

Available Programs with Facility Membership

Class	Price	Contact
Balance	\$40/ 4 Classes \$12/ Drop-In Fee	Holly Bruzina (239) 633-0125
Ceramics	\$15/month *Workshop Pricing Varies	Contact via ester- oceramics@yahoo.c om
Cardio, Strength, and Tone	\$33.75/month \$5/ Drop-In Fee	Heather Simpson (239) 888-2866
Excel Training (Youth)	\$40/4 Classes \$80/8 Classes \$10/Drop-in Fee	Matthew Loebs (239) 994-3580
Jazzercise	\$54/ month \$18/ Drop-In Fee	Kim Becker (847) 826-1628
Gentle Flow Yoga	\$32/4 Classes \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Line Dancing	\$32/month \$10/Drop-In Fee	Debbie Carpenter (239) 565-6144
Table Tennis & Youth Table Tennis	\$80/month \$15/ Drop-in Fee	Purvi Naik (239) 272-8941
Tae Kwon Do	\$75/month	Sheila Hyde (239) 273-2939
Tai Chi	\$24/month \$14/ 2 Classes	David Davenport (239) 949-6988
Youth Dance	\$37.50/month \$15 Drop in	Gabriella Vann (239) 688-1078
Zumba	\$20/month \$10/Drop-in Fee	Tracy Cox (240) 308-9034

Open Recreation Schedule

Sunday:
Pickleball: 9:00 a.m.– 12:30 p.m. (Ct. 1) Open Gym Basketball: 1-4:45 p.m. (Ct. 1 & 2) USA South Volleyball: 9 a.m.-4:45 p.m. (Ct. 3)
Monday:
Open Gym Basketball: 7-8 a.m. (Ct. 1 & 2) Open Gym Volleyball 7-8:30 a.m. (Ct. 3) Cardio, Strength, & Tone: 9:30-10:30 a.m. (Ct. 1 & 2) Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2) Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3) Open Gym Basketball: 1-2 p.m. (Ct.. 1 & 2) Club Rec Program: 2-6 p.m. (Ct.. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)
Tuesday:
Pickleball: 7 a.m.-1 p.m. (Ct. 1 & 2) Open Gym Basketball: 1-2 p.m. (Ct. 1 & 2) Club Rec Program: 2-6 p.m. (Ct. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Family Night: 6-8:45 p.m. (Ct. 1 & 2)
Wednesday:
Open Gym Basketball: 7-8 a.m. (Ct. 1 & 2) Open Gym Volleyball: 7-8:30 (Ct. 3) Cardio, Strength, & Tone: 9:30-10:30 a.m. (Ct. 1 & 2) Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2) Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3) Open Gym Basketball: 1-2 p.m. (Ct.. 1 & 2) Club Rec Program: 2-6 p.m. (Ct.. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Pickleball: 6:15-8:45 p.m. (Ct. 1 & 2)
Thursday:
Pickleball: 7 a.m.-1 p.m. (Ct. 1 & 2) Open Gym Basketball: 1-2 p.m. (Ct. 1 & 2) Club Rec Program: 2-6 p.m. (Ct. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)
Friday:
Open Gym Basketball: 7-8 a.m. (Ct. 1 & 2) Open Gym Volleyball: 7-8:30 a.m. (Ct. 3) Cardio, Strength, & Tone: 9:30-10:30 a.m. (Ct. 1 & 2) Senior Basketball: 10:35 a.m.-2 p.m. (Ct. 1 & 2) Senior Volleyball: 10:35 a.m.-2 p.m. (Ct. 1 & 2) Open Gym Basketball: 1-2 p.m. (Ct. 1 & @) Club Rec Program: 2-6 p.m. (Ct. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 1 & 2) Family Night: 6-6:45 p.m. (Ct. 1 & 2)
Saturday:
Open Gym Basketball: 9 a.m.-4:45 p.m. (Ct. 1) Open Gym Volleyball: 3 p.m.-4:45 p.m. (Ct. 2) USA South Team Practice: 9 a.m.-4:45 p.m. (Ct. 3)

*Please see inside of Trifold for any Gym Closures

Estero Park & Recreation Center NOVEMBER 2022

Hours of Operations:

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday 9 a.m.-5 p.m.

Workout & Locker Room open during business hours-
closing 15 minutes prior to building closure

Memberships:

Lifetime Facility Membership:

This membership entitles the individual to general use of the facility including: gymnasium activities, locker rooms, and game room.

\$10 Individual | \$25 Family

Workout Room Membership:

\$20– 1 month, \$80– 6 months,

\$120– 1 year



Scan our QR Code with your mobile device to be brought to our webpage.



Estero Park & Recreation Center
9200 Corkscrew Palms Blvd,
Estero, FL 33928
(239) 533-1470 | www.leeparks.org



NOVEMBER 2022



SUN	MON	TUE	WED	THU	FRI	SAT
		1 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Parkinson's 1-2 p.m. Ceramics: 4:45-8 p.m. Table Tennis: 6-8 p.m.	2 Jazzercise: 8-9 a.m Cardio, Strength, and Tone: 9:30-10:30 a.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 4-5 p.m.	3 Art League 9:00-3:00 p.m. Parkinson's 11 a.m.-Noon Youth Petite Combo: 4-5 p.m. Youth Ballet: 5-6 p.m. Youth Jazz/Hip Hop: 6-7 p.m.	4 Jazzercise: 8-9 a.m Ceramics 9 a.m.-noon Cardio, Strength, and Tone: 9:30-10:30 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Tae Kwon Do: 4-5 p.m.	5 Tae Kwon Do: 9-11:30 a.m. Table Tennis: Noon-2 p.m. TT Parkinson's: 2-4 p.m.
6 Line Dancing: Noon-3 p.m.	7 Jazzercise: 8-9 a.m Art League 9:00-3:00 p.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 a.m. Gentle Yoga Noon-1 p.m. Tae Kwon Do: 4-5 p.m.	8 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Parkinson's 1-2 p.m. Ceramics: 4:45-8 p.m. Table Tennis: 6-8 p.m.	9 Jazzercise: 8-9 a.m Zumba 10:45-11:45 a.m. Gentle Yoga Noon-1 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 4-5 p.m.	10 Parkinson's 11 a.m.-Noon Youth Petite Combo: 4-5 p.m. Youth Ballet: 5-6 p.m. Youth Jazz/Hip Hop: 6-7 p.m.	11 Facility Closed	12 Tae Kwon Do: 9-11:30 a.m. Table Tennis: Noon-2 p.m. TT Parkinson's: 2-4 p.m.
13 Line Dancing: Noon-3 p.m.	14 Jazzercise: 8-9 a.m Art League 9:00-3:00 p.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 a.m. Gentle Yoga Noon-1 p.m. Tae Kwon Do: 4-5 p.m.	15 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Parkinson's 1-2 p.m. Tang Soo Do: 5-6:30 p.m. Ceramics: 4:45-8 p.m. Table Tennis: 6-8 p.m.	16 Jazzercise: 8-9 a.m Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 a.m. Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 4-5 p.m.	17 Art League 9:00-3:00 p.m. Parkinson's 11 a.m.-Noon Youth Petite Combo: 4-5 p.m. Youth Ballet: 5-6 p.m. Youth Jazz/Hip Hop: 6-7 p.m.	18 Jazzercise: 8-9 a.m Ceramics 9 a.m.-noon Cardio, Strength, and Tone: 9:30-10:30 a.m. Tae Kwon Do: 4-5 p.m.	19 Tae Kwon Do: 9-11:30 a.m. Table Tennis: Noon-2 p.m. TT Parkinson's: 2-4 p.m.
20 Line Dancing: Noon-3 p.m.	21 Jazzercise: 8-9 a.m. Art League 9:00-3:00 p.m. Zumba 10:45-11:45 a.m. Gentle Yoga Noon-1 p.m. Tae Kwon Do: 4-5 p.m. Gym Closed	22 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Parkinson's 1-2 p.m. Ceramics: 4:45-8 p.m. Table Tennis: 6-8 p.m. Gym Closed	23 Jazzercise: 8-9 a.m Zumba 10:45-11:45 a.m. Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 4-5 p.m. Gym Closed	24 Facility Closed	25 Facility Closed	26 Tae Kwon Do: 9-11:30 a.m. Table Tennis: Noon-2 p.m. TT Parkinson's: 2-4 p.m. Gym Closed
27 Line Dancing: Noon-3 p.m.	28 Jazzercise: 8-9 a.m Art League 9:00-3:00 p.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Tae Kwon Do: 4-5 p.m. Gym Closed	29 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Parkinson's 1-2 p.m. Ceramics: 4:45-8 p.m. Table Tennis: 6-8 p.m.	30 Jazzercise: 8-9 a.m Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 a.m. Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 4-5 p.m.	Non-Fee Programs: <ul style="list-style-type: none"> Art League: Contact David (339) 832-0478 Chess Club: Contact Kevin kebeal@gmail.com; Meets on Saturdays 12-4 p.m. Sewing Club: Contact Peggy (239) 241-3872; Meets the 1st and 3rd Saturday 10 a.m.-4 p.m. 		

Announcements:

- Facility Closure: November 11, 2022: Veteran's Day
- Movie in the Park: November 19, 2022 at 6 p.m.
- Gymnasium Closure: November 20-27, 2022: Gulf Coast Shoot Out Practice
- Facility Closure: November 24-25, 2022: Thanksgiving

Reminders:

- Calendar and Schedule are subject to change without notice.
- Family Night is for youth 17 and under. Ages 12 and under must have an adult present.
- Workout Room: Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the Workout Room.