# Available Programs with Facility Membership

Class	Price	Days/Times		
Little Martial Arts	\$55/ 8 classes	T & W 4:15-5 p.m.		
Intermediate/Advanced Martial Arts	\$65/ 8 classes	T & W 5-6 p.m./6-7 p.m.		
L. A. Garden Club	NO COST	S 9-10 a.m.		
Champions In Motion	\$40/ month	W or TH 6:15-7 p.m. (1) 7-7:45 p.m.(2) 7:45-8:30 p.m. (3)		
Karate - Do - Shotokan Ages 4+	\$65/ month	TH 4-6 p.m. F 4:30-6:30 p.m.		
Dance/Tumbling Lvl 1 Ages 4-6	\$35/ 5 classes	M 5:15-5:45 p.m.		
Dance/Tumbling Lvl 2 Ages 7-12	\$40/5 classes	M 6-6:46 p.m.		
Cheernastics Ages 10-15	\$40/5 classes	M 7-7:45 p.m.		
Zumba 18+	\$40/ month \$10 Drop in	M-TH 6:30-7:30 p.m.		
We are Rubies Girls ages 10-14	NO COST	F 4-6 p.m.		
Photography Club 18+	NO COST	3rd SAT 1-4 p.m.		
Yoga 18+	\$45/ month \$10 Drop in	T-Th 6:30-7:30 p.m. Fri 5:30-6:30 p.m. SAT 9-10 a.m.		
Youth Art Ages 6-14	\$60/ 4 classes \$15 Drop In	T 4:30-5:30 p.m.		
Hands on Clay Ages 5-17	\$20/2 classes \$10 Drop in	M 10:30-11:30 a.m. TH 4:30-5:30 p.m.		
Outdoor Dance Aerobics	NO Cost	M-F 9:00-10:00 a.m.		

# Open Recreation Schedule

### Sunday:

Pickleball: 9 a.m.-Noon (R) Volleyball (13+): 9 a.m.- Noon (S) Adult Basketball: 12:15-4:45 p.m. (S) Teen Basketball: 12:15-4:45 p.m. (R)

#### Monday:

Open Gym: 7a.m.-1:30 p.m. (R) Adult Basketball: 6–8:45 p.m. (S) Teen Basketball: 6–8:45 p.m. (R)

### Tuesday:

Open Gym: 7-8:30 a.m. (R) Pickleball: 8:30 a.m.-1:30 p.m. (R) Volleyball (13+): 6-8:45 p.m. (R/S)

### Wednesday:

Open Gym: 7a.m.-1:30 p.m. (R) Pickleball: 6-8:45 p.m. (S)

## Thursday:

Open Gym: 7-8:30 a.m. (R) Pickleball: 8:30 a.m.-1:30 p.m. (R) Indoor Soccer: 6-8:45 p.m. (S)

# Friday:

Open Gym: 7a.m. -1:30 p.m. (R) Open Gym: 6-6:45 p.m. (R/S)

# Saturday:

Pickleball: 9 a.m.-Noon (R)

\*\*Family Open Gym: 9 a.m.-Noon (S)

Teen Basketball: 12:15-4:45 p.m. (S)

Adult Basketball: 12:15-4:45 p.m. (R)

\*\*Adult with children under 13

Schedule is subject to change without notice.

Open Gym Activities are for ages 13+

Teen Gym Activities are for ages 13 to 17

(R) = Recreation Center Gymnasium

(S) = School Gymnasium

# Veterans Park Recreation Center APRIL 2023

# **Hours of Operations:**

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday 9 a.m.-5 p.m.
Weight & Locker Room open during business hours-

Weight & Locker Room open during business hoursclosing 15 minutes prior to building closure

# Memberships:

# **Lifetime Facility Membership:**

This membership entitles the individual to general use of the facility including: gymnasium activities, locker rooms, and game room.

\$10 Individual | \$25 Family

# **Weight Room Membership:**

\$20 – 1 month, \$80 – 6 months, \$120 – 1 year

Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the weight room.



Scan our QR Code with your mobile device to be brought to our webpage.



Veterans Park Recreation Center 55 Homestead Road South Lehigh Acres. FL 33936 (239) 369-1521 | leeparks.org



# A P R I L 2 0 2 3



## **Announcements:**

- New Class Karate Do -Shotokan is for children and adults. Class is Thursdays and Fridays for ages 4+. \$65/month
- Lehigh Acres Garden Club meets the third Saturday of each month at 9:00 a.m.
   Meeting is held at the big oak by the tennis courts.
- Free Movie In The Park on Friday, April 21, at the front athletic field.
- Summer Camp registration is filling up!
   June 19—July 28, 2023.
   7:30 a.m.—6 p.m.
   \$75 per week, per child.

# Reminders:

- Fun Days are Friday, April 7 and Monday, April 10, \$15.per day, per child.
- Gymnasium will be closed for a tournaments on April 15 and 16, 22 and 23.
- School side gym closed March 25. No Family Open Gym and Teen Basketball
- Calendar/schedule is subject to change without notice!

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Yoga 9 - 10a.m. Football Fundamentals 9a.m Noon
2	3 Outdoor Dance Aerobics 9 - 10 a.m. Zumba 6:30 - 7:30 p.m. Dance/Tumbling 5:15 - 6:45 p.m. Cheenastics 7 - 7:45 p.m.	4 Outdoor Dance Aerobics 9-10 a.m. Tai Chi Noon-1 p.m. Martial Arts 4:15 - 7pm, 3 levels Youth Art 4:30 - 5:30 p.m. Zumba 6:30 - 7:30 p.m. Yoga 6:30 - 7:30 p.m.	5 Outdoor Dance Aerobics 9 - 10 a.m. Martial Arts 4:15 - 7 p.m. 3 levels Champions in Motion 6:15 - 8:30 p.m. 3 levels Zumba & Stretch 6:30 - 8p.m. Yoga 6:30 - 7:30 p.m.	6 Outdoor Dance Aerobics 9 - 10 a.m. Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba 6:30 - 7:30 p.m. Yoga 6:30 - 7:30 p.m.	7 Outdoor Dance Aerobics 9 - 10a.m. We are Rubies 4 - 6 p.m.	8 Yoga 9 - 10a.m. Football Fundamentals 9a.m Noon The Ultimate Egg Hunt 10—2p.m.
9 Easter	10 Outdoor Dance Aerobics 9 - 10a.m. Hands on Clay 10:30 - 11:30a.m. Zumba 6:30 - 7:30 p.m. Dance/Tumbling 5:15 - 6:45p.m. Cheenastics 7 - 7:45p.m.	11 Outdoor Dance Aerobics 9-10a.m. Tai Chi Noon-1p.m. Martial Arts 4:15 - 7p.m., 3 levels Youth Art 4:30-5:30p.m. Zumba 6:30 - 7:30p.m. Yoga 6:30-7:30 p.m.	12 Outdoor Dance Aerobics 9 - 10a.m. Martial Arts 4:15 - 7p.m. 3 levels Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba & Stretch 6:30 - 8p.m. Yoga 6:30 - 7:30 p.m.	13 Outdoor Dance Aerobics 9 - 10a.m. Hands on Clay 4:30 - 5:30 p.m. Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba 6:30 - 7:30p.m. Yoga 6:30 - 7:30 p.m.	14 Outdoor Dance Aerobics 9 - 10a.m. We are Rubies 4 - 6p.m.	Gym closed for tournament Yoga 9 - 10a.m. Football Fundamentals 9a.m Noon Photography + Club 1 - 4p.m. L.A. Garden Club 9-10 a.m.
16 Gym closed for tournament	17 Outdoor Dance Aerobics 9 - 10a.m. Zumba 6:30 - 7:30 p.m.	18 Outdoor Dance Aerobics 9-10a.m. Tai Chi Noon-1p.m. Martial Arts 4:15 - 7p.m., 3 levels Youth Art 4:30-5:30p.m. Zumba 6:30-7:30 p.m. Yoga 6:30-7:30 p.m.	19 Outdoor Dance Aerobics 9 - 10a.m. Martial Arts 4:15 - 7p.m. 3 levels Zumba & Stretch 6:30 - 8p.m. Yoga 6:30 - 7:30 p.m. Champions in Motion 6:15 - 8:30p.m. 3 levels	20 Outdoor Dance Aerobics 9 - 10a.m. Zumba 6:30 - 7:30p.m. Yoga 6:30 - 7:30 p.m. Champions in Motion 6:15 - 8:30p.m. 3 levels	21 Outdoor Dance Aerobics 9 - 10a.m. Movie In The Park 6:30p.m.	22 Gym closed for tournament Yoga 9 - 10 a.m. Football Fundamentals 9a.m Noon
23 Gym closed for tournament	24 Outdoor Dance Aerobics 9 - 10a.m. Hands on Clay 10:30 - 11:30a.m. Zumba 6:30 - 7:30 p.m. Dance/Tumbling 5:15 - 6:45p.m. Cheenastics 7 - 7:45p.m.	25 Outdoor Dance Aerobics 9-10a.m. Tai Chi Noon-1p.m. Martial Arts 4:15 - 7p.m., 3 levels Youth Art 4:30-5:30p.m. Zumba 6:30-7:30 p.m. Yoga 6:30-7:30 p.m.	26 Outdoor Dance Aerobics 9 - 10a.m. Martial Arts 4:15 - 7p.m. 3 levels Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba & Stretch 6:30 - 8p.m. Yoga 6:30 - 7:30 p.m.	27 Outdoor Dance Aerobics 9 - 10a.m. Hands on Clay 4:30 - 5:30 p.m. Champions in Motion 6:15 - 8:30p.m. 3 levels Zumba 6:30 - 7:30p.m. Yoga 6:30 - 7:30 p.m.	28 Outdoor Dance Aerobics 9 - 10a.m. We are Rubies 4 - 6p.m.	29 Yoga 9 - 10 a.m. Football Fundamentals 9a.m Noon