Available Programs with Facility Membership

Class	Price	Days		
Ceramics	\$15/mo, \$2/Drop In, \$5 Kiln Fee	M, W & F		
Champions in Motion Cheer	\$30/month, \$10/ Drop In	Т		
Club Rec	\$100/Semester	M-F		
Jazzercise	\$54/mo, \$38/4 class, \$18/Drop In	M, W, F (9:45-10:45a.m.) Sat – Room 104 (9:15-10:15a.m.)		
Karate	\$79/month	T & TH		
Senior Prom	\$12/Single or \$20/ Couple	3/30		
Strength & Balance	\$27/mo, \$20/4 class, \$6/Drop In	M & W		
Spring Break Camp	\$75/week	M-F 3/20-3/24		
Yoga	\$45/mo,\$12/Drop In	M, W, F		
Advanced Tai Chi	No Cost	М		
Art Social	No Cost	TH		
Basketball (12 & under)	No Cost	W		
Basketball (18+)	No Cost	M & TH		
Basketball (13 -17)	No Cost	T, W, TH		
Basketball (All ages)	No Cost	F, Sat, Sun		
Board Games	No Cost	Т		
Bridge	No Cost	T, F		
Euchre	No Cost	T, F		
Hand & Foot	No Cost	M, W, F		
Line Dance	No Cost	TH		
Mahjong	No Cost	M		
Pickleball	No Cost	M, W, TH, F, Sat		
Table Tennis	No Cost	T, F		
Tai Chi/Qi Gong	No Cost	Т		
Volleyball	No Cost	T, W, F		

Open Recreation Schedule

Sunday: Both Gyms closed 3/5 & 3/19

Family Basketball: (B) 9 a.m.-Noon Open Basketball: (B) Noon-4:45 p.m.

Monday:

Pickleball: (F) 7-9:30 a.m. & 11:30 a.m.-1:30 p.m.
Pickleball: (B) 7a.m.-1:30 p.m.
Jazzercise: (F) 9:45-10:45 a.m.
Adult (18 +) Basketball: (F) 2-6 p.m.
Club Rec: (B) 2-6 p.m.
Pickleball: (F/B) 6:30-8:45 p.m.

Tuesday:

Open Basketball (F) 9 a.m.-2 p.m.
Table Tennis: (B) 7-11 a.m.
Volleyball: (B) 11:30 a.m.-2 p.m.
Club Rec: (B) 2-6 p.m.
Teen (13-17) Basketball: (F) 2:30-5:30 p.m.
Champions in Motion: (B) 6:15-8:45 p.m. No Class 3/21
Badminton: (F) 6:30-8:45 p.m.

Wednesday:

Pickleball: (F) 7-9:30 a.m. & 11:30 a.m.-1:30 p.m.
Pickleball: (B) 7a.m.-1:30 p.m.
Jazzercise: (F) 9:45-10:45 a.m.
Club Rec: (B) 2-6 p.m.
Teen (13-17) Basketball: (F) 2-3:30 p.m.
Youth (12 & under) Basketball: (F) 4-6 p.m.
Volleyball: (F/B) 6:30-8:45 p.m.

Thursday:

Pickleball: (F/B) 7a.m.–1:30 p.m. Club Rec: (B) 2-6 p.m. Teen (13-17) Basketball: (F) 2-3:30 p.m. Adult (18+) Basketball: (F/B) 6:30-8:45 p.m.

Friday: Both Gyms closed 2pm 3/3 & 3/17

Pickleball: (F) 7-9:30 a.m. & 11:30am-1:30 p.m.
Table Tennis: (B) 7-11 a.m.
Jazzercise: (F) 9:45-10:45 a.m.
Volleyball: (B) 11:30 a.m.-2 p.m.
Club Rec: (B) 2-6 p.m.
Open (all ages) Basketball: (F) 2-6 p.m.

Saturday: Both Gyms closed 3/4 & 3/18

Pickleball: (F/B) 9 a.m.-Noon Open Basketball: (B) 12:30-4:45 p.m.

F = Front Gymnasium B = Back Gymnasium

North Fort Myers Park & Recreation Center MARCH 2023

Hours of Operations:

Monday - Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday* 9 a.m.-5 p.m.

Workout Room open during business hours - closing 15 minutes prior to building closure

*Locker Rooms close at 3pm every Sunday for weekly maintenance. Mon-Sat locker rooms close 30 minutes prior to building closure. See front desk for details.

Memberships:

Lifetime Facility Membership:

Membership entitles the individual to general use of the facility including: gymnasium, locker rooms and game room.

\$10 Individual | \$25 Family

Workout Room Membership (per person):

\$20 - 1 month, \$80 - 6 months, \$120 - 1 year

Children 14 & 15 may have a membership and must be accompanied by an adult with valid Weight Room membership.



Scan our QR Code with your mobile device to be brought to our webpage.

CAPRA



MARCH 2023



Club Rec: 2-6 p.m.

Karate: 6-7:30 p.m.

Euchre: Noon-3 p.m.

Club Rec: 2-6 p.m.

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Announcements:	SUN	M O N	TUE	WED	THU	FRI	SAT
 Calendar is subject to change without notice Spring Break Camp (age 6-13) will be held Mon, March 20 – Fri, March 24 				1 Ceramics: 9 a.m1 p.m. Strength & Balance: 9-9:45 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30 a.m4 p.m. Club Rec: 2-6 p.m.	2 Art Social: 9 a.mNoon Line Dance: 10 a.mNoon Rummikub: 12:30-4 p.m. Club Rec: 2-6 p.m.	3 Ceramics: 9 a.m1 p.m. Bridge: 9-11:30 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30-4 p.m. Euchre: Noon-3 p.m. Club Rec: 2-6 p.m. Front & Back Gym Closed 2-7pm	Front & Back Gyms Closed Basketball Tournament
 Senior Prom will be held Thurs, March 30 from 5-8pm 	5 Front & Back Gyms Closed Basketball Tournament	6 Ceramics: 9 a.m1 p.m. Strength & Balance: 9-9:45 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30 a.m4 p.m. Mahjong: Noon-4 p.m. Club Rec: 2-6 p.m. Advanced Tai Chi: 5:30-6:30 p.m.	7 Tai Chi/Qi Gong: 9-10 a.m. Tai Chi/Qi Gong: 10:30-11:30 a.m. Bridge: 9-11:30 a.m. Board Games:10a.m5 p.m. Euchre: Noon-3 p.m. Club Rec: 2-6 p.m. Karate: 6-7:30 p.m. Blue Grass Jam 6-8 p.m.	8 Ceramics: 9 a.m1 p.m. Strength & Balance: 9-9:45 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30 a.m4 p.m. Club Rec: 2-6 p.m.	9 Art Social: 9 a.mNoon Line Dance: 10 a.mNoon Rummikub: 12:30-4 p.m. Club Rec: 2-6 p.m. Karate: 6-7:30 p.m.	Ceramics: 9 a.m1 p.m. Bridge: 9-11:30 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30-4 p.m. Euchre: Noon-3 p.m. Club Rec: 2-6 p.m.	11
Reminders: • Building closure: None at this time • Gymnasium closure: Fri, Mar 3 2-7pm	12	13 Ceramics: 9 a.m1 p.m. Strength & Balance: 9-9:45 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30 a.m4 p.m. Mahjong: Noon-4 p.m. Club Rec: 2-6 p.m. Advanced Tai Chi: 5:30-6:30 p.m	14 Tai Chi/Qi Gong: 9-10 a.m. Tai Chi/Qi Gong: 10:30-11:30 a.m. Bridge: 9-11:30 a.m. Board Games:10a.m5 p.m. Euchre: Noon-3 p.m. Club Rec: 2-6 p.m. Karate: 6-7:30 p.m. Blue Grass Jam 6-8 p.m.	15 Ceramics: 9 a.m1 p.m. Strength & Balance: 9-9:45 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30 a.m4 p.m. Club Rec: 2-6 p.m.	16 Art Social: 9 a.mNoon Line Dance: 10 a.mNoon Rummikub: 12:30-4 p.m. Club Rec: 2-6 p.m. Karate: 6-7:30 p.m.	17 Ceramics: 9 a.m1 p.m. Bridge: 9-11:30 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30-4 p.m. Euchre: Noon-3 p.m. Club Rec: 2-6 p.m.	Front & Back Gyms Closed Basketball Tournament
Sat, Mar 4 9am-5pm Sun, Mar 5 9am-5pm • Gymnasium closure: Fri, Mar 17 2-7pm Sat, Mar 18 9am-5pm Sun, Mar 19 9am-5pm	Front & Back Gyms Closed Basketball Tournament	20 Spring Break Camp 7:30am- 6pm Ceramics: 9 a.m1 p.m. Strength & Balance: 9-9:45 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30 a.m4 p.m. Mahjong: Noon-4 p.m. Advanced Tai Chi: 5:30-6:30 p.m.	21 Spring Break Camp 7:30am-6pm Tai Chi/Qi Gong: 9-10 a.m. Tai Chi/Qi Gong: 10:30-11:30 a.m. Bridge: 9-11:30 a.m. Board Games:10a.m5 p.m. Euchre: Noon-3 p.m. Karate: 6-7:30 p.m. Blue Grass Jam 6-8 p.m.	Spring Break Camp 7:30am-6pm Ceramics: 9 a.m1 p.m. Strength & Balance: 9-9:45 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30 a.m4 p.m.	23 Spring Break Camp 7:30am- 6pm Art Social: 9 a.mNoon Line Dance: 10 a.mNoon Rummikub: 12:30-4 p.m. Karate: 6-7:30 p.m.	24 Spring Break Camp 7:30am- 6pm Ceramics: 9 a.m1 p.m. Bridge: 9-11:30 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30-4 p.m. Euchre: Noon-3 p.m.	25
	26	27 Ceramics: 9 a.m1 p.m. Strength & Balance: 9-9:45 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30 a.m4 p.m.	28 Tai Chi/Qi Gong: 9-10 a.m. Tai Chi/Qi Gong: 10:30-11:30 a.m. Bridge: 9-11:30 a.m. Board Games:10a.m5 p.m. Euchre: Noon-3 p.m.	29 Ceramics: 9 a.m1 p.m. Strength & Balance: 9-9:45 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30 a.m4 p.m.	30 Senior Prom 5-8pm Art Social: 9 a.mNoon Line Dance: 10 a.mNoon Rummikub: 12:30-4 p.m.	31 Ceramics: 9 a.m1 p.m. Bridge: 9-11:30 a.m. Yoga: 10-11 a.m. Hand & Foot: 11:30-4 p.m. Euchre: Noon-3 p.m.	

Club Rec: Noon-6 p.m.

Euchre: Noon-3 p.m.

Club Rec: 2-6 p.m.

Karate: 6-7:30 p.m.

Mahjong: Noon-4 p.m.

Advanced Tai Chi: 5:30-6:30 p.m.

Club Rec: 2-6 p.m.