

# Recreation Staff Information

**Pool Supervisor**  
Paul Rapp  
prapp@leegov.com

**Camp Instructor**  
Pool Tel. 652.4520

## General Rules

### Campers

- Suggested items campers should have with them include sunscreen, hat & sunglasses, tennis shoes, towel, swim suit, goggles, windbreaker, lunch & snacks, a great attitude.
- We practice Safety First—at all times.
- Follow the instructions of all day camp staff.
- Be polite and respectful to other campers and staff.
- Try an activity before saying “I can’t” or “I don’t want to.”

### Parents / Guardians

- Habitual early drop-off and/or late pick-up will result in dismissal from camp (without a refund), and DCF notification as required by Florida Statute.



Dear Parents,

The North Fort Myers Community Pool staff wishes to welcome you and your child to this exciting two week program. We offer a new hands-on adventure each and every day. We hope to provide rich and rewarding experiences your child will take home each day and share with you.

Campers will be challenged to learn water survival and rescue skills, the use of first responder equipment, CPR, and basic first aid. We can't think of a more fun way to spend the summer. Believe that these valuable skills will help foster self confidence, instill a sense of responsibility, and provide one with life skills that may one day be used to help save a life. Truly one of the best gifts you can give your child.

Please let us know if your child will be absent for any reason or must leave early. We plan to travel off-site for weekly field trips. Please check your camp calendar daily for details.

The staff and I will do everything possible to make this a fun, safe, and enjoyable experience. In the event a problem should arise, PLEASE do not hesitate to call on us with any questions or concerns. Thank you for choosing Lee County Parks and Recreation youth camps for your family programs.

Swimcerely,  
Paul Rapp  
Supervisor  
Lee County Parks & Recreation

"Lee County Parks & Recreation...The Natural Place To Play"  
[WWW.LEEPARKS.ORG](http://WWW.LEEPARKS.ORG)

# 2019 JUNIOR LIFEGUARD CAMP Calendar

## Hosted By Your North Fort Myers Community Pool

MONDAY, June 17	TUESDAY, June 18	WEDNESDAY, June 19	THURSDAY, June 20	FRIDAY, June 21
<p>Daily Activities</p> <p>10:00 Introductions, camp policies, waivers, importance of sunscreen, facility tour, team building activities.</p> <p>11:00 Tye dye T-shirt activity</p> <p>12:30 Lunch</p> <p>1:00 Swim Stroke Clinic</p> <p>2:00 EAP, Surveillance methods (VRT, 10/20 protection rule, zone coverage), rotations guard signals</p> <p>3:00 Reach or throw, don't go, S.T.A.A.R., compact jump, approach strokes</p>	<p>Daily Activities</p> <p>10:00 Swim Stroke Clinic.</p> <p>11:00 <b>PRESENTATION</b> Lee County Sheriff Deputy Lt. Angelo Vaughn. Topic: Child Predators</p> <p>12:30 Lunch</p> <p>1:00 Blood borne pathogens</p> <p>2:00 Rescue Breathing</p> <p>3:00 CPR Adult</p>	<p>Daily Activities</p> <p><b>FIELD TRIP</b> We will visit Manatee Park, have a picnic lunch and kayak along the Orange River.</p> <p>Depart from pool:10:00am Return to pool: 4:00pm</p> <ul style="list-style-type: none"> <li>You must have a signed waiver to participate.</li> </ul> <p>Please pack a lunch and plenty to drink</p>	<p>Daily Activities</p> <p>10:00 Swim Stroke Clinic.</p> <p>10:30 <b>Presentation</b> Fort Myers Fire Rescue engine company visit and demonstration.</p> <p>12:30 Lunch</p> <p>1:00 Airway management with mask (land and water)</p> <p>2:00 Unresponsive victim water rescues</p> <p>3:00 Rapid extrication using the backboard</p>	<p>Daily Activities</p> <p>10:00 Swim Stroke Clinic.</p> <p>11:00 Water rescues</p> <p>12:30 Lunch</p> <p>1:00 Team CPR/Water rescues</p> <p>2:00 Bloodborne pathogens</p> <p>3:00 Snorkel/Skin diving, surface dives</p>
MONDAY, June 24	TUESDAY, June 25	WEDNESDAY, June 26	THURSDAY, June 27	FRIDAY, June 28
<p>Daily Activities</p> <p>11:00-12:30 <b>PRESENTATION</b> Lee County Park Ranger</p> <p>12:30 Lunch</p> <p>1:00 Water Rescues</p> <p>3:00 Spinal management</p>	<p>Daily Activities</p> <p>10:00 Swim Stroke Clinic.</p> <p>11:00 Water rescues</p> <p>12:30 Lunch</p> <p>1:00 CPR child/infant, Basic first aid</p> <p>2:00 Survival swimming</p> <ul style="list-style-type: none"> <li>Please bring a pair of old long pants and a button down shirt to wear in the pool.</li> </ul> <p>3:00 Emergency oxygen, AED</p>	<p>Daily Activities</p> <p><b>FIELD TRIP</b> We will visit Sunspalsh.</p> <p>Depart from pool:10:00am</p> <ul style="list-style-type: none"> <li>You must have a signed waiver to participate.</li> <li>Do not wear your Jr. Lifeguard camp t-shirt</li> </ul>	<p>Daily Activities</p> <p>10:00 Swim Stroke Clinic.</p> <p>11:00 Rapid extrication from water using the backboard CPR- team</p> <p>12:30 Lunch</p> <p>1:00 Water Rescues and scenerios</p> <p>2:00 Survival swimming</p> <ul style="list-style-type: none"> <li>Please bring a pair of old long pants and a button down shirt to wear in the pool.</li> </ul> <p>3:00 Team CPR</p>	<p>Daily Activities</p> <p>10:00 Water games and relays</p> <p>12:30 Pizza Party</p> <p>10:00 Competitive swimming skills</p> <p>11:30-1:30 <b>Cardboard boat regatta with Teen Camp</b></p> <p>12:30 Lunch</p> <p>1:30 Spinal management Continued</p>