## Available Programs with Facility Membership

Class	Price	Days	
Line Dance	\$5/Drop In	M & TH	
LaBlast Fitness  LaBlast Line Dance  Gentle Yoga  Zumba	\$40/month, \$25/8 classes, \$15/4 classes, \$10/Drop In	M & W T T & TH T & TH	
Tai Chi	\$30/4 week session	M or Th	
Aging Boldly	\$60/month, \$10/Drop In	T & TH	
Jazzercise	\$45/month, \$32/4 classes, \$12/Drop In	M,W,F, & Sat	
Karate (ages 4+)	\$75/month 2x/wk \$95/month 3x/wk \$12/Drop In Second Family Member Discount	T, W, TH	
Hope Parkinson Movement Class	No Cost	T & Th	
Pound Fitness (ages 6-Adult)	\$75/month, \$50/8 classes, \$10/Drop In	T, Th, Sat	

### Open Recreation Schedule

### Sunday:

Badminton: 9:30 a.m.-1 p.m. Pickleball: 9:30 a.m.-4:45 p.m. Table Tennis: 9:30 a.m.-3 p.m. Open Volleyball: 1:15-4:45 p.m.

#### Monday:

Open Basketball 7:15 - 8:45 a.m.
Table Tennis: 2:30-4:30p.m.
Badminton: 6:15-8:45 p.m.
Family Gym:(12 & under): 6:45-8:45 p.m.

### Tuesday:

Open Basketball 7:15 - 8:45 a.m.
Pickleball: 10 a.m.-2 p.m.
Table Tennis: 12:30-4 p.m.
Open Basketball (ages 16+): 6:15-8:45 p.m.

### Wednesday:

Open Basketball 7:15 - 8:45 a.m.
Euchre: 11- 2 p.m.
Mah Jongg: 6-8:45 p.m.
Pickleball 1 6:15-8:45 p.m.
Pickleball 2 6:45-8:45 p.m.
Table Tennis 6:45-8:45 p.m.

### Thursday:

Open Basketball 7:15 - 8:45 a.m.
Table Tennis: 6:45-8:45 p.m.
Open Volleyball: 6:15-8:45 p.m.
Open Basketball (ages 16+): 6:45-8:45 p.m.

### Friday:

Open Basketball 7:15 - 8:45 a.m. Pickleball 10:30 a.m.- 2p.m. Table Tennis: 11 a.m.-2 p.m.

### Saturday:

Pickleball: 11 a.m.-1 p.m.

Mah Jongg: noon-3:30 p.m.

Table Tennis: 12:30-3:30 p.m.

Open Basketball (ages 16+): 1:15-4:45 p.m.

Badminton: 1:15-4:45 p.m.

# Wa-Ke Hatchee Recreation Center SEPTEMBER 2022

### **Hours of Operations:**

Monday-Thursday 7 a.m.-9 p.m. Friday 7 a.m.-7 p.m. Saturday & Sunday 9 a.m.-5 p.m.

Workout & Locker Room open during business hoursclosing 15 minutes prior to building closure

### **Memberships**:

### **Lifetime Facility Membership:**

This membership entitles the individual to general use of the facility including: gymnasium activities, locker rooms, and game room.

\$10 Individual | \$25 Family

### **Workout Room Membership:**

\$20-1 month, \$80-6 months,

\$120-1 year



Scan our QR Code with your mobile device to be brought to our webpage.



### SEPTEMBER 2022



### Announcements:

- •Morning Yoga & Zumba begin 9/13
- •No Open Basketball or Family Gym on 9/13, 9/20, 9/27
- No Open Basketball or Volleyball on 9/22

### Reminders:

- Calendar and Schedule is subject to change without notice
- •Open Gym Activities are ages 16+
- •Family Gym is for youth ages 12 and under (must have an adult present)
- •Workout Room: Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the weight room.

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Parkinson Class: 11– noon Line Dance: 11– noon Tai Chi: 1-2 p.m. Aging Boldly: 1-2 p.m. Pound Fit: 6:30-7:30 p.m.	2 Jazzercise: 9-10 a.m.	3 Jazzercise: 9:15-10:15 a.m. Pound Fitness 11– noon
4	5 Facility Closed	6 Hope Parkinson Class: 11- noon Aging Boldly: 1-2 p.m. Karate: 6:25-8:30 p.m. Pound Fit: 6:30-7:30 p.m.	7 Jazzercise: 9-10 a.m. Karate: 6:25-8:30 p.m.	8 Parkinson Class: 11– noon Line Dance: 11– noon Tai Chi: 1-2 p.m. Karate: 6:25-8:30 p.m. Pound Fit: 6:30-7:30 p.m.	9 Jazzercise: 9-10 a.m.	10 Jazzercise: 9:15-10:15 a.m. Pound Fitness 11– noon
11	12 Jazzercise: 9-10 a.m. Line Dance: 11– noon Tai Chi: 1-2 p.m. LaBlast: 5:30-6:30p.m.	T3 Zumba: 9-10 a.m. Gentle Yoga: 10-11 a.m. Hope Parkinson Class: 11- noon Aging Boldly: 1-2 p.m. LaBlast Line Dance: 5:30-6:30 p.m. Karate: 6:25-8:30 p.m. Pound Fit: 6:30-7:30 p.m. Gentle Yoga 6:30-7:30 p.m. No Evening Open Gym	14 Jazzercise: 9-10 a.m. LaBlast: 5:30-6:30p.m. Karate: 6:25-8:30 p.m.	T5 Zumba: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson Class: 11– noon Line Dance: 11– noon Tai Chi: 1-2 p.m. Aging Boldly: 1-2 p.m. Karate: 6:25-8:30 p.m. Pound Fit: 6:30-7:30 p.m.	16 Jazzercise: 9-10 a.m.	17 Jazzercise: 9:15-10:15 a.m. Pound Fitness 11– noon Pickleball Clinic: 5-6:30 p.m. Outdoor Courts
18	19 Jazzercise: 9-10 a.m. Line Dance: 11– noon Tai Chi: 1-2 p.m. LaBlast: 5:30-6:30 p.m.	Zumba: 9-10 a.m. Gentle Yoga: 10-11 a.m. Hope Parkinson Class: 11- noon Aging Boldly: 1-2 p.m. LaBlast Line Dance: 5:30-6:30 p.m. Karate: 6:25-8:30 p.m. Pound Fit: 6:30-7:30 p.m. Gentle Yoga: 6:30-7:30 p.m. No Evening Open Gym	21 Jazzercise: 9-10 a.m. LaBlast: 5:30-6:30p.m. Karate: 6:25-8:30 p.m.	Z2 Zumba: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson Class: 11– noon Line Dance: 11– noon Tai Chi: 1-2 p.m. Aging Boldly: 1-2 p.m. Karate: 6:25-8:30 p.m. Pound Fit:6:30-7:30 p.m. No Evening Open Gym	23 Jazzercise: 9-10 a.m.	Jazzercise: 9:15-10:15 a.m. Pound Fitness 11– noon
Peace Day in the Park 10 a.m5 p.m.	26 Jazzercise: 9-10 a.m. Line Dance: 11- noon Tai Chi: 1-2 p.m. LaBlast: 5:30-6:30 p.m.	Zumba: 9-10 a.m. Gentle Yoga: 10-11 a.m. Hope Parkinson Class: 11- noon Aging Boldly: 1-2 p.m. LaBlast Line Dance: 5:30-6:30 p.m. Karate: 6:25-8:30 p.m. Pound Fit: 6:30-7:30 p.m. Gentle Yoga: 6:30-7:30 p.m. No Evening Open Gym	28 Jazzercise: 9-10 a.m. LaBlast: 5:30-6:30p.m. Karate: 6:25-8:30 p.m.	Zumba: 9-10 a.m. Gentle Yoga: 10-11 a.m. Parkinson Class: 11- noon Line Dance: 11- noon Tai Chi: 1-2 p.m. Aging Boldly: 1-2 p.m. Karate: 6:25-8:30 p.m. Pound Fit: 6:30-7:30 p.m.	30 Jazzercise: 9-10 a.m.	