myers Community Park each feature an 18-hole disc golf course which is open during park hours to the public for free.

KNOW BEFORE YOU GO

Fees and Memberships

Many of the leagues in the parks are managed by separate organizations such as Little League or Pop Warner. Check the league website for more information about any fees or memberships they may require.

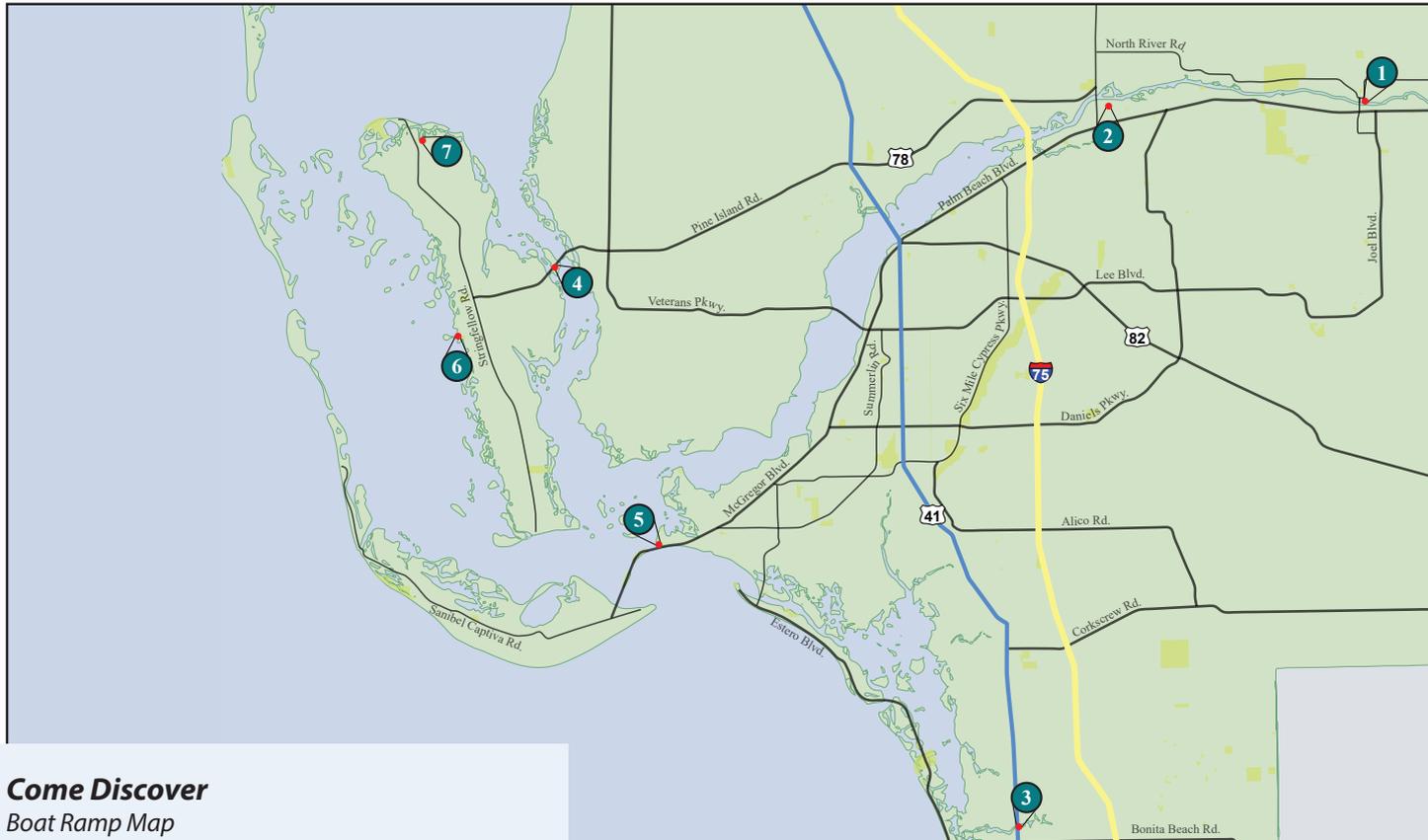
Open Recreation

Open Recreation is unstructured play of a sport for leisure. Open Recreation is always first come, first served and is not overseen by a supervisor. A lifetime membership is required for the four recreation centers.

Permits and Reservations

Reservations are not required for personal use of most courts and fields as they are first come, first served. You must have a permit if you are using the field for structured practices, competitions, organized sport or league of any sort. Contact the supervisor of the park to apply for a permit.

boat ramps and paddlecraft



Come Discover Boat Ramp Map

Parks & Recreation currently offers seven boat ramp locations and many paddlecraft landings/launches with access to the Great Calusa Blueway Paddling Trails

1. ALVA BOAT RAMP (239) 694-0398

21580 Pearl Street, Alva, FL 33920 | \$5 parking

2. DAVIS BOAT RAMP (239) 690-5030

2227 Davis Blvd., Fort Myers, FL 33905 | \$5 parking

3. IMPERIAL RIVER BOAT RAMP (239) 949-4615

27551 South Tamiami Trail, Bonita Springs, FL 34134

\$5 parking

4. MATLACHA BOAT RAMP (239) 283-4110

4577 Pine Island Road NW., Matlacha, FL 33993 | \$5 parking

5. PUNTA RASSA BOAT RAMP (239) 432-2154

15001 Punta Rassa Road, Fort Myers, FL 33908 | \$10 launch fee, \$20 for 48 hour parking, \$30 for 72 hour parking

6. PINE ISLAND COMMERCIAL MARINA (239) 283-4110

6001 Maria Drive Street, James City, FL 33956 | \$10 parking, open to the public only on weekends

7. LAVENDER'S LANDING (239) 283-0015

7290 Barrancas Ave. NW., Bokeelia, FL 33922 | \$10 launch/parking fee, \$5 launch only, parking stickers not accepted at this ramp

PADDLECRAFT LAUNCHES www.calusablueway.com

Various Locations | Great Calusa Blueway

The Great Calusa Blueway Paddling Trail is a 190-mile marked canoe and kayak trail that meanders through the coastal waters and inland tributaries of Lee County. Download the Blueway app for real-time GPS and navigation, trail maps, bird guide and other resources.

uf/ifas extension services

what is extension?

Our mission is to respond to Lee County issues and needs through customized education and training in agriculture, natural resources, horticulture, 4-H/youth development, marine education, and Family and Consumer Sciences. Lee County Extension agents offer educational services through a three-way cooperative arrangement between the Board of County Commissioners, the University of Florida and the U.S. Department of Agriculture. Extension agents are off-campus faculty members of the University of Florida. The mission of the University of Florida/IFAS (Institute of Food and Agriculture Sciences) is to develop knowledge through research in human and natural resources, agriculture, life sciences, and to make that knowledge accessible to the public to sustain and enhance the quality of life in Florida.

FLORIDA 4-H

Florida 4-H is the youth development program of the University of Florida Extension. The Lee County 4-H Extension provides development opportunities for 4-H youth members through traditional 4-H clubs, school enrichment and special interest programs. 4-H accepts boys and girls from widely diverse groups of social, economic and ethnic backgrounds. There are tons of things to do and "projects" to choose from. The choices are yours to make. We even need adult volunteers willing to start and lead or mentor some of our groups. There is a role for practically everyone to play in 4-H.



PESTICIDE TESTING

The exam includes CORE, Ornamental and Turf, Limited Lawn and Ornamental, Natural Areas, Right-of-Way, Private Applicator, Aquatic and more. Location of the testing will vary. Call (239) 533-7504 for more information.

GI-BMP

This class is required for anyone applying fertilizer or who maintain landscapes as a primary business in Lee County. This six-hour class includes pre and post-tests. Successful completion of the exam will entitle you to an occupational certification and county issued stickers for your work vehicles. There is no expiration date on this certification. Register online at www.lee.ifas.ufl.edu or call (239) 533-7504. Disponible en Español.

SAFESTAFF AND SERVSAFE CERTIFICATIONS

Both the Florida Restaurant and Lodging Association SafeStaff Food Handler and ServSafe Food Protection Manager Certifications are offered. For more information regarding training and exams, please contact Family Consumer Agent, Jennifer Hagen, at (239) 533-7510 or by email at jhagen@leegov.com.

MASTER GARDENER PROGRAM

The Master Gardener Program provides gardeners with intensive education in home horticultural principles. Participants who complete the program are certified as Master Gardeners by the Florida Extension Service. Working with the Extension Agent, Master Gardeners provide volunteer service to their community in gardening activities. Activities include answering gardening questions, conducting plant clinics, public speaking, citrus home visits, maintaining demonstration gardens and working directly with the Agent on short-term research projects.

FLORIDA YARDS AND NEIGHBORHOOD

The conservation and protection of Florida's water resources starts at home. Homeowners' landscaping choices can affect the health of ground and surface waters and the natural environment. The Florida Yards & Neighborhoods (FYN) Homeowner program is facilitated by Master Gardeners to educate homeowners about how to design, install and maintain healthy landscapes that use a minimum of water, fertilizer and pesticides.

FAMILY NUTRITION PROGRAM

The UF/IFAS Extension Family Nutrition Program (FNP) empowers Floridians with limited resources to take control of their health. FNP teaches people how to eat healthy on a budget and to get physically active in order to reduce the risk of obesity and chronic disease. FNP offers free nutrition education in schools, child care centers and communities. FNP also works to improve access to healthy foods and change the environment in which adults and children make choices about food and fitness.



MORE INFORMATION

Extension Services Main Desk
(239) 533-7500

Pest-Insect Diagnostic Clinic
(239) 533-7504

4-H Director
(239) 850-4175



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