

Fun Activities to Try at Home

Follow the leader. Play follow the leader and do actions like touch your head, turn around and sit down. Ask your child to do the same things and then switch! This game helps children focus on listening and language development.

Acting out. Act out your child's favorite story with stuffed animals.

Go on a scavenger hunt. Make a list of shapes, colors or objects to look for on your next walk and cross them off once you find them.

Playing dress-up. Dress-up is a fun and inexpensive way to introduce your child to storytelling. Encourage them to think about how a story progresses through the beginning, middle and end.

Play pretend! Grab some stuffed animals and create a veterinarian's office. Reuse recycled food packages to make a grocery store. Pull out some paper, envelopes and crayons to play post office. These activities are fun and increase many early literacy skills.

On the Go Tip: Play a game of "Can you...?" by asking a series of questions like, "Can you clap your hands?" or "Can you find something green?" Playing a game like this is fun and easy when you're on the go - and it also helps improve concentration, attention span and memory.

My 5 Favorite Books:

