

Available Programs with Facility Membership:  
(M-Mon, T-Tue, W-Wed, R-Thu, F-Fri, S-Sat, U-Sun)

Class	Price	Contact
Cardio, Strength, and Tone (Cardio S&T) M, W, F	\$38 or \$52.25/Month \$10/Drop-in Fee	Heather Simpson (239) 888-2866
LaBlast Dance Fitness M, R	\$5/class if purchased by the month \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Line Dancing U	\$10/Drop-in Fee	Valerie Suares (941) 769-5008
Little Ninjas (ages 4-6) S	\$75/Month	Justin Barrett (941) 421-8922
Personal Training	*Pricing Varies. Please contact instructor	Heather Simpson (239) 888-2866
Table Tennis T, S	\$60/hour Private Sessions *Appointment only	Purvi Naik (239) 272-8941
Table Tennis for Parkinson's S	\$15/Session	Purvi Naik (239) 272-8941
Tae Kwon Do (TKD) M, W, F, S	\$90/Month \$75/Month for additional family members	Justin Barrett (941) 421-8922 jbarrett1283@gmail.com
Tai Chi Intermediate-I, Beginner-B T	\$24/Month \$14/2 Classes	David Davenport (239) 949-6988
Tang Soo Do T, R	\$69/Month	Tim Murphy tmurphy754@gmail.com

**The following classes will resume in Fall 2025:**

Adult Tap Intermediate-I, Beginner-B R	\$15/Drop-in Fee	Marilyn DiEnno (239) 498-2022
Ceramics T, W, F	\$15/Month *Workshop Prices Vary	Esteroceramics @yahoo.com
Jazzercise M, W, F	\$60/12 Classes \$40/6 Classes \$35/4 Classes \$15/Drop-in Fee	Mary Morton Mmmorton6670 @gmail.com
Mat Pilates T, R	\$56/Month \$30/4 Classes \$10/Drop-in Fee	Meredith Cavalieri (239)309-9389
Stretch 101 R	\$30/Month	Heather Simpson (239) 888-2866
Yoga M, W	Price varies monthly \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Zumba M	Price varies monthly \$10/Drop-in Fee	Tracy Cox (240) 308-9034

## Open Recreation Schedule

Please see inside of Trifold for any Gym Closures

**\*Open Recreation Schedule has changed to the  
times shown below  
Beginning Monday, June 16, 2025 through  
Friday, August 01, 2025 for Summer Camp**

**Sunday:**

Pickleball: 9 a.m.-12:30 p.m. (Ct. 1 & 2)  
Open Gym Volleyball: 1-4:45 p.m. (Ct. 1 & 2)  
USA South Volleyball: 9 a.m.-4:45 p.m. (Ct. 3)

**Monday:**

Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)  
USA South Volleyball: 4-8:45 p.m. (Ct. 3)

**Tuesday:**

Open Gym Volleyball: 6-8:45 p.m. (Ct. 1 & 2)  
USA South Volleyball: 4-8:45 p.m. (Ct. 3)

**Wednesday:**

Pickleball: 6-8:45 p.m. (Ct. 1 & 2)  
USA South Volleyball: 4-8:45 p.m. (Ct. 3)

**Thursday:**

Adult Basketball (18+): 6-8:45 p.m. (Ct. 1 & 2)  
USA South Volleyball: 4-8:45 p.m. (Ct. 3)

**Friday:**

Family Basketball & Volleyball: 6-6:45 p.m. (Ct. 1 & 2)  
USA South Volleyball: 4-6:45 p.m. (Ct. 3)

**Saturday:**

Open Gym Basketball: 9 a.m.-4:45 p.m. (Ct. 1 & 2)  
USA South Volleyball: 9 a.m.-4:45 p.m. (Ct. 3)

## Estero Park & Recreation Center *JULY 2025*

### Hours of Operations:

Monday-Thursday 7 a.m.-9 p.m.  
Friday 7 a.m.-7 p.m.  
Saturday & Sunday 9 a.m.-5 p.m.

Workout & Locker Room open during business hours-  
closing 15 minutes prior to building closure

### Memberships:

#### Lifetime Facility Membership:

This membership entitles the individual to  
general use of the facility including:  
gymnasium activities, locker rooms, and  
game room.

\$10 Individual | \$25 Family

#### Workout Room Membership:

1 month - \$20  
6 months - \$80  
1 year - \$120



Scan our QR Code with your  
mobile device to be brought  
to our webpage.



Estero Park & Recreation Center  
9200 Corkscrew Palms Blvd,  
Estero, FL 33928  
(239) 533-1470 | [www.leeparks.org](http://www.leeparks.org)



# JULY 2025

## Announcements:

- Jun 16-Aug 01: Summer Camp 7:30 a.m.-6 p.m. daily M-F with adjusted open recreation schedule
- Jul 03: No Adult Basketball
- Jul 04: Facility Closure: Independence Day
- Jul 04-06: Gymnasium Closure: Basketball Nationals
- Jul 11: No Family Night
- Jul 12-13: Gymnasium Closure: SWFL Summer Volleyball Finale
- Jul 16: Hazardous Waste Collection in the park 9 a.m.-1 p.m.

## Reminders:

- Calendar and Schedule are subject to change without notice.
- Family Night is for youth 17 and under. Ages 12 and under must have an adult present.
- Workout Room: Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the Workout Room.

SUN	MON	TUE	WED	THU	FRI	SAT
	Summer Camp Week 3	1 Tai Chi I: 8:45-9:30 a.m. Tai Chi B: 9:45-10:30 a.m. Tang Soo Do: 5-6:30 p.m. *Table Tennis: 6-8:30 p.m.	2 Cardio S&T: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. TKD: 5:30 p.m. / 6:30 p.m.	3 <b>No Adult Basketball</b> Tang Soo Do: 5-6:30 p.m.	4 <b>Facility Closure</b>	5 <b>Gym Closure</b> Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m.
6 <b>Gym Closure</b> Line Dancing AB: 10-10:30 a.m. Line Dancing B: 10:30-11:30 a.m. Line Dancing A: Noon-3 p.m.	7 LaBlast: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. TKD: 5:30 p.m. / 6:30 p.m. Summer Camp Week 4	8 Tai Chi I: 8:45-9:30 a.m. Tai Chi B: 9:45-10:30 a.m. Tang Soo Do: 5-6:30 p.m.	9 Cardio S&T: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. TKD: 5:30 p.m. / 6:30 p.m.	10 Tang Soo Do: 5-6:30 p.m. LaBlast: 5:30-6:30 p.m.	11 <b>No Family Night</b> Cardio S&T: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. TKD: 5 p.m. / 6 p.m.	12 <b>Gym Closure</b> Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m. Chess Club: Noon-4 p.m.
13 <b>Gym Closure</b>	14 Cardio S&T: 9:30-10:30 a.m. TKD: 5:30 p.m. / 6:30 p.m. Summer Camp Week 5	15 Tai Chi I: 8:45-9:30 a.m. Tai Chi B: 9:45-10:30 a.m. Tang Soo Do: 5-6:30 p.m.	16 Cardio S&T: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. TKD: 5:30 p.m. / 6:30 p.m.	17 Tang Soo Do: 5-6:30 p.m.	18 Cardio S&T: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. TKD: 5 p.m. / 6 p.m.	19 Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m.
20 Line Dancing AB: 10-10:30 a.m. Line Dancing B: 10:30-11:30 a.m. Line Dancing A: Noon-3 p.m.	21 LaBlast: 8-9 a.m. TKD: 5:30 p.m. / 6:30 p.m. Summer Camp Week 6	22 Tai Chi I: 8:45-9:30 a.m. Tai Chi B: 9:45-10:30 a.m. Tang Soo Do: 5-6:30 p.m.	23 Cardio S&T: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. TKD: 5:30 p.m. / 6:30 p.m.	24 Tang Soo Do: 5-6:30 p.m. LaBlast: 5:30-6:30 p.m.	25 Cardio S&T: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. TKD: 5 p.m. / 6 p.m.	26 Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m. Chess Club: Noon-4 p.m.
27 Line Dancing AB: 10-10:30 a.m. Line Dancing B: 10:30-11:30 a.m. Line Dancing A: Noon-3 p.m.	28 LaBlast: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. TKD: 5:30 p.m. / 6:30 p.m. Summer Camp Week 7	29 Tai Chi I: 8:45-9:30 a.m. Tai Chi B: 9:45-10:30 a.m. Tang Soo Do: 5-6:30 p.m. *Table Tennis: 6-8:30 p.m.	30 Cardio S&T: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. TKD: 5:30 p.m. / 6:30 p.m.	31 Tang Soo Do: 5-6:30 p.m.	<b>Non-Fee Programs Contacts</b> <ul style="list-style-type: none"> <li>• Chess Club: Kevin, kebeal@gmail.com</li> </ul>	

## South County Regional Library holds events here at ERC:

Ranger Rob: Amazing Adaptations: July 07: 6-7 p.m.

Bunny Yoga and Mindfulness: July 09: 6-7 p.m.

Super Science & Amazing Art: July 14: 6-7 p.m.

Finding Your Creativity: July 16: 6-7 p.m.

Creative Assembly: July 21: 6-7 p.m.

Ultimate Taste-Test Challenge: July 23: 6-7 p.m.