

## Recreation Staff Information

Facility address and phone number: 5675 Sesame Drive  
Bokeelia, Florida 33922  
239-283-2220

Items needed daily: towels, sunscreen, goggles, a light jacket or long sleeve t-shirt in case of a rain shower/ to much sun

Lunch : Campers will be responsible for their lunches everyday  
Limited refrigerator space and microwave is available for campers use.

Check your parent guide for daily events. Please remember the event calendar is subject to change, due to the weather.

Class will still be held even if the weather is inclement.

Let staff know if there are any changes in the pick up arrangements of you child.

Instructional class times are: 10:00-4:00.

All participants must be signed in and out each day of camp. If your child is walking or riding a bike to and from the facility, a written authorization form will be needed. This is a Lee County Parks and Recreation Policy and is for the protection and safety of your child. Thank you for your understanding in this matter.

### General Rules Campers

- Campers should wear tennis shoes and socks or closed toe shoes to camp
- Safety first—at all times.
- Follow the instructions of all day-camp staff.
- Be polite and respectful to other campers and staff.

### Parents / Guardians

- Habitual early drop-off and/or late pick-up will result in dismissal from camp (without a refund), and DCF notification as required by Florida Statute.



Dear Parents,

Hello from the Pine Island Community Pool. The staff and I would like to welcome your child to this exciting week of Junior Life Guarding. Participants will be introduced to a variety of new skills such as; springboard diving, kayak safety, as well as off site field trips, just to mention a few. Upon completion of this program your child will be introduced to American Red Cross CPR and First Aid.

All children need to be signed in and out daily to ensure their safety. Please let the pool staff know if your child will be missing a day for any reason or if he or she has to leave early. Be sure to check the calendar for daily events and scheduled field trips .

The staff and I will do everything possible to make this a fun and exciting experience for your child. In the event that a problem should arise, PLEASE do not hesitate to call with any questions.

Thank you for choosing Lee County Parks and Recreation for your family programs and all your recreational needs.

Sincerely,  
Steve Vela



# Pine Island Pool Jr. Lifeguard Calendar

**Dates: July 8 — July 19th**

<b>MONDAY</b> <sub>8</sub>	<b>TUESDAY</b> <sub>9</sub>	<b>WEDNESDAY</b> <sub>10</sub>	<b>THURSDAY</b> <sub>11</sub>	<b>FRIDAY</b> <sub>12</sub>
<p>10:00 Introductions to facility and JR books. Professionalism/Universal Precautions/Personal Safety</p> <p>Lunch 11:30-12 noon</p> <p>1:00 Recognizing a Drowning Victim/Scanning</p> <p>2:00 Assists and active Rescues</p> <p>Free time till pick up</p>	<p>10:00 Stroke Development</p> <p>Lunch 11:30 to 12-noon</p> <p>1:00 Review active rescues</p> <p>2:30 Familiarize with unconscious shallow water rescues with air way management</p> <p>Free time till pick up</p>	<p>10:00 Walking field trip to Pine Island Fire Dept. for tour of trucks and station</p> <p>11:00 Smoke room experience</p> <p>Lunch 11:30-12:00non</p> <p>2:00 Tour of the facility</p> <p>Free time till pick up</p>	<p>10:00 Spring Board Diving</p> <p>Lunch 11:30 to 12-noon</p> <p>2:00 Ease in entry to vise grip for spinal victims / back boarding spinal victims</p> <p>Free time till pick up</p>	<p>10:00 <b>Field trip to Matlache Fire Department.</b></p> <p><b>Lunch</b></p> <p><b>Pool games</b></p> <p><b>Free time till pick up</b></p>
<b>Monday 15</b>	<b>Tuesday 16</b>	<b>Wednesdays 17</b>	<b>Thursday 18</b>	<b>Friday 19 Sunsplash Bring Money</b>
<p>10:00 Guard to Guard communication skills</p> <p>11:30-12 noon</p> <p>How to rotate in and out of guard stands</p> <p>1:30 Active rescue</p> <p>2:30 Obstructed Airway management and rescue breathing Adult / Child</p> <p>3:00 Begin Adult CPR</p> <p>4:00 Free Time until parent pick up</p>	<p>10:00 Adult and Child CPR obstructed airway at Pine Island Library</p> <p>11:00 Drills on unconscious shallow water rescues</p> <p>Lunch 11:30-12:00noon</p> <p>2:30 Begin deep water unconscious rescues</p> <p>3:30 Pool zones and Zone game</p> <p>4:00 Free time until parent pick up</p>	<p>10:00 Unconscious rescues leading in Quick extraction of victim</p> <p>Lunch 11:30-12:00noon</p> <p>1:00 Shadow guarding / other JR Guard review Adult and Child CPR</p> <p>3:00 Begin assisted/encouraging spinal</p> <p>4:00 Free time until parent pick up</p>	<p>10:00 Talk about AED and Oxygen / AED YouTube video</p> <p>Lunch 11:30-12:00 noon</p> <p>1:30 Infant CPR and obstructed airway at Pine Island Library</p> <p>3:00 Relay pool games / Hyperthermia game</p> <p>4:00 Free time until parent pick up.</p>	<p>10:00 <b>Field trip to Sun Splash</b></p> <p>Water Park. The Junior Guards will get a behind the scene tour of the park. They will also be shadow guarding with a lifeguard there.</p> <p><b>Bring all your equipment, sunglasses, hat, junior guard shirt and water Bottle.</b></p> <p>There is no food allowed to be brought into the park. Bring money for lunch and snacks.</p>