### Available Programs with Facility Membership

Class	Price	Days
Little Martial Arts	\$55/ 8 classes	T & W
Intermediate/Advanced Martial Arts	\$65/ 8 classes	T & W
Tai Chi 18+	NO COST	Т
Champions In Motion	\$40/ month	W or TH
Karate - Do - Shotokan Ages 4+	\$65/ month	TH F
Dance/Tumbling Lvl 1 Ages 4-6	\$35/ 5 classes	М
Dance/Tumbling Lvl 2 Ages 7-12	\$40/5 classes	М
Cheernastics Ages 10-15	\$40/5 classes	М
Zumba 18+	\$40/ month \$10 Drop in	M-TH
We are Rubies Girls ages 10-14	NO COST	F
Photography Club 18+	NO COST	3rd SAT
Yoga 18+	\$45/ month \$10 Drop in	T-Th SAT
Youth Art Ages 6-14	\$60/ 4 classes \$15 Drop In	Т
Hands on Clay Ages 5-17	\$20/2 classes \$10 Drop in	M TH
Outdoor Dance Aerobics	NO Cost	M-F

#### Open Recreation Schedule

Sunday:

Pickleball: 9 a.m.-Noon (R)
Volleyball (13+): 9 a.m.- Noon (S)
Adult Basketball: 12:15-4:45 p.m. (S)
Teen Basketball: 12:15-4:45 p.m. (R)

Monday:

Open Gym: 7a.m.-1:30 p.m. (R) Adult Basketball: 6–8:45 p.m. (S) Teen Basketball: 6–8:45 p.m. (R)

Tuesday:

Open Gym: 7-8:30 a.m. (R) Pickleball: 8:30 a.m.-1:30 p.m. (R) Volleyball (13+): 6-8:45 p.m. (R/S)

Wednesday:

Open Gym: 7a.m.-1:30 p.m. (R) Pickleball: 6-8:45 p.m. (S)

Thursday:

Open Gym: 7-8:30 a.m. (R) Pickleball: 8:30 a.m.-1:30 p.m. (R) Indoor Soccer: 6-8:45 p.m. (S)

Friday:

Open Gym: 7a.m. -1:30 p.m. (R) Open Gym: 6-6:45 p.m. (R/S)

Saturday:

Pickleball: 9 a.m.-Noon (R)

\*\*Family Open Gym: 9 a.m.-Noon (S)

Teen Basketball: 12:15-4:45 p.m. (S)

Adult Basketball: 12:15-4:45 p.m. (R)

\*\*Adult with children under 13

Schedule is subject to change without notice.

Open Gym Activities are for ages 13+

Teen Gym Activities are for ages 13 to 17

(R) = Recreation Center Gymnasium

(S) = School Gymnasium

# Veterans Park Recreation Center MARCH 2023

#### **Hours of Operations:**

9 a.m.-5 p.m.

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday

Weight & Locker Room open during business hoursclosing 15 minutes prior to building closure

#### Memberships:

#### **Lifetime Facility Membership:**

This membership entitles the individual to general use of the facility including: gymnasium activities, locker rooms, and game room.

\$10 Individual | \$25 Family

#### **Weight Room Membership:**

\$20 – 1 month, \$80 – 6 months, \$120 – 1 year

Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the weight room.



Scan our QR Code with your mobile device to be brought to our webpage.



Veterans Park Recreation Center 55 Homestead Road South Lehigh Acres. FL 33936 (239) 369-1521 | leeparks.org



## MARCH 2023



#### **Announcements:**

- New Class Karate Do -Shotokan will be starting March. Class will be on Thursdays and Fridays for ages 4+
- No Hands-on Clay on March 2, 9, 6, 20, 23
- Spring Break Camp is on March 20-24 from 7:30 -6p.m.
- No Champions in Motion March 22-23
- Free Movie In The Park on Friday, March 31, at the front athletic field.

#### **Reminders:**

- Summer Camp registration is now open!
- Calendar/schedule is subject to change without notice!
- Gymnasium will be closed for a tournament on March 4-5
- School side gym Closed March 25. No Family Open Gym and Teen Basketball

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Outdoor Dance Aerobics 9 - 10a.m. Martial Arts 4:15 - 7p.m. 3 levels Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba & Stretch 6:30 - 8p.m. Yoga 6:30 - 7:30 p.m.	2 Outdoor Dance Aerobics 9 - 10a.m. Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba 6:30 - 7:30p.m. Yoga 6:30 - 7:30 p.m.	3 Outdoor Dance Aerobics 9 - 10a.m. We are Rubies 4 - 6p.m.	4 Gym closed for tournament Yoga 9 - 10a.m. Football Fundamentals 9a.m Noon
5 Gym closed for tournament	6 Outdoor Dance Aerobics 9 - 10a.m. Zumba 6:30 - 7:30 p.m. Dance/Tumbling 5:15 - 6:45p.m. Cheenastics 7 - 7:45p.m.	7 Outdoor Dance Aerobics 9-10a.m. Tai Chi Noon-1p.m. Martial Arts 4:15 - 7pm, 3 levels Youth Art 4:30 - 5:30p.m. Zumba 6:30 - 7:30 p.m. Yoga 6:30 - 7:30 p.m.	8 Outdoor Dance Aerobics 9 - 10a.m. Martial Arts 4:15 - 7p.m. 3 levels Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba & Stretch 6:30 - 8p.m. Yoga 6:30 - 7:30 p.m.	9 Outdoor Dance Aerobics 9 - 10a.m. Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba 6:30 - 7:30p.m. Yoga 6:30 - 7:30 p.m.	10 Outdoor Dance Aerobics 9 - 10a.m. We are Rubies 4 - 6p.m.	11 Yoga 9 - 10a.m. Football Fundamentals 9a.m Noon
12	13 Outdoor Dance Aerobics 9 - 10a.m. Hands on Clay 10:30 - 11:30a.m. Zumba 6:30 - 7:30 p.m. Dance/Tumbling 5:15 - 6:45p.m. Cheenastics 7 - 7:45p.m.	14 Outdoor Dance Aerobics 9-10a.m. Tai Chi Noon-1p.m. Martial Arts 4:15 - 7p.m., 3 levels Youth Art 4:30-5:30p.m. Zumba 6:30 -7:30p.m. Yoga 6:30-7:30 p.m.	15 Outdoor Dance Aerobics 9 - 10a.m. Martial Arts 4:15 - 7p.m. 3 levels Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba & Stretch 6:30 - 8p.m. Yoga 6:30 - 7:30 p.m.	16 Outdoor Dance Aerobics 9 - 10a.m. Hands on Clay 4:30 - 5:30 p.m. Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba 6:30 - 7:30p.m. Yoga 6:30 - 7:30 p.m.	17 Outdoor Dance Aerobics 9 - 10a.m. We are Rubies 4 - 6p.m.	18 Yoga 9 - 10a.m. Football Fundamentals 9a.m Noon Photography + Club 1 - 4p.m.
19	20 Outdoor Dance Aerobics 9 - 10a.m. Zumba 6:30 - 7:30 p.m. Spring Break Camp 7:30 - 6p.m.	21 Outdoor Dance Aerobics 9-10a.m. Tai Chi Noon-1p.m. Martial Arts 4:15 - 7p.m., 3 levels Youth Art 4:30-5:30p.m. Zumba 6:30-7:30 p.m. Yoga 6:30-7:30 p.m. Spring Break Camp 7:30 - 6p.m.	22 Outdoor Dance Aerobics 9 - 10a.m. Martial Arts 4:15 - 7p.m. 3 levels Zumba & Stretch 6:30 - 8p.m. Yoga 6:30 - 7:30 p.m. Spring Break Camp 7:30 - 6p.m.	23 Outdoor Dance Aerobics 9 - 10a.m. Zumba 6:30 - 7:30p.m. Yoga 6:30 - 7:30 p.m. Spring Break Camp 7:30 - 6p.m.	24 Outdoor Dance Aerobics 9 - 10a.m. Spring Break Camp 7:30 - 6p.m.	25 School Side Gym closed Yoga 9 - 10 a.m. Football Fundamentals 9a.m Noon
26	27 Outdoor Dance Aerobics 9 - 10a.m. Hands on Clay 10:30 - 11:30a.m. Zumba 6:30 - 7:30 p.m. Dance/Tumbling 5:15 - 6:45p.m. Cheenastics 7 - 7:45p.m.	28 Outdoor Dance Aerobics 9-10a.m. Tai Chi Noon-1p.m. Martial Arts 4:15 - 7p.m., 3 levels Youth Art 4:30-5:30p.m. Zumba 6:30-7:30 p.m. Yoga 6:30-7:30 p.m.	29 Outdoor Dance Aerobics 9 - 10a.m. Martial Arts 4:15 - 7p.m. 3 levels Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba & Stretch 6:30 - 8p.m. Yoga 6:30 - 7:30 p.m.	30 Outdoor Dance Aerobics 9 - 10a.m. Hands on Clay 4:30 - 5:30 p.m. Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba 6:30 - 7:30p.m. Yoga 6:30 - 7:30 p.m.	31 Outdoor Dance Aerobics 9 - 10a.m. We are Rubies 4 - 6p.m. Movie In The Park 6:30p.m.	