

Available Programs with Facility Membership

Class	Price	Contact
Ceramics	\$15/month *Workshop Pricing Varies	Contact via estero ceramics@yahoo.com
Cardio, Strength, and Tone	\$45/month \$5/ Drop-In Fee	Heather Simpson (239) 888-2866
Excel Training (Youth)	\$40/4 Classes \$80/8 Classes \$10/Drop-in Fee	Matthew Loebs (239) 994-3580
FUNctional Fitness	\$15/month \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Jazzercise	\$54/month \$18/Drop-in Fee	Kim Becker (847) 826- 1628
Gentle Flow Yoga	\$32/4 Classes \$10/Drop-in	Tracy Cox (240) 308-9034
Group Guitar	\$78/month	Dennis Cassella (239) 785-4823
Kickboxing	\$50/month	Sheila Hyde (239) 273-2939
LaBlast Dance Fitness	\$15/month \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Table Tennis	\$80/month \$40/month for Youth \$15/Drop-in Fee \$60/hour Private Sessions	Purvi Naik (239) 272-8941
Tae Kwon Do	\$75/month	Sheila Hyde (239) 273-2939
Tang Soo Do	\$69/month	Tim Murphy (570) 815-3715
Tai Chi	\$24/month \$14/ 2 Classes	David Davenport (239) 949-6988
Youth Dance Classes	\$50/month \$15/Drop-in	Gabriella Vann (239) 688-1078
Zumba	\$20/month \$10/Drop-in	Tracy Cox (240) 308-9034

Open Recreation Schedule

***Open Recreation schedule changes to the below beginning Monday, June 19, 2023 through July 28, 2023 due to Summer Camp.**

Please see the inside of Trifold for any additional Gym Closures.

Sunday:

Pickleball: 9:00 a.m.– 12:30 p.m. (Ct. 1 & 2)
Open Gym Basketball: 1-4:45 p.m.
(Ct. 1 & 2)
USA South Volleyball: 9 a.m.-4:45 p.m. (Ct. 3)

Monday:

USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)

Tuesday:

USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Family Night: 6-8:45 p.m. (Ct. 1 & 2)

Wednesday:

USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Pickleball: 6:15-8:45 p.m. (Ct. 1 & 2)

Thursday:

USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)

Friday:

USA South Team Practice: 4-6:45 p.m. (Ct. 3)
Family Night: 6-6:45 p.m. (Ct. 1 & 2)

Saturday:

Open Gym Basketball: 9 a.m.-4:45 p.m. (Ct. 1)
Open Gym Volleyball: 3 p.m.-4:45 p.m. (Ct. 2)
USA South Team Practice: 9 a.m.-4:45 p.m. (Ct. 3)

Estero Park & Recreation Center JUNE 2023

Hours of Operations:

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday 9 a.m.-5 p.m.

Workout & Locker Room open during business hours-closing 15 minutes prior to building closure

Memberships:

Lifetime Facility Membership:

This membership entitles the individual to general use of the facility including: gymnasium activities, locker rooms, and game room.

\$10 Individual | \$25 Family

Workout Room Membership:

\$20– 1 month, \$80– 6 months,
\$120– 1 year



Scan our QR Code with your mobile device to be brought to our webpage.



Estero Park & Recreation Center
9200 Corkscrew Palms Blvd,
Estero, FL 33928
(239) 533-1470 | www.leeparks.org



JUNE 2023

Announcements:

- The Game Room will be closed weekdays, June 19, 2023 through July 28, 2023 from 7 a.m.-6 p.m.
- Daytime Gymnasium Activities are suspended starting on Monday, June 19, 2023 through Friday, July 28, 2023 due to Summer Camp
- Gymnasium Closure: June 2-3, 2023: Kick International
- Gymnasium Closure: June 5-6, 2023 from 12-6 p.m.: Club Rec Program
- Gymnasium Closure: June 9, 2023: No Family Night
- Gymnasium Closure: June 10-11, 2023: AAU Volleyball
- Gymnasium Closure: June 15, 2023 from 2-8:45 p.m.: No Adult Basketball (Summer Camp Open House)
- Gymnasium Closure: June 23, 2023: No Family Night
- Gymnasium Closure: June 24-25, 2023: AAU Basketball

Reminders:

- Calendar and Schedule are subject to change without notice.
- Family Night is for youth 17 and under. Ages 12 and under must have an adult present.
- Workout Room: Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the Workout Room.

SUN	MON	TUE	WED	THU	FRI	SAT
Non-Fee Programs: <ul style="list-style-type: none"> Chess Club: Contact Kevin kebeal@gmail.com; Meets on Saturdays 12-4 p.m. 				1 Ballet (Youth): 5-6 p.m. Jazz/Hip Hop (Youth): 6-7 p.m. Tang Soo Do: 5-6:30 p.m.	2 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. LaBlast Dance Fitness: 10:45-11:45 a.m. FUNctional Fitness: Noon-1 p.m. Tang Soo Do: 5-6:30 p.m. Tae Kwon Do: 6 p.m. Gym Closed	3 Table Tennis: 11:30-2 p.m. Chess Club: 12-4 p.m. TT Parkinson's: 2-4 p.m. Gym Closed
4	5 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Parkinson's 11 AM-1 P.M. Gentle Yoga Noon-1 p.m. Tae Kwon Do: 6:30 p.m. Kickboxing: 7:30-8:30 p.m. Gym Closed from 12-6 p.m.	6 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Youth Table Tennis: 5-6 p.m. Table Tennis: 6-8:30 p.m. Gym Closed from 12-6 p.m.	7 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Parkinson's 11-Noon Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 6:30 p.m. Kickboxing: 7:30-8:30 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	8 Ballet (Youth): 5-6 p.m. Jazz/Hip Hop (Youth): 6-7 p.m. Tang Soo Do: 5-6:30 p.m.	9 Jazzercise: 7:45-9 a.m. Ceramics: 9 a.m.-noon Cardio, Strength, and Tone: 9:30-10:30 a.m. LaBlast Dance Fitness: 10:45-11:45 a.m. FUNctional Fitness: Noon-1 p.m. Tang Soo Do: 5-6:30 p.m. Tae Kwon Do: 6 p.m. No Family Night	10 Table Tennis: 11:30-2 p.m. Chess Club: 12-4 p.m. TT Parkinson's: 2-4 p.m. Tae Kwon Do: 9:30 a.m. Gym Closed
11 Gym Closed	12 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Parkinson's 11-Noon Gentle Yoga Noon-1 p.m.	13 Intermediate Tai Chi: 8:45-9:30 a.m. Beginner's Tai Chi: 9:45-10:30 a.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Youth Table Tennis: 5-6 p.m. Table Tennis: 6-8:30 p.m.	14 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 6:30 p.m. Kickboxing: 7:30-8:30 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	15 Ballet (Youth): 5-6 p.m. Jazz/Hip Hop (Youth): 6-7 p.m. Tang Soo Do: 5-6:30 p.m. No Adult Basketball	16 Jazzercise: 7:45-9 a.m. Ceramics: 9 a.m.-noon LaBlast Dance Fitness: 10:45-11:45 a.m. FUNctional Fitness: Noon-1 p.m. Tang Soo Do: 5-6:30 p.m. Tae Kwon Do: 6 p.m.	17 Table Tennis: 11:30-2 p.m. Chess Club: 12-4 p.m. TT Parkinson's: 2-4 p.m.
18	19 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone (102A): 9:30-10:30 a.m. Tae Kwon Do: 6:30 p.m. Kickboxing: 7:30-8:30 p.m.	20 Intermediate Tai Chi: 8:45-9:30 a.m. Beginner's Tai Chi: 9:45-10:30 a.m. Ceramics: 5:15-8:15p.m. Tang Soo Do: 5-6:30 p.m. Table Tennis: 6-8:30 p.m.	21 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone (102A): 9:30-10:30 a.m. Ceramics: 5:15-8:15p.m. Tae Kwon Do: 6:30 p.m. Kickboxing: 7:30-8:30 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	22 Ballet (Youth): 5-6 p.m. Jazz/Hip Hop (Youth): 6-7 p.m. Tang Soo Do: 5-6:30 p.m.	23 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone (102A): 9:30-10:30 a.m. Tae Kwon Do: 5:00 PM; 6:00 p.m. Tang Soo Do: 5-6:30 p.m. Tae Kwon Do: 6 p.m. No Family Night	24 Tae Kwon Do: 9:30 a.m. Chess Club: 12-4 p.m. Table Tennis: 11:30-2 p.m. TT Parkinson's: 2-4 p.m. Gym Closed
25 Gym Closed	26 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone (102A): 9:30-10:30 a.m. Tae Kwon Do: 6:30 p.m. Kickboxing: 7:30-8:30 p.m.	27 Intermediate Tai Chi: 8:45-9:30 a.m. Beginner's Tai Chi: 9:45-10:30 a.m. Ceramics: 5:15-8:15p.m. Tang Soo Do: 5-6:30 p.m. Table Tennis: 6-8:30 p.m.	28 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone (102A): 9:30-10:30 a.m. Ceramics: 5:15-8:15p.m. Tae Kwon Do: 6:30 p.m. Kickboxing: 7:30-8:30 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	29 Ballet (Youth): 5-6 p.m. Jazz/Hip Hop (Youth): 6-7 p.m. Tang Soo Do: 5-6:30 p.m.	30 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone (102A): 9:30-10:30 a.m. Tang Soo Do: 5-6:30 p.m. Tae Kwon Do: 6 p.m.	