Available Programs with Facility Membership

Facil	Facility Membership						
Class	Price	Days/Times					
Little Martial Arts Ages	\$55/ 8 classes	T & W 4:15-5 p.m.					
Intermediate/Advanced Martial Arts	\$65/ 8 classes	T & W 5-6 p.m./6-7 p.m.					
Champions In Motion	\$30/ month	W or TH 6:15-7 p.m. (1) 7-7:45 p.m.(2) 7:45-8:30 p.m. (3)					
Karate - Do - Shotokan Ages 4+	\$65/ month	TH 4-6 p.m. F 4:30-6:30 p.m.					
Zumba 18+	\$40/ month \$10 Drop-in	M-TH 6:30-7:30 p.m.					
Outdoor Dance Aerobics	NO Cost	M-F 9:00-10:00 a.m.					
Football Fundamentals Ages 5-16	NO Cost	SAT 9 a.mNoon					
Photography Club 18+	NO COST	3rd SAT 1-4 p.m.					
Yoga 18+	\$10 Drop-in	T & Th 6:30-7:30 p.m SAT 10-11 a.m.					
Youth Art Ages 6-12 Teens 13-17	\$20 Kids Drop-in \$30 Teens Drop-in	T –Kids 4:30-6:30 p.m. M-Teens 4-6 p.m.					
Hands on Clay Ages 3-17	\$30/3 classes \$20/ 2 classes	3-5 y/o 6-6:30p.m. 4-6 y/o 10:30-11:30a.m. 7-11y/o 12:30-1:30p.m. 12-17 y/o 2-3p.m. 5-17 y/o 4:30-5:30p.m.					

Open Recreation Schedule

Sunday: Pickleball: 9 a.m.-Noon (R) Volleyball (13+): 9 a.m.- Noon (S) Adult Basketball: 12:15–4:45 p.m. (S) Teen Basketball: 12:15–4:45 p.m. (R)

Monday: Open Gym: 7a.m.-1:30 p.m. ® Adult Basketball: 6–8:45 p.m. (S) Teen Basketball: 6–8:45 p.m. (R)

Tuesday: Open Gym: 7-8:30 a.m. (R) Pickleball: 8:30 a.m.-1:30 p.m. (R) Volleyball (13+): 6-8:45 p.m. (R/S)

Wednesday: Open Gym: 7a.m.-1:30 p.m. (R) Pickleball: 6-8:45 p.m. (S)

Thursday: Open Gym: 7-8:30 a.m. (R) Pickleball: 8:30 a.m.-1:30 p.m. (R) Indoor Soccer: 6-8:45 p.m. (S)

Friday: Open Gym: 7a.m. -1:30 p.m. (R) Open Gym: 6-6:45 p.m. (R/S)

Saturday: Pickleball: 9 a.m.-Noon (R) **Family Open Gym: 9 a.m.-Noon (S) Teen Basketball: 12:15-4:45 p.m. (S) Adult Basketball: 12:15–4:45 p.m. (R) **Adult with children under 13

Schedule changes June 19. Monday—Friday 7:30a.m.—6 p. m. Gym is closed for summer camp. Open Gym Activities are for ages 13+ Teen Gym Activities are for ages 13 to 17 (R) = Recreation Center Gymnasium (S) = School Gymnasium

Veterans Park Recreation Center JUNE 2023

Hours of Operations:

Monday-Thursday	7 a.m9 p.m.					
Friday	7 a.m7 p.m.					
Saturday & Sunday	9 a.m5 p.m.					
Maight 9. Lookar Doom alage 15 minutes prior to building						

Weight & Locker Room close15 minutes prior to building closure.

Game Room is closed M-F, 2 p.m.- 6 p.m. & will be closed M-F 7:30 a.m.- 6 p.m. beginning June 19.

Memberships:

Lifetime Facility Membership:

This membership entitles the individual to general use of the facility including: gymnasium activities, locker rooms, and game room.

\$10 Individual | \$25 Family

Weight Room Membership:

\$20 – 1 month, \$80 – 6 months,

\$120 - 1 year

Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the weight room.



Scan our QR Code with your mobile device to be brought to our webpage.





JUNE 2023



	SUN	MON	TUE	WED	THU	FRI	SAT
 Lehigh Acres Garden Club will meet on the third Satur- day of each month at 9:00 a.m., beginning September 16. Join their Facebook Group for more information. 					1 Outdoor Dance Aerobics 9 - 10 a.m. Karate-Do 4-6 p.m. Champions in Motion 6:15 - 8:30 p.m. 3 levels Zumba 6:30 - 7:30 p.m. Yoga 6:30 - 7:30 p.m.	2 Outdoor Dance Aerobics 9 - 10 a.m. We are Rubies 4 - 6 p.m. Karate-Do 4:30-6:30 p.m.	3 Gym closed for tournament Yoga 10 - 11 a.m. Football Fundamentals 9a.m Noon
 Football Fundamental meets every Saturday at the front field near the dog park. Traditional Summer Camp registration is full! Teen camp may have weeks available, June 19 - July 28, 2023. 7:30 a.m 6 p.m. \$75 per week, per child. Campers must have a 	4 Gym closed for tournament	5 Outdoor Dance Aerobics 9 - 10 a.m. Zumba 6:30 - 7:30 p.m.	6 Outdoor Dance Aerobics 9-10 a.m. Martial Arts 4:15 - 7pm, 3 levels Youth Art 4:30 - 5:30 p.m. Zumba 6:30 - 7:30 p.m. Yoga 6:30 - 7:30 p.m.	7 Outdoor Dance Aerobics 9 - 10 a.m. Martial Arts 4:15 - 7 p.m. 3 levels Champions in Motion 6:15 - 8:30 p.m. 3 levels Zumba 6:30 –7:30 p.m.	8 Gym Closure Outdoor Dance Aerobics 9 - 10 a.m. Karate-Do 4-6 p.m. Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba 6:30 - 7:30 p.m. Yoga 6:30 - 7:30 p.m.	9 Outdoor Dance Aerobics 9 - 10 a.m. Karate-Do 4:30-6:30 p.m.	10 Gym closed for tournament Yoga 10 - 11 a.m. Football Fundamentals 9 a.m Noon
facility membership. Reminders: Gymnasium will be closed the weekends of June 3, 4, 10, 11, and 24, 25 for tournaments.	11 Gym closed for tournament	12 Outdoor Dance Aerobics 9 - 10 a.m. Zumba 6:30 - 7:30 p.m.	13 Outdoor Dance Aerobics 9-10 a.m. Martial Arts 4:15 - 7 p.m., 3 levels Zumba 6:30 -7:30 p.m. Yoga 6:30-7:30 p.m.	14 Outdoor Dance Aerobics 9 - 10 a.m. Martial Arts 4:15 - 7 p.m. 3 levels Champions in Motion 6:15 - 8:30 p.m. 3 levels Zumba 6:30 –7:30 p.m.	15 Outdoor Dance Aerobics 9 - 10 a.m. Karate-Do 4-6 p.m. Champions in Motion 6:15 - 8:30 p.m. 3 levels Zumba 6:30 - 7:30 p.m. Yoga 6:30 - 7:30 p.m.	16 Outdoor Dance Aerobics 9 - 10 a.m. Karate-Do 4:30-6:30 p.m. Camp Open House 5-7 p.m.	17 Yoga 10 - 11 a.m. Football Fundamentals 9 a.m Noon Photography + Club 1 - 4 p.m. BEGINNER WORKSHOP!!
 Champions in Motion will resume on June 7th. Youth Art and Hands-on Clay will continue through the summer! Don't forget to register. Check for dates and times. Calendar/schedule is subject to change without 	18	19 Outdoor Dance Aerobics 9 - 10 a.m. Hands on Clay 10:30 - 11:30 a.m. 12:30 - 1:30 p.m. 2:00 - 3:00 p.m. Zumba 6:30 - 7:30 p.m. Summer Camp Begins 7:30a.m6p.m.	20 Outdoor Dance Aerobics 9-10 a.m. Hands on Clay 10:30 a.m.—3 p.m. 3 levels Martial Arts 4:15 - 7 p.m., 3 levels Youth Art 4:30-5:30 p.m. Zumba 6:30-7:30 p.m. Yoga 6:30-7:30 p.m.	21 Outdoor Dance Aerobics 9 - 10 a.m. Martial Arts 4:15 - 7p.m. 3 levels Zumba 6:30 –7:30 p.m.	22 Outdoor Dance Aerobics 9 - 10 a.m. Karate-Do 4-6 p.m. Hands on Clay 4:30 - 5:30 p.m. 5:30 - 6:30 p.m. Zumba 6:30 - 7:30 p.m. Yoga 6:30 - 7:30 p.m.	23 Outdoor Dance Aerobics 9 - 10 a.m. Karate-Do 4:30-6:30 p.m.	24 Gym closed for tournament Yoga 9 - 10 a.m. Football Fundamentals 9 a.m Noon
 Summer Camps begins June 19. Gymnasium will be closed Monday through Friday, from 7:30 a.m. — 6 p.m. until July 31. 	25 Gym closed for tournament	26 Outdoor Dance Aerobics 9 - 10 a.m. Hands on Clay 10:30 - 11:30 a.m. 12:30 - 1:30 p.m. 2:00 - 3:00 p.m. Zumba 6:30 - 7:30 p.m. Summer Camp Week 2	27 Outdoor Dance Aerobics 9-10 a.m. Martial Arts 4:15 - 7p.m., 3 levels Youth Art 4:30-5:30 p.m. Zumba 6:30-7:30 p.m. Yoga 6:30-7:30 p.m.	28 Outdoor Dance Aerobics 9 - 10 a.m. Martial Arts 4:15 - 7p.m. 3 levels Zumba 6:30 –7:30 p.m.	29 Outdoor Dance Aerobics 9 - 10 a.m. Karate-Do 4-6 p.m. Hands on Clay 4:30 - 5:30 p.m. 5:30 - 6:30 p.m. Zumba 6:30 - 7:30 p.m. Yoga 6:30 - 7:30 p.m.	30 Outdoor Dance Aerobics 9 - 10 a.m. Karate-Do 4:30-6:30 p.m.	