

Available Programs with Facility Membership

Class	Price	Contact
Adult Tap	\$15/Drop-in Fee	Marilyn DiEnno (239) 498-2022
Balance	\$40/ 4 Classes \$12/ Drop-In Fee	Holly Bruzina (239) 633-0125
Ceramics	\$15/month *Workshop Pricing Varies	Contact via esteroceramics@yahoo.com
Cardio, Strength, and Tone	\$48.75/month \$5/ Drop-In Fee	Heather Simpson (239) 888-2866
Excel Training (Youth)	\$40/4 Classes \$80/8 Classes \$10/Drop-in Fee	Matthew Loebs (239) 994-3580
FUNctional Fitness	\$15/month \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Jazzercise	\$54/month \$18/Drop-in Fee	Kim Becker (847) 826- 1628
Gentle Flow Yoga	\$32/4 Classes \$10/Drop-in	Tracy Cox (240) 308-9034
Group Guitar	\$78/month	Dennis Cassella (239) 785-4823
Kickboxing	\$50/month	Sheila Hyde (239) 273-2939
LaBlast Dance Fitness	\$15/month \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Line Dancing	\$32/month \$10/Drop-In Fee	Debbie Carpenter (239) 565-6144
Table Tennis & Youth Table Tennis	\$80/month \$40/month for Youth \$15/Drop-in Fee \$60/hour Private Sessions	Purvi Naik (239) 272-8941
Tae Kwon Do	\$75/month	Sheila Hyde (239) 273-2939
Tang Soo Do	\$69/month	Tim Murphy (570) 815-3715
Tai Chi	\$24/month \$14/ 2 Classes	David Davenport (239) 949-6988
Youth Dance Classes	\$50/month \$15/Drop-in	Gabriella Vann (239) 688-1078
Zumba	\$20/month \$10/Drop-in	Tracy Cox (240) 308-9034

Open Recreation Schedule

Sunday: Pickleball: 9:00 a.m.- 12:30 p.m. (Ct. 1 & 2) Open Gym Basketball: 1-4:45 p.m. (Ct. 1 & 2) USA South Volleyball: 9 a.m.-4:45 p.m. (Ct. 3)	Monday: Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2) Open Gym Volleyball 7-8:30 a.m. (Ct. 3) Cardio, Strength, & Tone: 9:30-10:30 a.m. (Ct. 1 & 2) Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2) Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3) Open Gym Basketball: 1-2 p.m. (Ct.. 1 & 2) Club Rec Program: 2-6 p.m. (Ct.. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)	Tuesday: Pickleball: 7 a.m.-1 p.m. (Ct. 1 & 2) Open Gym Basketball: 1-2 p.m. (Ct. 1 & 2) Club Rec Program: 2-6 p.m. (Ct. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Family Night: 6-8:45 p.m. (Ct. 1 & 2)	Wednesday: Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2) Open Gym Volleyball: 7-8:30 a.m. (Ct. 3) Cardio, Strength, & Tone: 9:30-10:30 a.m. (Ct. 1 & 2) Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2) Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3) Open Gym Basketball: 1-2 p.m. (Ct.. 1 & 2) Club Rec Program: 2-6 p.m. (Ct.. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Pickleball: 6:15-8:45 p.m. (Ct. 1 & 2)	Thursday: Pickleball: 7 a.m.-1 p.m. (Ct. 1 & 2) Open Gym Basketball: 1-2 p.m. (Ct. 1 & 2) Club Rec Program: 2-6 p.m. (Ct. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)	Friday: Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2) Open Gym Volleyball: 7-8:30 a.m. (Ct. 3) Cardio, Strength, & Tone: 9:30-10:30 a.m. (Ct. 1 & 2) Senior Basketball: 10:35 a.m.-2 p.m. (Ct. 1 & 2) Senior Volleyball: 10:35 a.m.-2 p.m. (Ct. 1 & 2) Open Gym Basketball: 1-2 p.m. (Ct. 1 & 2) Club Rec Program: 2-6 p.m. (Ct. 1 & 2) USA South Team Practice: 4-6:45 p.m. (Ct. 3) Family Night: 6-6:45 p.m. (Ct. 1 & 2)	Saturday: Open Gym Basketball: 9 a.m.-4:45 p.m. (Ct. 1) Open Gym Volleyball: 3 p.m.-4:45 p.m. (Ct. 2) USA South Team Practice: 9 a.m.-4:45 p.m. (Ct. 3)
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***Please see inside of Trifold for any Gym Closures**

Estero Park & Recreation Center

MARCH 2023

Hours of Operations:

Monday-Thursday	7 a.m.-9 p.m.
Friday	7 a.m.-7 p.m.
Saturday & Sunday	9 a.m.-5 p.m.

Workout & Locker Room open during business hours-closing 15 minutes prior to building closure

Memberships:

Lifetime Facility Membership:

This membership entitles the individual to general use of the facility including: gymnasium activities, locker rooms, and game room.

\$10 Individual | \$25 Family

Workout Room Membership:

\$20- 1 month, \$80- 6 months,
\$120- 1 year



Scan our QR Code with your mobile device to be brought to our webpage.



Estero Park & Recreation Center
9200 Corkscrew Palms Blvd,
Estero, FL 33928
(239) 533-1470 | www.leeparks.org



MARCH 2023



Announcements:

- Gymnasium Closure:
March 2-5, 2023:
Gymnastics
Championships
- March 7, 2023: Regular
Election Village of Estero
- Gymnasium Closure:
March 18-19, 2023: Anne
Houston Screw Cancer
Hoopfest
- Upcoming Event: Easter
Eggstravaganza, Saturday,
April 8, 2023 from 10 a.m.-
Noon. \$5 Pre-registration
required. Registration will
open on Wednesday,
March 8, 2023.

Reminders:

- Calendar and Schedule
are subject to change
without notice.
- Family Night is for youth 17
and under. Ages 12 and
under must have an adult
present.
- Workout Room: Children
ages 14 & 15 years old
must be accompanied by
an adult 18 years or older.
Children 13 and under are
not permitted in the
Workout Room.

SUN	MON	TUE	WED	THU	FRI	SAT
Non-Fee Programs: <ul style="list-style-type: none"> Art League: Contact David (339) 832-0478 Chess Club: Contact Kevin kebeal@gmail.com; Meets on Saturdays 12-4 p.m. Sewing Club: Contact Peggy (239) 241-3872; Meets the 1st and 3rd Saturday 10 a.m.-4 p.m. Woodcarvers: Contact Warren (239) 810-3488 			1 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 4-5 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	2 Art League 9:00-3:00 p.m. Adult Tap 9:30-11:45 a.m. Balance: 11 a.m.-Noon Parkinson's: 1-2 p.m. Petite Combo (Youth): 4-5 p.m. Ballet: (Youth): 5-6 p.m. Tang Soo Do: 5-6:30 p.m. Jazz/Hip Hop (Youth): 6-7 p.m. Gym Closed	3 Jazzercise: 7:45-9 a.m. LaBlast Dance Fitness: 9:30-10:30 a.m. FUNctional Fitness: 10:45-11:45 a.m. Ceramics 9 a.m.-noon Tae Kwon Do: 5:00 PM; 6:00 p.m. Kickboxing 7:30-8:30 p.m. Tang Soo Do: 5-6:30 p.m. Gym Closed	4 Table Tennis: 11:30-2 p.m. TT Parkinson's: 2-4 p.m. Gym Closed
5 Line Dancing: Noon-3 p.m. Gym Closed	6 Jazzercise: 7:45-9 a.m. Art League 9:00-3:00 p.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Adult Tap 5:30-6:30 p.m.	7 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Youth Table Tennis: 5-6 p.m. Table Tennis: 6-8:30 p.m.	8 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Parkinson's 11-Noon Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Kickboxing 7:30-8:30 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	9 Art League 9:00-3:00 p.m. Adult Tap 9:30-11:45 a.m. Balance: 11 a.m.-Noon Petite Combo (Youth): 4-5 p.m. Ballet: (Youth): 5-6 p.m. Tang Soo Do: 5-6:30 p.m. Jazz/Hip Hop (Youth): 6-7 p.m.	10 Jazzercise: 7:45-9 a.m. LaBlast Dance Fitness: 9:30-10:30 a.m. FUNctional Fitness: 10:45-11:45 a.m. Ceramics 9 a.m.-noon Cardio, Strength, and Tone: 9:30-10:30 a.m. Tae Kwon Do: 5:00 PM; 6:00 p.m. Kickboxing 7:30-8:30 p.m. Tang Soo Do: 5-6:30 p.m.	11 Tae Kwon Do: 9-11:30 a.m. Table Tennis: 11:30-2 p.m. TT Parkinson's: 2-4 p.m.
12 Line Dancing: Noon-3 p.m.	13 Jazzercise: 7:45-9 a.m. Art League 9:00-3:00 p.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Parkinson's 11-Noon Gentle Yoga Noon-1 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Adult Tap 5:30-6:30 p.m.	14 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Youth Table Tennis: 5-6 p.m. Table Tennis: 6-8:30 p.m.	15 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Parkinson's 11-Noon Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	16 Art League 9:00-3:00 p.m. Adult Tap 9:30-11:45 a.m. Balance: 11 a.m.-Noon Petite Combo (Youth): 4-5 p.m. Ballet: (Youth): 5-6 p.m. Tang Soo Do: 5-6:30 p.m. Jazz/Hip Hop (Youth): 6-7 p.m.	17 Jazzercise: 7:45-9 a.m. LaBlast Dance Fitness: 9:30-10:30 a.m. FUNctional Fitness: 10:45-11:45 a.m. Ceramics 9 a.m.-noon Cardio, Strength, and Tone: 9:30-10:30 a.m. Tae Kwon Do: 5:00 PM; 6:00 p.m. Kickboxing 7:30-8:30 p.m. Tang Soo Do: 5-6:30 p.m. No Family Night	18 Table Tennis: 11:30-2 p.m. TT Parkinson's: 2-4 p.m. Gym Closed
19 Line Dancing: Noon-3 p.m. Gym Closed	20 Jazzercise: 7:45-9 a.m. Art League 9:00-3:00 p.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Adult Tap 5:30-6:30 p.m.	21 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Youth Table Tennis: 5-6 p.m. Table Tennis: 6-8:30 p.m.	22 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Parkinson's 11-Noon Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	23 Art League 9:00-3:00 p.m. Adult Tap 9:30-11:45 a.m. Balance: 11 a.m.-Noon Petite Combo (Youth): 4-5 p.m. Ballet: (Youth): 5-6 p.m. Tang Soo Do: 5-6:30 p.m. Jazz/Hip Hop (Youth): 6-7 p.m.	24 Jazzercise: 7:45-9 a.m. Ceramics 9 a.m.-noon Cardio, Strength, and Tone: 9:30-10:30 a.m. Tae Kwon Do: 5:00 PM; 6:00 p.m. Kickboxing 7:30-8:30 p.m. Tang Soo Do: 5-6:30 p.m.	25 Tae Kwon Do: 9-11:30 a.m. Table Tennis: 11:30-2 p.m. TT Parkinson's: 2-4 p.m.
26 Line Dancing: Noon-3 p.m.	27 Jazzercise: 7:45-9 a.m. Art League 9:00-3:00 p.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Parkinson's 11-Noon Art League 9:00-3:00 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Adult Tap 5:30-6:30 p.m.	28 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Youth Table Tennis: 5-6 p.m. Table Tennis: 6-8:30 p.m.	29 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Parkinson's 11-Noon Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m.	30 Art League 9:00-3:00 p.m. Adult Tap 9:30-11:45 a.m. Balance: 11 a.m.-Noon Petite Combo (Youth): 4-5 p.m. Ballet: (Youth): 5-6 p.m. Tang Soo Do: 5-6:30 p.m. Jazz/Hip Hop (Youth): 6-7 p.m.	31 Jazzercise: 7:45-9 a.m. Ceramics 9 a.m.-noon Cardio, Strength, and Tone: 9:30-10:30 a.m. Tae Kwon Do: 5:00 PM; 6:00 p.m. Kickboxing 7:30-8:30 p.m. Tang Soo Do: 5-6:30 p.m. No Family Night	