

Available Programs with Facility Membership

Class	Price	Contact
Adult Tap	\$15/Drop-in Fee	Marilyn DiEnno (239) 498-2022
Balance	\$40/ 4 Classes \$12/ Drop-In Fee	Holly Bruzina (239) 633-0125
Ceramics	\$15/month *Workshop Pricing Varies	Contact via esteroceramics@yahoo.com
Cardio, Strength, and Tone	\$33.75/month Indoor \$11.25/month Outdoor \$5/ Drop-In Fee	Heather Simpson (239) 888-2866
Excel Training (Youth)	\$40/4 Classes \$80/8 Classes \$10/Drop-in Fee	Matthew Loebs (239) 994-3580
Jazzercise	\$54/month \$18/Drop-in Fee	Kim Becker (847) 826- 1628
Gentle Flow Yoga	\$32/4 Classes \$10/Drop-in	Tracy Cox (240) 308-9034
Group Guitar	\$78/month	Dennis Cassella (239) 785-4823
Kickboxing	\$50/month	Sheila Hyde (239) 273-2939
Line Dancing	\$32/month \$10/Drop-In Fee	Debbie Carpenter (239) 565-6144
Table Tennis & Youth Table Tennis	\$80/month \$15/Drop-in Fee \$60/hour Private Sessions	Purvi Naik (239) 272-8941
Tae Kwon Do	\$75/month	Sheila Hyde (239) 273-2939
Tang Soo Do	\$69/month	Tim Murphy (570) 815-3715
Tai Chi	\$24/month \$14/ 2 Classes	David Davenport (239) 949-6988
Youth Dance Classes	\$50/month \$15/Drop-in	Gabriella Vann (239) 688-1078
Zumba	\$20/month \$10/Drop-in	Tracy Cox (240) 308-9034

Open Recreation Schedule

Sunday: Pickleball: 9:00 a.m.- 12:30 p.m. (Ct. 1) Open Gym Basketball: 1-4:45 p.m. (Ct. 1 & 2) USA South Volleyball: 9 a.m.-4:45 p.m. (Ct. 3)
Monday: Open Gym Basketball: 7-8 a.m. (Ct. 1 & 2) Open Gym Volleyball 7-8:30 a.m. (Ct. 3) Cardio, Strength, & Tone: 9:30-10:30 a.m. (Ct. 1 & 2) Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2) Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3) Open Gym Basketball: 1-2 p.m. (Ct.. 1 & 2) Club Rec Program: 2-6 p.m. (Ct.. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)
Tuesday: Pickleball: 7 a.m.-1 p.m. (Ct. 1 & 2) Open Gym Basketball: 1-2 p.m. (Ct. 1 & 2) Club Rec Program: 2-6 p.m. (Ct. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Family Night: 6-8:45 p.m. (Ct. 1 & 2)
Wednesday: Open Gym Basketball: 7-8 a.m. (Ct. 1 & 2) Open Gym Volleyball: 7-8:30 a.m. (Ct. 3) Cardio, Strength, & Tone: 9:30-10:30 a.m. (Ct. 1 & 2) Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2) Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3) Open Gym Basketball: 1-2 p.m. (Ct.. 1 & 2) Club Rec Program: 2-6 p.m. (Ct.. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Pickleball: 6:15-8:45 p.m. (Ct. 1 & 2)
Thursday: Pickleball: 7 a.m.-1 p.m. (Ct. 1 & 2) Open Gym Basketball: 1-2 p.m. (Ct. 1 & 2) Club Rec Program: 2-6 p.m. (Ct. 1 & 2) USA South Team Practice: 4-8:45 p.m. (Ct. 3) Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)
Friday: Open Gym Basketball: 7-8 a.m. (Ct. 1 & 2) Open Gym Volleyball: 7-8:30 a.m. (Ct. 3) Cardio, Strength, & Tone: 9:30-10:30 a.m. (Ct. 1 & 2) Senior Basketball: 10:35 a.m.-2 p.m. (Ct. 1 & 2) Senior Volleyball: 10:35 a.m.-2 p.m. (Ct. 1 & 2) Open Gym Basketball: 1-2 p.m. (Ct. 1 & @) Club Rec Program: 2-6 p.m. (Ct. 1 & 2) USA South Team Practice: 4-6:45 p.m. (Ct. 1 & 2) Family Night: 6-6:45 p.m. (Ct. 1 & 2)
Saturday: Open Gym Basketball: 9 a.m.-4:45 p.m. (Ct. 1) Open Gym Volleyball: 3 p.m.-4:45 p.m. (Ct. 2) USA South Team Practice: 9 a.m.-4:45 p.m. (Ct. 3)

***Please see inside of Trifold for any Gym Closures**

Estero Park & Recreation Center FEBRUARY 2023

Hours of Operations:

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday 9 a.m.-5 p.m.

Workout & Locker Room open during business hours-
closing 15 minutes prior to building closure

Memberships:

Lifetime Facility Membership:

This membership entitles the individual to
general use of the facility including:
gymnasium activities, locker rooms, and
game room.

\$10 Individual | \$25 Family

Workout Room Membership:

\$20- 1 month, \$80- 6 months,
\$120- 1 year



Scan our QR Code with your
mobile device to be brought
to our webpage.



Estero Park & Recreation Center
9200 Corkscrew Palms Blvd,
Estero, FL 33928
(239) 533-1470 | www.leeparks.org



FEBRUARY 2023

Announcements:

- February 4, 2023: Yard Sale 7:30 a.m.-noon; Health & Wellness Fair 9 a.m.-2 p.m.
- Gymnasium Closure: February 4, 2023: Tae Kwon Do Tournament
- Gymnasium Closure: February 6th & 13th, 2023: Special Olympics Basketball Court 1
- Gymnasium Closure: February 11-12, 2023, AAU Volleyball
- Gymnasium Closure: February 17-19, 2023, Senior Games Pickleball
- February 25, 2023: Movie in the Park: "DC League of Super-Pets (PG); Movie starts at 7 p.m.

Reminders:

- Calendar and Schedule are subject to change without notice.
- Family Night is for youth 17 and under. Ages 12 and under must have an adult present.
- Workout Room: Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the Workout Room.

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 4-5 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	16 Art League 9:00-3:00 p.m. Adult Tap 9:30-11:45 a.m. Balance: 11 a.m.-Noon Parkinson's: 1-2 p.m. Petite Combo (Youth): 4-5 p.m. Ballet: (Youth): 5-6 p.m. Tang Soo Do: 5-6:30 p.m. Jazz/Hip Hop (Youth): 6-7 p.m.	3 Jazzercise: 7:45-9 a.m. Ceramics 9 a.m.-noon Cardio, Strength, and Tone: 9:30-10:30 a.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Tang Soo Do: 5-6:30 p.m. No Family Night	4 Table Tennis: 11:30-2 p.m. TT Parkinson's: 2-4 p.m. Gym Closed
5 Line Dancing: Noon-3 p.m.	6 Jazzercise: 7:45-9 a.m. Art League 9:00-3:00 p.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Adult Tap 5:30-6:30 p.m. Court 1 Special Olympics 6-8 p.m.	7 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Parkinson's 1-2 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Youth Table Tennis: 5-6 p.m. Table Tennis: 6-8:30 p.m.	8 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	16 Art League 9:00-3:00 p.m. Adult Tap 9:30-11:45 a.m. Balance: 11 a.m.-Noon Parkinson's: 1-2 p.m. Petite Combo (Youth): 4-5 p.m. Ballet: (Youth): 5-6 p.m. Tang Soo Do: 5-6:30 p.m. Jazz/Hip Hop (Youth): 6-7 p.m.	10 Jazzercise: 7:45-9 a.m. Ceramics 9 a.m.-noon Cardio, Strength, and Tone: 9:30-10:30 a.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Tang Soo Do: 5-6:30 p.m.	11 Tae Kwon Do: 9-11:30 a.m. Table Tennis: 11:30-2 p.m. TT Parkinson's: 2-4 p.m. Gym Closed
12 Line Dancing: Noon-3 p.m. Gym Closed	13 Jazzercise: 7:45-9 a.m. Art League 9:00-3:00 p.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Adult Tap 5:30-6:30 p.m. Court 1 Special Olympics 6-8 p.m.	14 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Parkinson's 1-2 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Youth Table Tennis: 5-6 p.m. Table Tennis: 6-8:30 p.m.	15 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	16 Art League 9:00-3:00 p.m. Adult Tap 9:30-11:45 a.m. Balance: 11 a.m.-Noon Parkinson's: 1-2 p.m. Petite Combo (Youth): 4-5 p.m. Ballet: (Youth): 5-6 p.m. Tang Soo Do: 5-6:30 p.m. Jazz/Hip Hop (Youth): 6-7 p.m.	17 Jazzercise: 7:45-9 a.m. Ceramics 9 a.m.-noon Cardio, Strength, and Tone: 9:30-10:30 a.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Tang Soo Do: 5-6:30 p.m. Gym Closed	18 Table Tennis: 11:30-2 p.m. TT Parkinson's: 2-4 p.m. Gym Closed
19 Line Dancing: Noon-3 p.m. Gym Closed	20 Jazzercise: 7:45-9 a.m. Art League 9:00-3:00 p.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Adult Tap 5:30-6:30 p.m.	21 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Parkinson's 1-2 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Youth Table Tennis: 5-6 p.m. Table Tennis: 6-8:30 p.m.	22 Jazzercise: 7:45-9 a.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Zumba 10:45-11:45 p.m. Gentle Yoga Noon-1 p.m. Woodcarvers Noon-2:45 p.m. Ceramics: 4:45-8 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Guitar Beginners: 5:30-6:30 p.m.; Intermediate 6:30-7:30 p.m.	16 Art League 9:00-3:00 p.m. Adult Tap 9:30-11:45 a.m. Balance: 11 a.m.-Noon Parkinson's: 1-2 p.m. Petite Combo (Youth): 4-5 p.m. Ballet: (Youth): 5-6 p.m. Tang Soo Do: 5-6:30 p.m. Jazz/Hip Hop (Youth): 6-7 p.m.	24 Jazzercise: 7:45-9 a.m. Ceramics 9 a.m.-noon Cardio, Strength, and Tone: 9:30-10:30 a.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Tang Soo Do: 5-6:30 p.m.	25 Tae Kwon Do: 9-11:30 a.m. Table Tennis: 11:30-2 p.m. TT Parkinson's: 2-4 p.m.
26 Line Dancing: Noon-3 p.m.	27 Jazzercise: 7:45-9 a.m. Art League 9:00-3:00 p.m. Cardio, Strength, and Tone: 9:30-10:30 a.m. Art League 9:00-3:00 p.m. Tae Kwon Do: 5:30 PM; 6:30 p.m. Kickboxing 7:30-8:30 p.m. Adult Tap 5:30-6:30 p.m.	28 Intermediate Tai Chi: 9-9:45 a.m. Beginner's Tai Chi: 10-10:45 a.m. Balance: 11 a.m.-Noon Parkinson's 1-2 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Youth Table Tennis: 5-6 p.m. Table Tennis: 6-8:30 p.m.	Non-Fee Programs: <ul style="list-style-type: none"> Art League: Contact David (339) 832-0478 Chess Club: Contact Kevin kebeal@gmail.com; Meets on Saturdays 12-4 p.m. Sewing Club: Contact Peggy (239) 241-3872; Meets the 1st and 3rd Saturday 10 a.m.-4 p.m. Woodcarvers: Contact Warren (239) 810-3488 			