# **Recreation Staff Information**

### Pool Supervisor

Chris Burns CBurns@leegov.com

## **Camp Instructor**

Pool Tel. 369.8277

## **General Rules**

### Campers

- Suggested items campers should have with them include sunscreen, hat & sunglasses, tennis shoes, towel, swim suit, goggles, windbreaker, lunch & snacks, a great attitude.
- We practice Safety First—at all times.
- Follow the instructions of all day camp staff.
- Be polite and respectful to other campers and staff.
- Try an activity before saying "I can't" or "I don't want to."

### Parents / Guardians

 Habitual early drop-off and/or late pick-up will result in dismissal from camp (without a refund), and DCF notification as required by Florida Statute.



#### Dear Parents,

The Lehigh Acres Community Pool staff wishes to welcome you and your child to this exciting two week program. We offer a new hands-on adventure each and every day. We hope to provide rich and rewarding experiences your child will take home each day and share with you.

Campers will be challenged to learn water survival and rescue skills, the use of first responder equipment, CPR, and basic first aid. We can't think of a more fun way to spend the summer. Believe that these valuable skills will help foster self confidence, instill a sense of responsibility, and provide one with life skills that may one day be used to help save a life. Truly one of the best gifts you can give your child.

Please let us know if your child will be absent for any reason or must leave early. We plan to travel off-site for weekly field trips. Please check your camp calendar daily for details.

The staff and I will do everything possible to make this a fun, safe, and enjoyable experience. In the event a problem should arise, PLEASE do not hesitate to call on us with any questions or concerns. Thank you for choosing Lee County Parks and Recreation youth camps for your family programs.

Sincerely, Chris Burns Senior Parks & Rec Specialist/Lifeguard Lee County Parks & Recreation

> "Lee County Parks Accreation... The Natural Place To Play" WWW.LEEPARKS.ORG

2017 JUNIOR LIFEGUARD CAMP Calendar Session 1 Hosted By Your LEHIGH ACRES COMMUNITY POOL				
Morning Activities	Morning Activities	Morning Activities	Morning Activities	Morning Activities
10:00 Introductions, camp policies, waivers, importance of sunscreen, facility tour, team building activities. Swim stroke clinic	10:00 Review skills: compact jump, approach strokes	FIELD TRIP	10:00 Airway management with mask (land and water)	10:00 Bloodborne pathogens
	11:00 Basic First Aid	We will visit Sunsplash Family Water park in	11:00 CPR intro O2, AED	10:30 Help a choking victim
11:00 Tye dye T-shirt activity	12:30 Lunch	Cape Coral.	12:30 Lunch	11:00 Pool chemistry
TT.00 Tye uye T-Shint activity				11:30 Water games and relays
12:30 Lunch				12:30 Lunch
Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities	Afternoon Activities
1:00 EAP, Surveillance methods (VRT, 10/20 protection rule, zone coverage), rotations, guard signals.	1:00 Presentation Lee County Parks & Rec. Park Ranger Topic: Dangerous wildlife	We will depart from pool:10:00am	1:00 Presentation Lee County Sheriff Leutinet- Vaughn. Topic: Child Predators	Jr. Lifeguard appreciation Pizza or B-B-Q lunch provided by the pool
2:00Active victim water rescues	2:00 Spinal	You must have a signed waiver to participate. Do not wear your	2:00 Unresponsive victim water rescues	1:30 Water games
3:00 Reach or throw, don't go, S.T.A.A.R., compact jump, approach strokes	3:00 Escapes and defenses	Jr. Lifeguard camp t shirt.	3:00 Rapid extrication using the backboard	Award certificates