Lee County Parks & Recreation

2019 JUNIOR LIFEGUARD CAMP CALENDAR

ľ	MONDAY, 6/17/19	TUESDAY, 6/18/19	WEDNESDAY, 6/19/19	THURSDAY, 6/20/19	FRIDAY, 6/21/19
10:30	INTRO TO STAFF,	10:00 SWIM AND REVIEW	10:00 DEPART FOR FIELD	10:00 SPEAKER	10:00 REVIEW SKILLS
FACILITY AND COURSE OUT-LINE		11:00 UNCONSCIOUS RESCUES	TRIP	12:00 LUNCH	11:30 LUNCH
11:00	VICTIM -RECONGNITION	12:30 LUNCH	SUN SPLASH	1:00 CHILD AND INFANT	12:30 AED and BAG VALUE
	TRAINING (VRT)	1:30 BODY-SUBSTANCE—	12:00 LUNCH	RESCUE BREATHING	1:30 ACTIVE/PASSIVE SPINAL
	3D SCANNING	ISOLATION		AND O2	3:00 PRATICE WATER SKILLS
	STROKE DEVELOPMENT	ADULT RESCUE BREATING	2:30 RETURN TO POOL	2:00 1st AID CHILD and INFANT CPR	FROM WEEK ONE
12:00	LUNCH	ADULT CPR		3:30 ORGANIZED GAMES	
1:15	REVIEW THE MORNING	3:30 ORGANIZED GAMES USING	3:30 BACK ON SITE		REC. THE
1:30	COMPACT JUMPS	STROKE DEVELOPMENT	The state of the s		
	CONSCIOUS RESCUE	(1/2)			AED
3:00	ORGANIZED GAMES		TO THE STATE OF TH		
3.00	ORGANIZED GAIVIES	The Art Park	FAMILY WATERPARK • CAPE CORAL	4	
ľ	MONDAY, 6/24/19	TUESDAY, 6/25/19	WEDNESDAY, 6/26/19	THURSDAY, 6/27/19	FRIDAY, 6/28/19
10:00	SPEAKER	10:00 REVIEW AND PRACTICE	10:00 KAYAKING AT MANA-	10:00 REVIEW ALL SKILLS	10:00 SKILL TEST
11:00	REVIEW WEEK ONE SKILLS	SKILLS	TEE PARK	11:00 SHADOW GUARDING	12:00 LUNCH
12:00	LUNCH	11:00 INTRO INTO SNORKELING	12:00 LUNCH	12:00 LUNCH	1:00 SHADOW GUARDING
1:00	ACTIVE/PASSIVE SPINAL,	12:00 LUNCH	2:00 BACK ON SITE	1:00 SHADOW GUARDING	3:00 ORGANIZED GAMES
F	PRACTICE	2:00 PRACTICE SKILLS	2:30 REVIEW SKILLS	3:00 ORGANIZED GAMES	FEGUAD
S	SKILLS FROM WEEK ONE	3:30 ORGANIZED GAMES	3:00 ORGANIZED GAMES	Le avang	
	ORGANIZED GAMES				



