

Class	Price	Contact
Adult Tap Intermediate-I, Beginner-B R	\$15/Drop-in Fee	Marilyn DiEnno (239) 498-2022
Cardio, Strength, and Tone (Cardio S&T) M, W, F	\$61.75/Month \$10/Drop-in Fee	Heather Simpson (239) 888-2866
Ceramics T, W, F	\$15/Month *Workshop Pricing Varies	Esteroceramics @yahoo.com
Jazzercise M, W, F	\$60/12 Classes \$40/6 Classes \$35/4 Classes \$15/Drop-in Fee	Mary Morton Mmmorton6670 @gmail.com
LaBlast Dance Fitness W, F	\$20/Month-W \$20/Month-F \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Line Dancing Absolute Beginner-AB, Beginner-B, Improver-I, A-Advanced U	\$10/Drop-in Fee	Valerie Soares (941) 769-5008
Little Ninjas (ages 4-5) S	\$75/Month	Justin Barrett (941) 421-8922
Mat Pilates T,R	\$56/Month \$30/4 Classes \$10/Drop-in Fee	Meredith Cavalieri (239)309-9389
Personal Training	*Pricing Varies. Please contact instructor	Heather Simpson (239) 888-2866
Stretch 101 R	\$30/Month	Heather Simpson (239) 888-2866
Table Tennis T, S	\$60/hour Private Sessions *Appointment only	Purvi Naik (239) 272-8941
Table Tennis for Parkinson's S	\$15/Session	Purvi Naik (239) 272-8941
Tae Kwon Do (TKD) M, W, F, S	\$90/Month \$75/Month for additional family members	Justin Barrett (941) 421-8922 jbarrett1283@gmail.com
Tai Chi Intermediate-I, Beginner-B T	\$24/Month \$14/2 Classes	David Davenport (239) 949-6988
Tang Soo Do T, R	\$69/Month	Tim Murphy tmurphy754@gmail.com
Yoga M, W	\$24/Month-M \$32/Month-W \$10/Drop-in Fee	Tracy Cox (240) 308-9034
Zumba M	\$15/Month \$10/Drop-in Fee	Tracy Cox (240) 308-9034

Open Recreation Schedule

Please see inside of Trifold for any Gym Closures

Sunday:

Pickleball: 9 a.m.-12:30 p.m. (Ct. 1 & 2)
Open Gym Volleyball: 1-4:45 p.m. (Ct. 1 & 2)
USA South Volleyball: 9 a.m.-4:45 p.m. (Ct. 3)

Monday:

Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2)
Open Gym Volleyball: 7-8:30 a.m. (Ct. 3)
Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2)
Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3)
Open Gym Volleyball: 2:30-5 p.m. (Ct. 1 & 2)
USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Adult Basketball (18+): 5-8:45 p.m. (Ct. 1 & 2)

Tuesday:

Pickleball: 7 a.m.-2 p.m. (Cts. 1-3)
USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Open Gym Volleyball: 4-8:45 p.m. (Ct. 1 & 2)

Wednesday:

Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2)
Open Gym Volleyball: 7-8:30 a.m. (Ct. 3)
Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2)
Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3)
Open Gym Basketball: 1-5 p.m. (Ct. 1 & 2)
USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Pickleball: 5-8:45 p.m. (Ct. 1 & 2)

Thursday:

Pickleball: 7 a.m.-1 p.m. (Cts. 1-3)
Homeschool P.E. (Reg Req): 1:05-3 p.m. (Cts. 1-3)
Ages 6-8: 1:05-1:40 p.m., Ages 9-11: 1:45-2:20 p.m.,
Ages 12-14: 2:25-3 p.m.
USA South Team Practice: 4-8:45 p.m. (Ct. 3)
Adult Basketball (18+): 5-8:45 p.m. (Ct. 1 & 2)

Friday:

Open Gym Basketball: 7-8:30 a.m. (Ct. 1 & 2)
Open Gym Volleyball: 7-8:30 a.m. (Ct. 3)
Senior Basketball: 10:35 a.m.-1 p.m. (Ct. 1 & 2)
Senior Volleyball: 10:35 a.m.-1 p.m. (Ct. 3)
USA South Team Practice: 4-6:45 p.m. (Ct. 3)
Family Basketball & Volleyball: 1-6:45 p.m. (Ct. 1 & 2)

Saturday:

Open Gym Basketball: 9 a.m.-4:45 p.m. (Ct. 1 & 2)
USA South Team Practice: 9 a.m.-4:45 p.m. (Ct. 3)

Estero Park & Recreation Center *APRIL 2025*

Hours of Operations:

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday 9 a.m.-5 p.m.

Workout & Locker Room open during business hours-
closing 15 minutes prior to building closure

Memberships:

Lifetime Facility Membership:

This membership entitles the individual to
general use of the facility including:
gymnasium activities, locker rooms, and
game room.

\$10 Individual | \$25 Family

Workout Room Membership:

1 month - \$20
6 months - \$80
1 year - \$120



Scan our QR Code with your
mobile device to be brought
to our webpage.



Estero Park & Recreation Center
9200 Corkscrew Palms Blvd,
Estero, FL 33928
(239) 533-1470 | www.leeparks.org



Announcements:

- Apr 02: Lee Health Bloodmobile in the park 1-4 p.m.
- Apr 07-21: "Donated Not Wasted" drive for unopened canned or dry goods in ERC lobby
- Apr 12-13: Gymnasium Closure: Volleyball Event
- Apr 16: Hazardous Waste Collection in the park 9 a.m.-1 p.m.
- Apr 18: Fun Day 7:30 a.m.-6 p.m. \$15/child
- Apr 19: Eggstravaganza 10 a.m. Registration Required \$5/child
- Apr 21: Fun Day 7:30 a.m.-6 p.m. \$15/child
- Apr 23: Pickleball 101A: 7:30-9 a.m.
- Apr 30: Pickleball 101B: 7:30-9 a.m.

Reminders:

- Calendar and Schedule are subject to change without notice.
- Family Night is for youth 17 and under. Ages 12 and under must have an adult present.
- Workout Room: Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the Workout Room.

SUN	MON	TUE	WED	THU	FRI	SAT
<i>Pickleballers: The Variety Club of Karl Drews will be using Court 3 on Tuesdays from 1-2 p.m. The back part of the gymnasium will be unavailable during that time.</i>		1 Tai Chi I: 9-9:45 a.m. Tai Chi B: 10-10:45 a.m. Mat Pilates: 1-2 p.m. Brush Hour: 3-4 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. *Table Tennis: 6-8:30 p.m.	2 Jazzercise: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. LaBlast: 10:45-11:45 a.m. Yoga: Noon-1 p.m. Woodcarvers: Noon-3 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m. / 6:30 p.m.	3 Art League: 9 a.m.-3 p.m. Stretch 101: 10-11 a.m. Adult Tap: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Mat Pilates: 1-2 p.m. Tang Soo Do: 5-6:30 p.m.	4 Jazzercise: 8-9 a.m. Ceramics: 9 a.m.-Noon Cardio S&T: 9:30-10:30 a.m. LaBlast: 10:45-11:45 a.m. TKD: 5 p.m. / 6 p.m.	5 Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m. *Table Tennis: 11:30 a.m.-2 p.m. TT Parkinson's: 2-3:30 p.m.
6 Line Dancing AB: 9:30-10 a.m. Line Dancing B: 10-11 a.m. Line Dancing I: 11-11:30 a.m. Line Dancing A: Noon-3 p.m.	7 Jazzercise: 8-9 a.m. Art League: 9 a.m.-3 p.m. Cardio S&T: 9:30-10:30 a.m. Zumba: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Yoga: Noon-1 p.m. TKD: 5:30 p.m. / 6:30 p.m.	8 Tai Chi I: 9-9:45 a.m. Tai Chi B: 10-10:45 a.m. Lego Club: 4-5 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Board Game Club: 5-6:30 p.m. *Table Tennis: 6-8:30 p.m.	9 Jazzercise: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. LaBlast: 10:45-11:45 a.m. Yoga: Noon-1 p.m. Woodcarvers: Noon-3 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m. / 6:30 p.m.	10 Art League: 9 a.m.-3 p.m. Stretch 101: 10-11 a.m. Adult Tap: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Mat Pilates: 1-2 p.m. Tang Soo Do: 5-6:30 p.m.	11 No Family Night Jazzercise: 8-9 a.m. Ceramics: 9 a.m.-Noon Cardio S&T: 9:30-10:30 a.m. LaBlast: 10:45-11:45 a.m. TKD: 5 p.m. / 6 p.m.	12 Gym Closed Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m. *Table Tennis: 11:30 a.m.-2 p.m. Chess Club: Noon-4 p.m. TT Parkinson's: 2-3:30 p.m.
13 Gym Closed Line Dancing AB: 9:30-10 a.m. Line Dancing B: 10-11 a.m. Line Dancing I: 11-11:30 a.m. Line Dancing A: Noon-3 p.m.	14 Jazzercise: 8-9 a.m. Art League: 9 a.m.-3 p.m. Cardio S&T: 9:30-10:30 a.m. Zumba: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Yoga: Noon-1 p.m. TKD: 5:30 p.m. / 6:30 p.m.	15 Tai Chi I: 9-9:45 a.m. Tai Chi B: 10-10:45 a.m. Mat Pilates: 1-2 p.m. Brush Hour: 3-4 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. *Table Tennis: 6-8:30 p.m.	16 Jazzercise: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. LaBlast: 10:45-11:45 a.m. Yoga: Noon-1 p.m. Woodcarvers: Noon-3 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m. / 6:30 p.m.	17 Art League: 9 a.m.-3 p.m. Stretch 101: 10-11 a.m. Tot Time: 10-11:30 a.m. Adult Tap: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Mat Pilates: 1-2 p.m. Tang Soo Do: 5-6:30 p.m.	18 Gym Closed Noon-6 Jazzercise: 8-9 a.m. Ceramics: 9 a.m.-Noon Cardio S&T: 9:30-10:30 a.m. LaBlast: 10:45-11:45 a.m. TKD: 5 p.m. / 6 p.m.	19 Gym Closed 9-Noon Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m. *Table Tennis: 11:30 a.m.-2 p.m. TT Parkinson's: 2-3:30 p.m. EGGSTRAVAGANZA
20 Line Dancing AB: 9:30-10 a.m. Line Dancing B: 10-11 a.m. Line Dancing I: 11-11:30 a.m. Line Dancing A: Noon-3 p.m.	21 Gym Closed Noon-6 Jazzercise: 8-9 a.m. Art League: 9 a.m.-3 p.m. Cardio S&T: 9:30-10:30 a.m. Zumba: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Yoga: Noon-1 p.m. TKD: 5:30 p.m. / 6:30 p.m.	22 Tai Chi I: 9-9:45 a.m. Tai Chi B: 10-10:45 a.m. Mat Pilates: 1-2 p.m. Lego Club: 4-5 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. Board Game Club: 5-6:30 p.m. *Table Tennis: 6-8:30 p.m.	23 Jazzercise: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. Woodcarvers: Noon-3 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m. / 6:30 p.m.	24 Art League: 9 a.m.-3 p.m. Stretch 101: 10-11 a.m. Adult Tap: 10:45-11:45 a.m. Parkinson's: 11 a.m.-Noon Mat Pilates: 1-2 p.m. Tang Soo Do: 5-6:30 p.m.	25 Jazzercise: 8-9 a.m. Ceramics: 9 a.m.-Noon Cardio S&T: 9:30-10:30 a.m. LaBlast: 10:45-11:45 a.m. TKD: 5 p.m. / 6 p.m.	26 Little Ninjas: 9-9:45 a.m. TKD: 10-11:30 a.m. *Table Tennis: 11:30 a.m.-2 p.m. Chess Club: Noon-4 p.m. TT Parkinson's: 2-3:30 p.m.
27 Line Dancing AB: 9:30-10 a.m. Line Dancing B: 10-11 a.m. Line Dancing I: 11-11:30 a.m. Line Dancing A: Noon-3 p.m.	28 Jazzercise: 8-9 a.m. Art League: 9 a.m.-3 p.m. Cardio S&T: 9:30-10:30 a.m. Parkinson's: 11 a.m.-Noon TKD: 5:30 p.m. / 6:30 p.m.	29 Tai Chi I: 9-9:45 a.m. Tai Chi B: 10-10:45 a.m. Mat Pilates: 1-2 p.m. Ceramics: 4:45-8 p.m. Tang Soo Do: 5-6:30 p.m. *Table Tennis: 6-8:30 p.m.	30 Jazzercise: 8-9 a.m. Cardio S&T: 9:30-10:30 a.m. Woodcarvers: Noon-3 p.m. Ceramics: 4:45-8 p.m. TKD: 5:30 p.m. / 6:30 p.m.	ERC Programs (Registration Required): <ul style="list-style-type: none"> • Brush Hour (177627): Ages 8-11, \$10/Month • Lego Club (177747): Ages 6-12 • Homeschool PE (177402): Ages 6-14 • Tot Time (177503): Ages 2-4 • Board Game Club (177832): Ages 6+ 		

South County Regional Library holds events here at ERC:

Family Storytime: April 08: 10-10:30 a.m.

Book Discussion: April 09: 2-3 p.m. *Happiness Falls* by Angie Kim

Family Storytime: April 22: 10-10:30 a.m.

Teddy Bear Clinic: April 26: 10-11:30 a.m.

Non-Fee Programs Contacts

- Art League: David (339) 832-0478
- Chess Club: Kevin, kebeal@gmail.com
- Parkinson's Program: Michelle (239) 366-9400
- Woodcarvers: Warren (239) 810-3488