### Available Programs with Facility Membership

| Class                                 | Price                      | Days/Times   |  |
|---------------------------------------|----------------------------|--|--|
| Dance/Tumble                          | \$40 month                 | M<br>Lvl 1 Ages 3-4<br>5:15-5:45 p.m.<br>Lvl 2 Ages 5-8<br>6-6:45 p.m.               |  |
| Cheernastics Ages 9-15                | \$40 month                 | M<br>7-7:45 p.m.   |  |
| Outdoor Dance Aerobics                | NO COST                    | M-F<br>9-10 a.m.   |  |
| Zumba 18+                             | \$40/month<br>\$10 Drop-in | M-TH<br>6:30-7:30 p.m.   |  |
| Hands On Clay<br>Ages 6-13            | \$30 Mon<br>\$40 TH        | M<br>10:30-11:30 a.m.<br>TH<br>4:30-5:30 p.m.  |  |
| Youth Art<br>Ages 6-17                | \$60/month<br>\$20 Drop-in | TU<br>4:30-5:30 p.m.   |  |
| Little Martial Arts<br>Ages 3-6       | \$55/8 classes             | T & W<br>4:15-5 p.m.   |  |
| Intermediate/Advanced<br>Martial Arts | \$65/8 classes             | T & W<br>5-6 p.m./6-7 p.m.   |  |
| Champions<br>In Motion                | \$30/month                 | W or TH<br>6:15-7 p.m.(IvI 1)<br>7-7:45 p.m.(IvI 2)<br>7:45-8:30 p.m.(IvI 3)         |  |
| Karate - Do - Shotokan<br>Ages 4+     | \$65/month                 | TH<br>4-6 p.m.<br>F<br>4:30-6:30 p.m.  |  |
| Rubies<br>Ages 8-13                   | NO COST                    | F<br>4-6 p.m.  |  |
| Football Fundamentals Ages 5-16       | NO COST                    | SAT<br>9 a.mNoon   |  |
| Lehigh Acres Garden Club<br>18+       | NO COST                    | 3rd SAT<br>10-11 a.m.  |  |
| Photography Club 18+                  | NO COST                    | 3rd SAT<br>1-4 p.m.  |  |
| Vertical Vision                       | NO COST                    | Sun<br>9/10 & 9/24<br>Ages: 7-12<br>12:30-2:30 p.m.<br>Ages: 13-17<br>2:30-4:30 p.m. |  |

### Open Recreation Schedule

### Sunday:

Pickleball: 9 a.m.-Noon (R) Volleyball (13+): 9 a.m.-Noon (S) Teen Basketball: 12:15-4:45 p.m. (S) Adult Basketball: 12:15-4:45 p.m. (R)

### Monday:

Open Gym: 7a.m.-1:30 p.m. (R) Adult Basketball: 6-8:45 p.m. (S) Teen Basketball: 6-8:45 p.m. (R)

### Tuesday:

Pickleball: 7:30 a.m.-1:30 p.m. (R) Volleyball (13+): 6-8:45 p.m. (R/S)

### Wednesday:

Open Gym: 7a.m.-1:30 p.m. (R) Pickleball: 6-8:45 p.m. (S)

### Thursday:

Pickleball: 7:30 a.m.-1:30 p.m. (R) Indoor Soccer: 6-8:45 p.m. (S)

### Friday:

Open Gym: 7 a.m.-1:30 p.m. (R) Open Gym: 6-6:45 p.m. (R/S)

### Saturday:

Pickleball: 9 a.m.-Noon (R)

\*\*Family Open Gym: 9 a.m.-Noon (S)
Teen Basketball: 12:15-4:45 p.m. (S)
Adult Basketball: 12:15-4:45 p.m. (R)

\*\*Adult with children under 13

Open Gym Activities are for ages 13+
Teen Gym Activities are for ages 13 to 17
(R) = Recreation Center Gymnasium
(S) = School Gymnasium

# Veterans Park Recreation Center SEPTEMBER 2023

### **Hours of Operations:**

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday 9 a.m.-5 p.m.

Weight & Locker Rooms close 15 minutes prior to building closure.

Game Room is closed M-F, 2 - 6 p.m.

### Memberships:

### **Lifetime Facility Membership:**

This membership entitles the individual to general use of the facility including:

Open recreation activities, locker rooms, and game room.

\$10 Individual | \$25 Family

### Weight Room Membership:

\$20 – 1 month, \$80 – 6 months, \$120 – 1 year

Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the weight room.



Scan our QR Code with your mobile device to be brought to our webpage.



Veterans Park Recreation Center 55 Homestead Road South Lehigh Acres. FL 33936 (239) 369-1521 | leeparks.org



## SEPTEMBER 2023



#### **Announcements:**

- Football Fundamentals meets every Saturday at the front field near the dog park.
- The gymnasium will be closed on September 12,14, and 21 for the school basketball tournament.
- Join us for a free Outdoor Movie in the Park (The Super Mario Bros) on Friday, September 29 at 7:30 p.m. on the front athletic field in the park.

### Reminders:

- Facility will be closed on Monday, September 4th due to Labor Day.
- Club Rec Registration is now open. \$100 per session for 2nd-8th grade from Mondays- Friday(2:00-6 p.m.) while school is in session. First session: 8/10-12/22 Second session: 1/9-5/31
- Calendar/schedule is subject to change without notice!
- Gymnasium and Game Room will be closed Monday through Friday, from 2 p.m.-6 p.m.

|         | SUN                                      | MON   | TUE   | WED  | THU  | FRI  | SAT   |
|---------|--|---|---|--|--|--|---|
| e<br>(. |  |   |   |  |  | 1<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Rubies 4-6 p.m.<br>Karate-Do<br>4:30-6:30 p.m.                       | Football Fundamentals<br>9 a.m Noon   |
|         | 3  | 4<br>Facility Closed  | 5<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Martial Arts<br>4:15-7 p.m. 3 levels<br>Youth Art 4:30-5:30 p.m.<br>Zumba 6:30-7:30 p.m.                | 6 Outdoor Dance Aerobics 9-10 a.m. Martial Arts 4:15-7 p.m. 3 levels Champions in Motion 3 levels 6:15-8 p.m. Zumba 6:30-7:30 p.m.                       | 7 Outdoor Dance Aerobics 9-10 a.m. Karate-Do 4-6 p.m. Hands On Clay 4:30-5:30 p.m. Champions in Motion 3 levels 6:15-8 p.m. Zumba 6:30-7:30 p.m.             | 8<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Rubies 4-6 p.m.<br>Karate-Do<br>4:30-6:30 p.m.                       | 9<br>Football Fundamentals<br>9 a.m Noon  |
|         | 10<br>Vertical Vision<br>12:30-4:30 p.m. | 11 Outdoor Dance Aerobics 9-10 a.m. Hands On Clay 10:30-11:30 a.m. Dance/Tumbling 2 levels 5:15-6:45 p.m. Zumba 6:30-7:30 p.m. Cheernastics 7-7:45 p.m. | 12<br>Gym Closed<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Martial Arts<br>4:15-7 p.m. 3 levels<br>Youth Art 4:30-5:30 p.m.<br>Zumba 6:30-7:30 p.m. | 13<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Martial Arts<br>4:15-7 p.m. 3 levels<br>Champions in Motion 3<br>levels 6:15-8 p.m.<br>Zumba 6:30-7:30 p.m. | 14 Gym Closed Outdoor Dance Aerobics 9-10 a.m. Karate-Do 4-6 p.m. Hands On Clay 4:30-5:30 p.m. Champions in Motion 3 levels 6:15-8 p.m. Zumba 6:30-7:30 p.m. | 15<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Rubies 4-6 p.m.<br>Karate-Do<br>4:30-6:30 p.m.                      | 16 Football Fundamentals 9 a.m Noon Lehigh Acres Garden Club 10-11 a.m. Photography Club 1-4 p.m. |
| n       | 17                                       | 18 Outdoor Dance Aerobics 9-10 a.m. Hands On Clay 10:30-11:30 a.m. Dance/Tumbling 2 levels 5:15-6:45 p.m. Zumba 6:30-7:30 p.m. Cheernastics 7-7:45 p.m. | 19<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Martial Arts<br>4:15-7 p.m. 3 levels<br>Youth Art 4:30-5:30 p.m.<br>Zumba 6:30-7:30 p.m.               | 20<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Martial Arts<br>4:15-7 p.m. 3 levels<br>Champions in Motion 3<br>levels 6:15-8 p.m.<br>Zumba 6:30-7:30 p.m. | 21 Gym Closed Outdoor Dance Aerobics 9-10 a.m. Karate-Do 4-6 p.m. Hands On Clay 4:30-5:30 p.m. Champions in Motion 3 levels 6:15-8 p.m. Zumba 6:30-7:30 p.m. | 22<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Rubies 4-6 p.m.<br>Karate-Do<br>4:30-6:30 p.m.                      | 23<br>Football Fundamentals<br>9 a.m Noon   |
|         | 24<br>Vertical Vision<br>12:30-4:30 p.m. | 25 Outdoor Dance Aerobics 9-10 a.m. Hands On Clay 10:30-11:30 a.m. Dance/Tumbling 2 levels 5:15-6:45 p.m. Zumba 6:30-7:30 p.m. Cheernastics 7-7:45 p.m. | 26<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Martial Arts<br>4:15-7 p.m. 3 levels<br>Youth Art 4:30-5:30 p.m.<br>Zumba 6:30-7:30 p.m.               | 27<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Martial Arts<br>4:15-7 p.m. 3 levels<br>Champions in Motion 3<br>levels 6:15-8 p.m.<br>Zumba 6:30-7:30 p.m. | 28 Outdoor Dance Aerobics 9-10 a.m. Karate-Do 4-6 p.m. Hands On Clay 4:30-5:30 p.m. Champions in Motion 3 levels 6:15-8 p.m. Zumba 6:30-7:30 p.m.            | 29<br>Movie in the Park<br>Outdoor Dance<br>Aerobics 9-10 a.m.<br>Rubies 4-6 p.m.<br>Karate-Do<br>4:30-6:30 p.m. | 30<br>Football Fundamentals<br>9 a.m Noon   |