Available Programs with Facility Membership

Class	Price	Days/Times	
Personal Training with T	\$45 per hour / 1 person \$60 per hour / 2 people	Per Appointment	
Strength & Toning with T	\$45/month	M 8-9 a.m. SAT 9:15-10:15 a.m.	
Outdoor Dance Aerobics	NO COST	M-F 9-10 a.m.	
Tumbling with Telly	\$40/1xwk \$50/2wk \$60/month	M-F 11-11:45 a.m.	
Dance & Tumbling Level 1/2	\$40/month	M Level 1 5:15-5:45 p.m. Level 2 6-6:45 p.m.	
Zumba 18+	\$40/month \$10 Drop-in	M-TH 6:30-7:30 p.m.	
Cheernastics	\$40/month	M 7-7:45 p.m.	
Hands On Clay (Returns in April) Ages 6-13	\$30 Mon \$30 TH	M 10:30-11:30 a.m. TH 5-6 p.m.	
Belly Glo	TU/No Cost W/ \$40 Month	TU/W 6-7 p.m.	
Little Martial Arts Ages 3-6	\$55/8 classes	T & W 4:15-5 p.m.	
Intermediate/Advanced Martial Arts	\$65/8 classes	T & W 5-6 p.m./6-7 p.m.	
Champions In Motion	\$36/month	W or TH 6:15-7 p.m.(IvI 1) 7-7:45 p.m.(IvI 2) 7:45-8:30 p.m.(IvI 3)	
Karate - Do - Shotokan Ages 4+	\$70/month	TH 4:30 - 8:30 p.m. F 4:30 - 6:30 p.m. Sat 9 a.m.– Noon	
We are Rubies Ages 8-13	NO COST	F 4-6 p.m.	
Football Fundamentals Ages 5-16	NO COST	SAT 9 a.mNoon	
Lehigh Acres Garden Club 18+	NO COST	3rd SAT 10-11 a.m.	
Photography Club 18+	NO COST	3rd SAT 1-4 p.m.	
Vertical Vision	NO COST	Sunday, March 17 Ages: 7-12 12:30-2:30 p.m. Ages: 13-17 2:30-4:30 p.m.	

Open Recreation Schedule

Sunday:

Pickleball: 9 a.m.-Noon (R) Volleyball (13+): 9 a.m.-Noon (S) Open Gym: 12:15 - 3:30 p.m. (S) Open Gym: 12:15 - 4:45 p.m. (R)

Monday:

Open Gym: 7a.m.-1:30 p.m. (R)

Tuesday:

Pickleball: 7:30 a.m.-1:30 p.m. (R)

Wednesday:

Open Gym: 7a.m.– 12:30 p.m. (R) Pickleball: 6-8:45 p.m. (S)

Thursday:

Pickleball: 7:30 a.m.-1:30 p.m. (R) Volleyball (13+): 6-8 p.m. (S)

Friday:

Open Gym: 7 a.m.-1:30 p.m. (R) Open Gym: 6-6:45 p.m. (R/S)

Saturday:

Pickleball: 9 a.m.-Noon (R)
**Family Open Gym: 9 a.m.-Noon (S)
Open Gym: 12:15-4:45 p.m. (S)

**Adult with children under 13

Open Gym Activities are for ages 13+
Teen Gym Activities are for ages 13 to 17
(R) = Recreation Center Gymnasium
(S) = School Gymnasium

Veterans Park Recreation Center MARCH 2024

Hours of Operations:

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday 9 a.m.-5 p.m.

Weight & Locker Rooms close 15 minutes prior to building closure.

Game Room is closed M-F, 2 - 6 p.m.

Memberships:

Lifetime Facility Membership:

This membership entitles the individual to general use of the facility including:

Open recreation activities, locker rooms, and game room.

\$10 Individual | \$25 Family

Weight Room Membership:

\$20 - 1 month, \$80 - 6 months,

\$120 - 1 year

Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the weight room.



Scan our QR Code with your mobile device to be brought to our webpage.



Veterans Park Recreation Center 55 Homestead Road South Lehigh Acres. FL 33936 (239) 369-1521 | leeparks.org



MARCH 2024



Announcements:

- Football Fundamentals meets every Saturday at the front field near the dog park.
- Join us for a free screening of "Dumbo" at the park on March 29, 2024 at 6:30 p.m.
- Make your child's Easter unforgettable by registering them for our Ultimate Egg Hunt on Saturday, March 23, 2024, from 10:00 a.m. to 1:00 p.m. With exciting egg hunting, engaging family games, and activities, it will be a day filled with fun and joy.
- Register your child for our Fun Day on 3/15 and 3/29 and enjoy the peace of mind that comes with knowing your child is having a blast in a supervised environment. From 7:30 a.m. to 6 p.m., your child will participate in engaging activities for only \$15 a day.
- Registration for Spring
 Break Camp is now open
 from March 18th to March
 22nd, 7:30 AM to 6 PM,
 for \$75 per week.

Reminders:

- Gymnasium will be closed Monday through Friday, from 2 p.m.-6 p.m.
- Gymnasium will be closed on 3/26. On 3/5 and 3/27 the gym will be closed in the morning time only.

		- Tiodication						
	SUN	MON	TUE	WED	THU	FRI	SAT	
						1 Outdoor Dance Aerobics Tumbling with Telly We are Rubies Karate	2 Strength & Toning Football Fundamentals Karate	
1	3	4	5	6	7	8	9	
3		Strength & Toning Outdoor Dance Aerobics Tumbling with Telly Zumba Cheernastics Dance/Tumbling Basketball League	Morning Gym Closed Outdoor Dance Aerobics Tumbling with Telly Zumba Belly Glo Martial Arts Basketball League	Outdoor Dance Aerobics Tumbling with Telly Zumba Belly Glo Martial Arts Champions in Motion	Outdoor Dance Aerobics Tumbling with Telly Zumba Karate Champions in Motion	Outdoor Dance Aerobics Tumbling with Telly We are Rubies Karate	Strength & Toning Football Fundamentals Karate	
	10	11	12	13	14	15	16	
		Strength & Toning Outdoor Dance Aerobics Tumbling with Telly Zumba Cheernastics Dance/Tumbling Basketball League	Outdoor Dance Aerobics Tumbling with Telly Zumba Belly Glo Martial Arts Basketball League	Outdoor Dance Aerobics Tumbling with Telly Zumba Belly Glo Martial Arts Champions in Motion	Outdoor Dance Aerobics Tumbling with Telly Zumba Karate Champions in Motion	Fun Day Outdoor Dance Aerobics Tumbling with Telly We are Rubies Karate	Photography Club Lehigh Garden Club Strength & Toning Football Fundamentals Karate	
	17	18	19	20	21	22	23	
	Vertical Vision	Spring Break Camp Strength & Toning Outdoor Dance Aerobics Tumbling with Telly	Spring Break Camp Outdoor Dance Aerobics Tumbling with Telly Zumba	Spring Break Camp Outdoor Dance Aerobics Tumbling with Telly Zumba	Spring Break Camp Outdoor Dance Aerobics Tumbling with Telly Zumba	Spring Break Camp Outdoor Dance Aerobics Tumbling with Telly We are Rubies	The Ultimate Egg Hunt Strength & Toning Football Fundamentals Karate	
1	**	Zumba Cheernastics Dance/Tumbling Basketball League	Belly Glo Martial Arts Basketball League	Belly Glo Martial Arts	Karate	Karate		
	24	25	26	27	28	29	30	
		Strength & Toning Outdoor Dance Aerobics Tumbling with Telly Zumba Cheernastics Dance/Tumbling Basketball League	Gym Closed Outdoor Dance Aerobics Tumbling with Telly Zumba Belly Glo Martial Arts	Morning Gym Closed Outdoor Dance Aerobics Tumbling with Telly Zumba Belly Glo Martial Arts Champions in Motion	Outdoor Dance Aerobics Tumbling with Telly Zumba Karate Champions in Motion	Family Movie Night Fun Day Outdoor Dance Aerobics Tumbling with Telly We are Rubies Karate	Strength & Toning Football Fundamentals Karate 31	