# **Recreation Staff Information**

## **Pool Supervisor**

Bill Wood Cell: 239-834-2832 wwood3@leegov.com

## **Camp Instructors**

Bill Wood Pool Tel. 239-369-8277

### **General Rules**

## **Campers**

- Suggested items campers should have with them include sunscreen, hat & sunglasses, tennis shoes, towel, swim suit, goggles, windbreaker, lunch & snacks, a great attitude.
- We practice Safety First—at all times.
- Follow the instructions of all day camp staff.
- Be polite and respectful to other campers and staff.
- Try an activity before saying "I can't" or "I don't want to."

#### Parents / Guardians

 Habitual early drop-off and/or late pick-up will result in dismissal from camp (without a refund), and DCF notification as required by Florida Statute.



#### Lehigh Acres Community Pool 2019 Junior Lifeguard Camp 1400 West Fifth Street Lehigh Acres Community Pool Tel. 239.369.8277



Dear Parents,

The Lehigh Acres Community Pool staff wishes to welcome you and your child to this exciting two week program. We offer a new hands-on adventure each and every day. We hope to provide rich and rewarding experiences your child will take home each day and share with you.

Campers will be challenged to learn water survival and rescue skills, the use of first responder equipment, CPR, and basic first aid. We can't think of a more fun way to spend the summer. Believe that these valuable skills will help foster self confidence, instill a sense of responsibility, and provide one with life skills that may one day be used to help save a life. Truly one of the best gifts you can give your child.

Please let us know if your child will be absent for any reason or must leave early. We plan to travel off-site for weekly field trips. Please check your camp calendar daily for details.

The staff and I will do everything possible to make this a fun, safe, and enjoyable experience. In the event a problem should arise, PLEASE do not hesitate to call on us with any questions or concerns. Thank you for choosing Lee County Parks and Recreation youth camps for your family programs.

Sincerely, Bill Wood Supervisor Lee County Parks & Recreation

"Lee County Parks Alecreation...The Natural Place To Play"

WWW.LEEPARKS.ORG

2019	JUNIOR I	IFFGUARD (	CAMP Calendar
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Hosted By Your Lehigh Acres Community Pool							
MONDAY, July 8	TUESDAY, July 9	WEDNESDAY, July 10	THURSDAY, July 11	FRIDAY, July 12			
Daily Activities	Daily Activities	Daily Activities	Daily Activities	Daily Activities			
10:00 Introductions, camp policies, waivers, importance of sunscreen, facility tour, team building activities.  11:00 Tye dye T-shirt activity  12:30 Lunch  1:00 Swim Stroke Clinic  2:00 EAP, Surveillance methods (VRT, 10/20 protection rule, zone coverage), rotations guard signals  3:00 Reach or throw, don't go, S.T.A.A.R., compact jump, approach strokes	10:00 Swim Stroke Clinic. 11:00 Review 12:30 Lunch 1:00 Blood borne pathogens 2:00 Rescue Breathing 3:00 CPR Adult	FIELD TRIP We will visit Sun Splash.  Depart from pool:10:00am  You must have a signed waiver to participate.  Do not wear your Jr. Lifeguard camp t-shirt	10:00 Swim Stroke Clinic.  10:30 Review  12:30 Lunch  1:00 Airway management with mask (land and water)  2:00 Unresponsive victim water rescues  3:00 Rapid extrication using the backboard	10:00 Swim Stroke Clinic.  11:00 Review  12:30 Lunch  1:00 Team CPR/Water rescues  2:00 Bloodborne pathogens  3:00 Water Rescues			
MONDAY, July 15	TUESDAY, July 16	WEDNESDAY, July 17	THURSDAY, July 18	FRIDAY, July 19			
Daily Activities	Daily Activities	Daily Activities	Daily Activities	Daily Activities			
<ul><li>11:00 Review</li><li>12:30 Lunch</li><li>1:00 Water Rescues</li><li>3:00 Spinal management</li></ul>	10:00 Swim Stroke Clinic. 11:00 Water rescues 12:30 Lunch 1:00 CPR child/infant, Basic first aid	FIELD TRIP We will visit Manatee Park, have a picnic lunch and kayak along the Orange River.  Depart from pool:10:00am Return to pool: 4:00pm  • You must have a signed waiver to participate.  Please pack a lunch and plenty to drink	<ul> <li>10:00 Swim Stroke Clinic.</li> <li>11:00 Rapid extrication from water using the backboard CPR- team</li> <li>12:30 Lunch</li> <li>1:00 Water Rescues and scenarios</li> <li>2:00 Survival swimming</li> <li>Please bring a pair of old long pants and a button down shirt to wear in the pool.</li> <li>3:00 Team CPR</li> </ul>	10:00 Water games and relays 11:00 Competitive swimming skills 12:30 Lunch			
	<ul> <li>2:00 Survival swimming</li> <li>Please bring a pair of old long pants and a button down shirt to wear in the pool.</li> <li>3:00 Emergency oxygen, AED</li> </ul>			1:30 Spinal management Continued			